

The Madecassoside Switch: Harnessing *Centella* Triterpenes and Nanotechnology for Precision Oncology

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<https://dx.doi.org/10.13005/bpj/3431>

(Received: 10 April 2026; accepted: 13 May 2026)

Madecassoside, a primary pentacyclic triterpenoid saponin derived from *Centella asiatica*, exhibits a complex and highly versatile pharmacological profile characterized by significant context-dependent signaling modulation. Historically recognized for its therapeutic versatility in wound healing and systemic anti-inflammatory responses, its emerging application in oncology suggests context-dependent pharmacological activity. In selected non-malignant oxidative-stress models, madecassoside has been reported to exert cytoprotective effects, partly through activation of antioxidant pathways such as the Nrf2/HO-1 axis. Conversely, in selected malignant cell models, madecassoside has shown anti-proliferative, anti-invasive, and pro-apoptotic effects. In triple-negative breast cancer, it induces a reactive oxygen species (ROS) surge that drives mitochondria-dependent apoptosis, while in hepatocellular carcinoma, it functions as a targeted antagonist, effectively blocking the cMET receptor pathway. These anticancer effects have mainly been reported at micromolar concentrations in preclinical cell models, including an approximate *in vitro* range of 25–100 μ M in hepatocellular carcinoma models. However, achieving this is a challenge because of the "Nrf2 Paradox", where the same antioxidant pathway that protects healthy cells can accidentally act as a shield for established tumours. Beyond the parent compound, madecassoside works within a powerful "Centella Network" alongside its structural sisters, asiaticoside and asiatic acid. Together, these compounds act as "chemosensitizers," helping standard drugs break through tumour resistance and reducing the harsh side effects of chemotherapy. Despite its potential and strong safety record, madecassoside faces a "Metabolic Gap". Upon oral administration, madecassoside may undergo intestinal metabolism and microbial hydrolysis, contributing to limited systemic exposure of the parent compound. To bridge this gap, pharmaceutical engineering has developed "smart" nanogels. These pH-responsive may improve drug stability and promote release under acidic tumour-like microenvironmental conditions. The final step in this roadmap is testing these nanostructures in Patient-Derived Xenograft (PDX) models. By using real human tumour structures instead of simple lab models, we can finally turn the promise of the Centella Network into a reality for precision oncology.

Keywords: Anticancer signaling; *Centella asiatica*; Chemosensitization; Madecassoside; pH-responsive nanogels.

Madecassoside has traditionally been recognized for its therapeutic versatility in wound healing and systemic anti-inflammatory responses.¹ Its biological activity stems from a sophisticated ability to control key regulatory nodes, such as the PI3K/Akt, MAPK, and NF- κ B pathways, which

function as essential "switches" for cell growth and inflammation. However, the application of madecassoside in oncology is defined by a distinct "context-dependency," where the molecular outcome depends on the specific environment of the cell.² In selected non-malignant models, the

compound has demonstrated cytoprotective effects under oxidative or inflammatory stress conditions. In selected malignant cell models, however, it has been reported to induce apoptosis or suppress cancer-associated survival pathways. This context-dependent activity requires careful evaluation to determine whether madecassoside can suppress tumour growth without unintentionally supporting tumour survival pathways. Beyond its isolated application, madecassoside is part of a larger family. It is intrinsically linked to its metabolic partner, madecassic acid, and its structural “sisters” asiaticoside and asiatic acid.⁵ Operating within this synergistic “*Centella* network,” these compounds demonstrate significant potential as standalone agents and as “chemosensitizers” that help standard drugs overcome resistance in aggressive cancers.^{1,6,7} Despite these potent capabilities, clinical translation is severely hampered by a “Metabolic Gap”.⁸ Once ingested, the parent drug is rapidly broken down by gut bacteria, leading to poor oral bioavailability of only ~14.9%.^{5,8,9} To overcome these pharmacokinetic barriers, pharmaceutical engineering has pivoted toward sophisticated, microenvironment-sensing delivery platforms.^{10,11} This review synthesizes these mechanistic insights, evaluates the synergistic potential of the *Centella* network, and outlines a translational roadmap. By highlighting the role of pH-responsive nanogels^{12,13} and the necessity of Patient-Derived Xenograft (PDX) models,^{14,15} we aim to establish a framework for bridging the gap between laboratory discovery and clinical application.

