

Dose Perturbation due to the Magnetic Port of Tissue Breast Expander in Patient undergoing the Postmastectomy Radiation Therapy

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ABSTRACT

There is a concern about dose perturbation due to high-Z metallic port of temporary tissue expander (TTE) for patients with breast reconstruction undergoing to the postmastectomy radiation therapy (PMRT). The aim of this study is exactly determination the value of dose perturbation due to the presence of metallic port of TTE. The BEAMnrc code was used to simulate of a 6 MV-Primus Siemens Linac and to calculate the dose due to emerge of magnetic port (McGhan Style 133 model) at different depths in water phantom. The present depth dose and profile curves were calculated. A dose enhancement about 15% at front of the port and a dose reduction of about 10% at 5 cm distance from the backward direction of the port were resulted. The dose reduction at the shadow region of the magnetic port of TTE is significant and must be considered to calculate of accurate dose distribution.

Key words: Breast cancer, Dose perturbation, Postmastectomy radiation therapy, Magnetic port, Temporary tissue expander

INTRODUCTION

It has been known that breast cancer patients have risk to recurrence of the disease. This locoregional recurrence occurs generally in the postmastectomy chest wall and/or regional nodal basins, including the axillary, supraclavicular and internal mammary regions. Many breast cancer patients have tumors with size >5 cm and almost with four or more captured axillary lymph nodes ¹. There are complications in more than 50% patients who underwent postmastectomy breast reconstruction and need postoperative radiotherapy for local control and survival advantages ^{2,3}. Breast cancer patients with surgical

mastectomy are recommended to breast reconstructions to enhance the women's body symmetry, the positive aesthetic and psychological results and to gain the good feeling ⁴. Tissue expanders provide excellent symmetry for breast reconstruction and also make color and tissue appearance like to the natural skin.

To use breast implants it is necessary that the quantity of the patient's skin be enough for the placement of final prosthesis. Placement of a temporary tissue expander (TTE) in the patient's breast followed by inflating of silicone's bag by saline solution cause the distension of skin and pectoral muscle so that create a space to fill by a

permanent implant⁵. Many patients who have received breast reconstruction by TTE in-situ, benefit from radiotherapy at 4-8 weeks after mastectomy. The tissue expander port has a magnetic valve located inside a membrane which is equipped with a magnetic disk to determine its location inside the patient's body. This magnetic port is often made of high atomic number material and density which is located inside the irradiated area. Therefore, it has a potential to disturb the delivered dose to target and can create obstacle to access the optimal radiotherapy treatment planning⁶⁻⁸. Krueger *et al* (2001) announced a 68% complication rate in patients who received radiotherapy with expander/implant breast reconstruction³. Asena *et al* (2015) reported a dose reduction of 20% and 56% for photon tangent treatment and electron boost field at the downstream region of the implant, respectively⁹. Moni *et al* (2004) measured dose perturbation around the magnetic valve for 6 MV photon beam using films and thermo-luminescent dosimeters (TLD) and reported an increase in the dose up to 40% in front of metallic port and a decrease about 25% directly under it⁵. The results reported by Damast *et al* (2006) showed a maximum dose reduction of 22 and 16% at 2 cm away from magnetic port for the 6 and 15 MV beams, respectively¹. Kuske *et al* (1991) established a mammary breast phantom with silicone implants and reported that the presence of the prosthesis during radiation led to no hot or cold spots¹⁰. A dose reduction of 30% and difference from 80% to 140% were estimated between TPS and MC calculated dose for 9–22 MeV electrons¹¹. From literatures, different and even in-contrast reported data of dose perturbations due to the metallic ports of tissue expanders are confusing and concerning parameter to optimize a perfect radiation treatment plan.

There is a concern that photon attenuation effect of metallic port may be caused a decrease in delivered dose to the targeted tissue beyond the port in its shadow region that is known clinically as cold spot. The aim of this study is exactly determination of the amount of dose perturbation due to the presence of metallic port of tissue expander for 6 MV-PMRT by Monte Carlo (MC) method.

MATERIALS AND METHODS

MC calculations

The MC radiation transport code used in this study was BEAMnrc which is built on the EGSnrc Code¹². The geometric and material data of components located in the beam path was based on the Siemens Linac data-sheet provided by manufacturer. The different parts of Linac head such as target, primary collimator, flattening filter, monitor chamber, mirror and jaws were modeled with proper component modules (CMs). A schematic figure of the Linac model and magnetic port inside the water phantom are shown in figure 1.

It was assumed that the primary electron beam is parallel and has a Gaussian shape for energy distribution which is centered in 6.2 MeV with a 1 MeV full width at half maximum (FWHM). The lateral spread of electron fluence has also a Gaussian distribution with 1 mm FWHM. A phase space file was defined under the lower jaw (X-jaw) used in all calculations. Directional Bremsstrahlung Splitting (DBS) was used with a splitting number of 1000 to improve the dose uncertainties. The electron and photon cut-off energies were set to 700 keV (ECUT) and 10 keV (PCUT), respectively. Electron range rejection was set to 2 MeV (ESAVE). The threshold for secondary particle production was same as ECUT for charged particles and PCUT for photons.

The field size of 10×10 cm² on the surface of 30×30×30 cm³ water phantom and at a source to surface distance (SSD) of 100 cm was modeled. The PDD and the lateral dose profiles were scored in voxels with 0.2 cm resolution along the interested directions and compared with related measurements. In this study the McGhan Style 133 model of tissue expander (Inamed Aesthetics, Santa Barbara, CA) was used and simulated by EGS-imprz option from BEAMnrc code. It contains an injection site as the Magna-Site, which is composed of a rare-earth magnet (samarium-cobalt, SmCo5) that is 20 mm in diameter and 2.7 mm thick encased in 0.4 mm thick titanium with a diameter of 35 mm and width 6.6 mm. The cylindrical voxels with diameter of 2 cm and height of 0.2 cm were used to score delivered dose in the front and back layers of the magnetic port located in different depths of

phantom. The lateral dose profiles were scored in the concentric annulars with resolution of 2 mm at the front and back regions of the magnetic port. In the all calculation process dose uncertainties were <1% by choosing enough value for number of histories.

Measurements

In this study 6 MV photon beam from Primus-Siemens Linac was investigated. All dose measurements were performed by the calibrated Farmer type ionization chamber (0.125 cm^3) with DOSE1 electrometer (FC65G, Scanditronix, Wellhofer, Germany) for field size of $10 \times 10 \text{ cm}^2$ at the source to surface distance (SSD) of 100 cm. The present depth dose (PDD) on the central beam axis and dose profile curves at depths of maximum dose, 5 and 10 cm were measured in 50 cm^3 PTW-Blue water phantom and processed by RFAplus (Version 5.2, Scanditronix-Wellhofer, Germany). All dose measurements were followed by recommendations of IAEA, TRS-398 protocol¹³. These data were used to validate of our MC model of 6 MV photon of Siemens Primus Linac.

RESULTS

Validation of MC Linac head model

A good matching between the measured and simulated data was found for an incident electron beam with a mean energy of 6.2 MeV and a Gaussian energy spread with FWHM=1 MeV. The spatial FWHM was 1 mm in the both cross-line and in-line directions. The agreement between the measurements and calculations (figure 2) were within 1% for depth dose profile beyond the depth of maximum dose and for the lateral profile inside the field.

Dose perturbation due to the magnetic port of TTE

The maximum uncertainty of MC calculated data was better than 1%. The PDD curves with and without the magnetic port located in depth of 1.5 cm (depth of maximum dose), 10 and 20 cm were calculated. For better illustration, only the PDD curves from locating of port in depth of d_{max} and $d=10 \text{ cm}$ are depicted in figure 3. It can be found that presence of port disturbs the dose at the upper depths close to the port as well as depths at shadow

region behind it. A maximum dose enhancement factor, dose with port/dose without port, about 1.13, 1.13 and 1.15 at the upper surface of port were resulted for port located in depths of 1.5, 10 and 20 cm, respectively. In the shadow region of port, the beam attenuation effect of port caused a maximum PDD reduction ratio of 0.86, 0.81 and 0.87 at depth close to the port, respectively. The reduction trend of PDD curve in the shadow region continues with increase in depths.