Redox and Oxidative Stress: The NRF2 Paradox

The pharmacological activity of madecassoside is closely tied to the Nrf2 signaling pathway, which serves as the body’s primary defense against oxidative stress.^{3,4,16} In healthy tissues, madecassoside administration leads to a strong upregulation of Nrf2. This process increases the production of antioxidant enzymes that protect cells from damage and prevent the early stages of cancer formation.^{4,16} However, this protection creates a significant “Nrf2 Paradox” once a tumour has already formed.³ While Nrf2 is helpful for cancer prevention, its permanent activation in established tumours plays a harmful role. By lowering metabolic stress within the tumour, Nrf2 creates a favorable environment for malignant

cells to survive and grow.^{4,6} High levels of Nrf2 signaling in cancer cells are a major driver of drug resistance. The pathway essentially helps the tumour detoxify and “pump out” chemotherapy drugs before they can work.^{6,17} This suggests that madecassoside’s ability to activate Nrf2 might paradoxically strengthen a tumour’s resilience and lead to chemoresistance in late-stage cancers.^{3,18} Consequently, identifying the optimal therapeutic window is vital for balancing these paradoxical functions to ensure that madecassoside remains a tool for therapy rather than an unintended support for tumour growth.

Tissue-Specific Signaling Divergence

The anticancer efficacy of madecassoside depends heavily on the specific type of cancer and its primary growth drivers. This results in a sharp divergence in how the compound regulates cell death across different tissues. In triple-negative breast cancer cells, specifically the MDA-MB-231 line, madecassoside induces significant reactive oxygen species accumulation.¹⁹ This oxidative surge serves as the primary trigger for mitochondria-dependent apoptosis and G2/M phase arrest, effectively suppressing vital survival cascades including the MAPK/STAT3/NF- κ B and PI3K/AKT pathways.¹⁹ The essentiality of this redox-driven mechanism is underscored by the fact that the addition of ROS scavengers can fully abrogate the compound’s pro-apoptotic effects in these models.¹⁹ In contrast, the mechanism of action in hepatocellular carcinoma is primarily characterized by the inhibition of growth factor-induced receptor signaling. In HCC cell lines such as HepG2 and SMMC-7721, madecassoside exerts significant pharmacological efficacy by blocking the hepatocyte growth factor-induced phosphorylation of the cMET receptor.²⁰ This targeted inhibition disrupts the downstream cMET-PKC-ERK1/2-COX-2-PGE2 signaling cascade, which is otherwise vital for the aggressive proliferation and invasiveness of HGF-linked liver cancer.²⁰

Pharmacological Analogues: Madecassic Acid and the Triterpene Network

The therapeutic potential of madecassoside is inseparable from its metabolic aglycone, madecassic acid. As a glycoside, madecassoside undergoes extensive metabolism through gut microbiota-driven hydrolysis, which transforms it

into madecassic acid.^{5,8} This aglycone possesses its own potent pharmacological activity, particularly in controlling systemic inflammation. It suppresses the NF- κ B pathway in macrophages, thereby blocking the production of pro-inflammatory mediators like iNOS and COX-2.²¹ Advancements in chemical engineering have further exploited this structure to develop novel therapeutic agents. Recent synthesis of madecassic acid-silybin conjugates has revealed significant cytotoxic activity against human hepatocellular carcinoma cell lines, including HepG2, Hep3B, and Huh7. Notably, these conjugates demonstrate a distinct biological profile and superior potency compared to their parent compounds, inducing rapid caspase-3 activity and S-phase cell cycle arrest.⁷ While the parent madecassoside primarily targets cMET-mediated pathways in liver cancer, these hybrid analogues represent a sophisticated expansion of the triterpene's oncology potential.^{7,20}