The dose profiles at different distances from the magnetic port (5 cm from the lower surface of port, just under the port, just above the magnetic part of port and just above the port) were calculated when the magnetic port is located at different depths of d_{max} , 10 and 20 cm and compared with profiles from without port. Only dose profiles for positioning of port in depth of d_{max} (1.5 cm) were depicted in figure 4. The dose reduction of about 7.48, 5.98

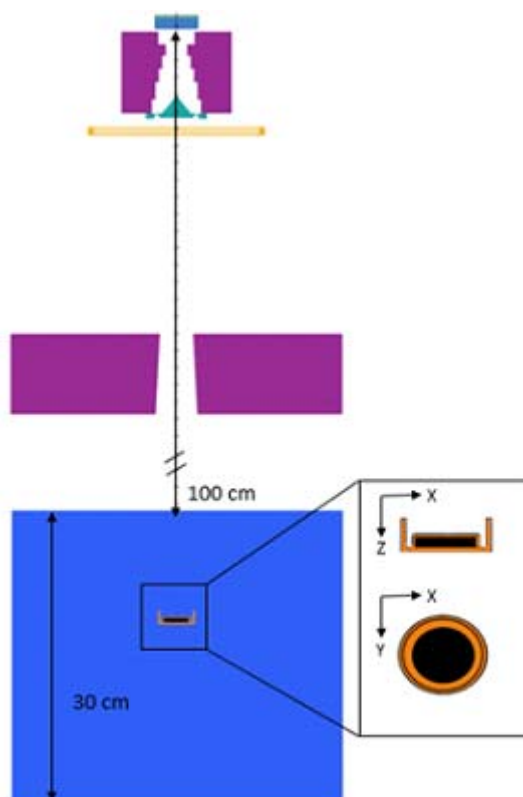


Fig. 1: A schematic view of the linac head components and the magnetic port in water phantom used in the MC simulation

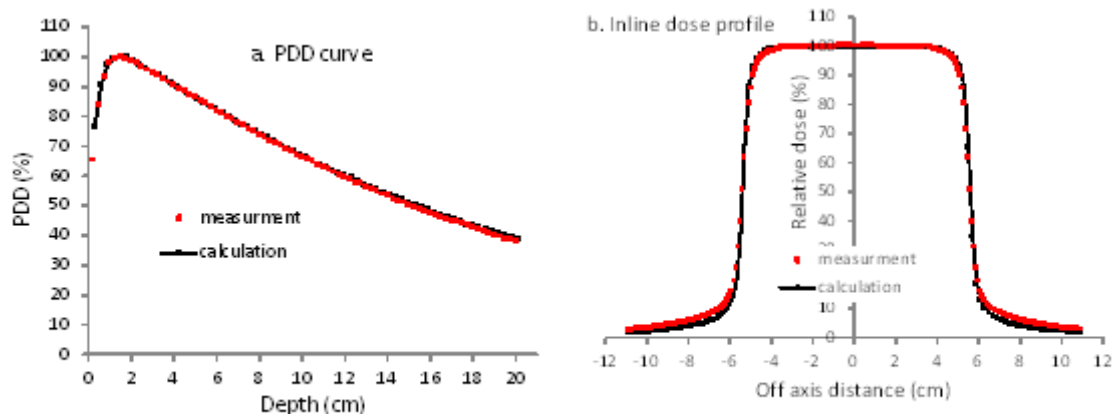


Fig. 2: Comparisons of calculated and measured a). PDD and b). Lateral dose profile for SSD of 100 cm and open field of $10 \times 10 \text{ cm}^2$. The PDD was normalized to 100 at maximum dose depth. Lateral dose profile in depth of 10 cm was normalized to its central voxel value