Furthermore, madecassoside operates as part of a synergistic “*Centella* network” alongside other major triterpene constituents, including asiaticoside and asiatic acid.^{1,5} Collectively, these “*Centella* sisters” form a robust network of pentacyclic triterpenes with overlapping and complementary bioactivities.^{1,5} Beyond these primary constituents, the phytochemical matrix of *Centella asiatica* contains a diverse array of minor pentacyclic triterpenoids collectively termed centelloids that further expand its pharmacological profile. These structurally related saponins and sapogenins include brahmoside, brahminoside, thankuniside, isothankuniside, and madasiatic acid. While often present in lower concentrations than the primary biomarkers, these minor triterpenes contribute to the broad-spectrum therapeutic actions of the plant's extracts, ranging from neuroprotection to synergistic tissue repair. This complex composition underscores that the clinical efficacy of *Centella* derivatives may not solely rely on isolated molecules, but rather on the collective synergy of its extensive triterpene network.²²

Synergistic Potential and Broad-Spectrum Oncology

The application of triterpene signaling extends beyond breast and liver cancers to a wide range of aggressive malignancies. A critical dimension of this therapeutic potential is

“chemosensitization,” where madecassoside and its analogues function as synergistic partners to standard chemotherapy. By inhibiting survival pathways such as cMET or modulating the “Nrf2 Paradox,” these compounds effectively reverse acquired drug resistance in established tumours.^{3,6,20} This synergistic interaction with agents like 5-Fluorouracil or doxorubicin may allow for the use of lower, less toxic doses of standard chemotherapy while maintaining or enhancing overall therapeutic efficacy.^{12,24} For example, the pentacyclic triterpenoid madecassic acid exerts a profound dual function when combined with doxorubicin; it significantly enhances the anti-tumour efficacy of the chemotherapy while simultaneously ameliorating doxorubicin-induced cardiotoxicity.²³ Furthermore, by inhibiting oncogenic survival nodes like MDM2, triterpene-based systems enhance pro-apoptotic signaling in prostate cancer.²⁵ Modulating Nrf2-driven protection also regulates resistance in resilient malignancies like human leukemia,¹⁷ while similar interventions can sensitize mutant K-Ras-addicted pancreatic cancer cells to gemcitabine.²⁶ Ultimately, these combination strategies are essential for overcoming the metabolic adaptations that typically lead to treatment failure in late-stage cancers.⁶

Pharmacokinetics, Safety, and Clinical Outlook

Madecassoside has a strong safety record, thanks to its long history of use in dermatological and anti-inflammatory therapies.^{1,27} Studies show that *Centella asiatica* extracts are well-tolerated in humans, a fact supported by widespread clinical use and systematic reviews.^{1,5} The most promising feature of madecassoside is its selective toxicity; it attacks cancer cells while remaining non-toxic and even protective to healthy tissues.^{1,5,16} This ensures a high therapeutic index, which could significantly reduce the harsh side effects typically caused by traditional chemotherapy. However, despite excellent laboratory and animal data, a glaring “clinical trial void” exists in oncology. The lack of human trials remains the primary barrier to progress. To bridge this gap, future Phase I trials must focus on two immediate goals: establishing the Maximum Tolerated Dose and mapping out how the compound behaves in the human body. These safety and dosing assessments are a mandatory first

step. Without them, the field cannot realistically move forward with the advanced, “smart” delivery systems required for modern oncology.

Pharmaceutical Engineering and Targeted Delivery

Despite its potent signaling capabilities, the clinical translation of madecassoside is currently hampered by its poor oral bioavailability and rapid hydrolysis⁸. To overcome these pharmacokinetic barriers, pharmaceutical engineering has shifted toward sophisticated nanocarriers, such as polymeric nanogels and chitosan-based nanostructures^{10,11}. These systems are essential because they provide a protective shield for the saponin, enhancing its stability and bypassing the heavy toll of first-pass metabolism²⁸. A particularly promising strategy is the design of pH-responsive delivery systems that use the acidic tumour microenvironment as a specific trigger for drug release^{13,29}. These chitosan-based nanocarriers are engineered to stay stable at

a physiological pH but undergo structural changes once they reach the acidic conditions of a solid tumour, ensuring the drug accumulates only where it is needed^{11,12}. Crucially, recent *in vitro* tests prove that these pH-responsive nanogels achieve the sustained, targeted delivery necessary to preserve the compound’s apoptotic signaling¹¹. In our view, this technological leap is the most viable way to bridge the current gap between the laboratory and the clinic.

DISCUSSION

Bridging The Translational Gap

The findings synthesized in this review highlight that the therapeutic efficacy of madecassoside is entirely dependent on the cellular environment. In our view, the most significant discovery is the “Madecassoside Switch”: the compound’s ability to act as a protector for healthy

Table 1. Comparative Analysis of Madecassoside Signaling

Cancer type	Trigger	Signaling pathway	Pharmacological outcome	Concentration
Breast Cancer	ROS accumulation	MAPK/STAT3/NF-kB; PI3K/Akt/GSK-3/ beta-catenin	Mitochondria-dependent apoptosis & G2/M arrest	Dose-dependent
Hepatocellular carcinoma	cMET Inhibition	cMET–PKC–ERK1/2 –COX-2–PGE2	Reduced proliferation and invasiveness	25–100 µM

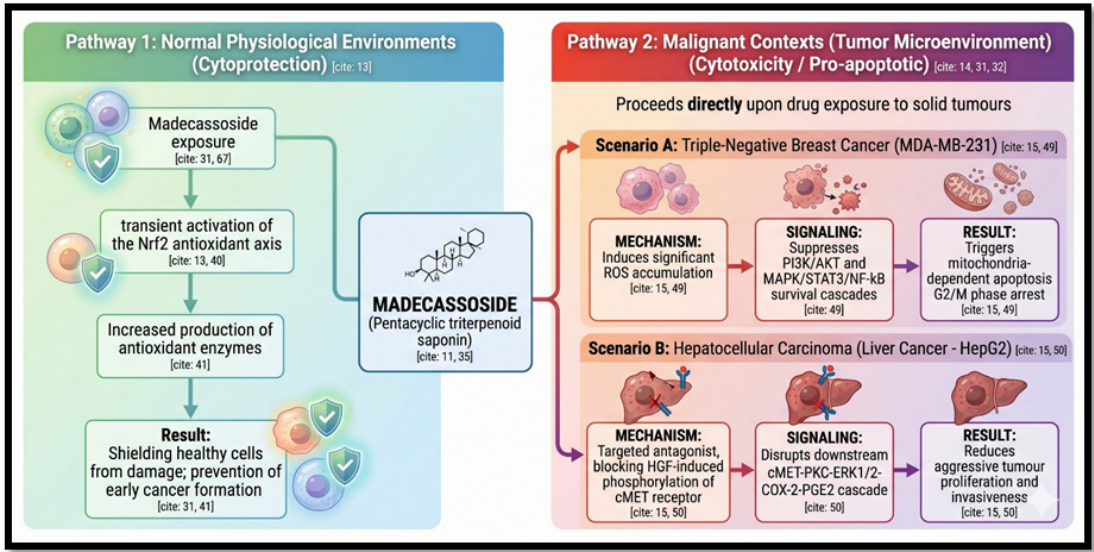


Fig. 1. The Madecassoside Switch

cells while simultaneously acting as a weapon against malignant ones. This dualism offers a rare opportunity for precision oncology, but it also creates a high-stakes clinical environment where timing and dosage are critical to ensure therapeutic success. We believe the “Nrf2 Paradox” is the most vital consideration for future research. Given the Nrf2-driven detoxification and chemoresistance discussed earlier, our stance is that madecassoside should not be viewed as a standalone “cure-all” for late-stage cancer, but rather as a highly specific tool that must be carefully managed to avoid supporting tumour resilience. This study is important for future development because it identifies why madecassoside has not yet succeeded in human clinical trials, despite excellent lab results. We have identified a “Metabolic Gap” where the parent drug is broken down by gut bacteria into madecassic acid.^{5,8,30} This results in a low oral bioavailability of approximately 14.9%, making it nearly impossible to reach the effective concentration of 25–100 μM required for anti-tumour activity in a clinical setting.^{8,9} To bridge this gap, we propose that the future of madecassoside lies in pH-responsive nanotechnology. By using chitosan-based nanogels, we can protect the drug from being destroyed in the gut and ensure it only releases its payload when it senses the acidic environment of a solid tumour. This targeted approach is essential to maintain the structural integrity of the glycoside, which is critical for its specific signaling modulatory effects. Furthermore, to improve the success rate of Phase I trials, we recommend a shift in preclinical testing. Standard mouse models are often too simple to represent human disease. We advocate for the use of Patient-Derived Xenograft (PDX) models, which preserve key aspects of human tumour architecture and microenvironmental complexity.^{14,15,31} This is necessary to prove that “smart” nanocarriers can actually penetrate real human tumours and respond to specific pH gradients.^{24,26,32} Ultimately, this review serves as a roadmap. It moves the conversation away from what madecassoside does in a petri dish and toward how we can realistically use it in patients. By combining the synergistic “*Centella* Network” including the parent compound and its “sisters” like asiaticoside and asiatic acid—with advanced

pharmaceutical engineering, we believe we can move from the laboratory void into meaningful precision medicine.

CONCLUSION