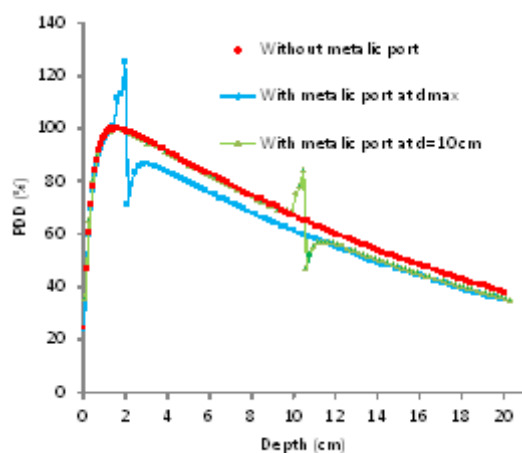


Fig. 3: The PDD curves with and without the magnetic port located in depths of maximum dose; 1.5 cm and $d=10 \text{ cm}$

and 10.23% on the beam central axis in the shadow region were calculated for 5 cm distance from the backward of the port located in depth of 1.5, 10 and 20 cm, respectively. Additionally, the dose at the front face of magnet part of port increased about 14.8%, 14.83% and 14.51% for mentioned depths, respectively. The dose perturbations due to presence of port are limited to the lower surface in shadow region of the port.

DISCUSSION

In the current study, uncertainties of calculated doses were better than 1% in important

regions. In order to validate the model, results indicated that after comparison of calculated and measured data, there is a good agreement between them (figure 2). As shown in figure 3, dose at regions above the port has risen up to a maximum value which is mainly occurred due to interaction of high atomic number components of the port with photons and subsequently production of backscattered electrons. The maximum of dose enhancement value was about 14% for three depths of port location. Range of backscattered electrons is short so that the dose enhancement rapidly falls by receding port surface and is restricted to near normal tissues about the port. A same effect was reported by Chatzigiannis *et al* (2011) who expressed that in the presence of a port in photon beam path an increasing dose about 9 and 12% is happened at 2 mm away from the magnet surface for 6 and 18 MV photons, respectively¹⁴. Moreover, Gossman *et al* (2009) have estimated that the ports containing titanium metal alloy can create up to 5 and 7% electron backscattering in 6 and 18 MV, respectively¹⁵. It should be noted that the results are in compliance with ours and the discrepancies between enhancement values may be due to variation of radiation beam arrangement, beam energy, port components, location of the port in the phantom, etc.

By evaluation of dose profiles at regions with different distances to the port, it was released that metal components of the port cause to more

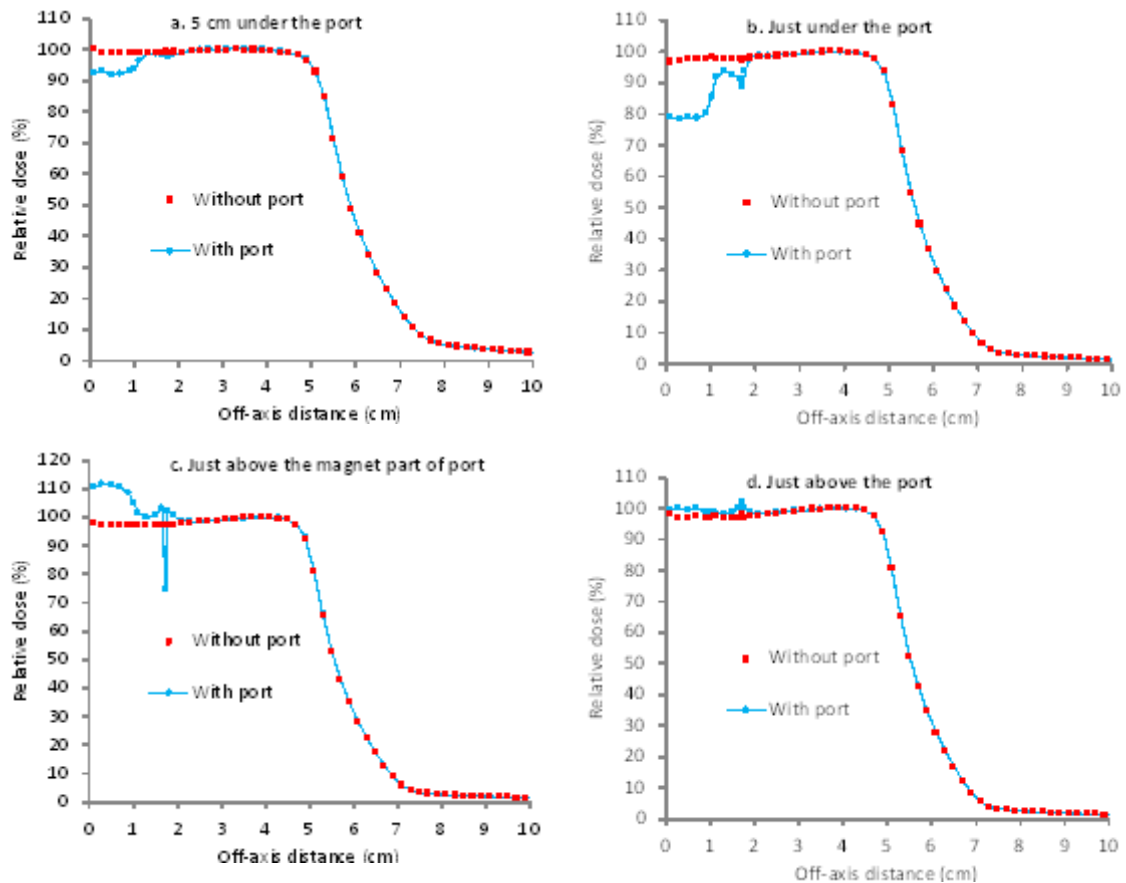


Fig. 4: The dose profile curves with and without the magnetic port located in d_{max} (1.5 cm), a. 5 cm under the port, b. just under the port, c. just above the magnetic part of the port, and d. just above the port

attenuation compared to the normal tissue and so the amount of beam transmission was decreased in the shadow region. After the falling of dose, forward scatter of electrons from the port and buildup of electrons cause to rise up the dose to a maximum value which is followed by a decreasing trend in dose with depth¹⁶. This perturbation can result in underdosage of tissues located at port shadow region. This effect was observed in other researches clearly. Thompson and Morgan (2005) reported an underdosage of the order of 10% using a tangential pair of parallel 6 MV opposed beams and up to 30% for a single 6 MV photon beam. In addition, Damast et al (2006) by film measurement and also Trombetta et al (2009) by MC calculation showed that in the presence of the port, an attenuation about 22 and 22% is happened for beam parallel to the port and 7 and 7% for beam perpendicular to the port, at 22 and 55 mm below the port end,

respectively^{1, 17}. Furthermore, another recent research found the value of underdosage of 6 MV photon due to existence of the port was 7% in the case of frontal irradiation of the chest wall. No significant changes were seen in their dose distributions for irradiation with an opposed pair of beams⁶. However, some researchers have declared that the presence of the port have no significant effect on dose distribution of organs at risk and soft tissues around the tissue expander. Moni et al (2014) have reported that it seems the metallic port in tissue expanders has a minor contribution to the high complication rate in patients who have tissue expander and undergoing radiation therapy⁵. Recently, study done by Liljegren et al (2014) showed the presence of breast implants during postmastectomy radiotherapy can't result in increased doses to ipsilateral lung and heart as organs at risks¹⁸.

CONCLUSION

our results shows that the magnetic port of TTE attenuates the absorbed dose of 6 MV beam. A maximum dose enhancement about 15% at front of the port and a dose reduction of about 10% at 5 cm distance from the backward direction of the port were resulted. This dose reduction at shadow region of the port increase at closer clinical distances (< 5 cm) that must be considered to calculate of accurate dose distribution by TPS. Considering the challenging results about the perturbation effect of

tissue expander port, definite conclusion entails further evaluation of the realistic clinical cases of the patients.

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