In our view, madecassoside stands as a compelling example of a phytochemical whose therapeutic value is entirely dictated by the cellular environment. It offers a unique dual mode of action that effectively protects healthy tissues while selectively inducing lethality in malignant cells through context-dependent signaling. However, we conclude that the clinical realization of this potential cannot be achieved through conventional drug delivery. Instead, it relies on a strict, multi-stage roadmap that prioritizes metabolic stabilization and advanced preclinical validation. We believe future research must move away from isolated observations and emphasize the use of pH-responsive polymeric nanogels. Protecting the parent glycoside from rapid hydrolysis is not just a pharmacokinetic goal; it is a mechanistic necessity for maintaining the specific signaling modulatory effects that define the “Madecassoside Switch”. Furthermore, we advocate for the mandatory adoption of PDX models. These models are essential to validate whether nanostructures can navigate the complex human tumour microenvironment, a barrier that standard models fail to replicate. Finally, achieving the translational leap requires a dual focus on precision dosing and engineering. Determining stage-specific dosing is vital to ensure that cytoprotection in normal tissues does not interfere with the efficacy of co-administered chemotherapy. By refining chitosan-based nanostructures to respond to the acidic tumour microenvironment, the therapeutic index can be maximized for patients with solid tumours. Ultimately, this study provides a framework for turning the “*Centella* Network” from a preclinical promise into a robust clinical reality.

ACKNOWLEDGEMENT

The authors would like to thank Universiti Teknologi MARA for supporting this research

work. The Faculty of Health Science, Cawangan Pulau Pinang Kampus Bertam of Universiti Teknologi MARA, is highly appreciated for providing the environment to conduct this study. The authors are also profoundly grateful to Pusat Kanser Tun Abdullah Ahmad Badawi, USM, for providing the necessary facilities.

Funding Sources

This research was supported by the Ministry of Higher Education (MOHE) through the Fundamental Research Grant Scheme (FRGS) (Grant No: FRGS/1/2023/SKK06/UITM/02/17). Additional funding was provided by Universiti Teknologi MARA under the Strategic Research Partnership (SRP) grant (Grant No: UiTM.800-3/1 SRP INT (009/2025)).

Conflict of interest

The authors do not have any conflict of interest.

Data Availability Statement

This statement does not apply to this article.

Ethics Statement

This research did not involve human participants, animal subjects, or any material that requires ethical approval.

Informed Consent Statement

This study did not involve human participants, and therefore, informed consent was not required.

Clinical Trial Registration

This research does not involve any clinical trials.

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Authors' Contribution

Anis Nadia Zulkifli: Data Collection, Methodology, Writing – Original Draft; Mohamad Azwan Zai: Visualization, Analysis, Writing – Review & Editing; Muhammad Nabil: Conceptualization, Supervision, Project Administration, Funding Acquisition.

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