

Recent Clinical Advancements in Immunotherapy for the Management of Breast Cancer

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Breast carcinoma is the world's most common cancer and the top cause of death for women among all cancers. Cancer immunotherapy has made significant clinical progress, particularly in adoptive cell transfer therapy and immune checkpoint inhibition in the treatment of breast cancer. The treatment of breast cancer has evolved a lot because of several advancements in the understanding of the pathways as well as of molecular approach. Chimeric antigen receptor target (CART), Program lethal ligand 1 & 2 (PD-1/PDL-2), and the cytotoxic T-lymphocyte-associated factor 4 (CTLA-4) checkpoint inhibitors are the prime targets with positive results for the treatment using immunotherapy. Only four drugs of this category have been approved by the FDA till now. Several vaccines are under clinical trials in mono as well as in combination therapy for the treatment of the same and their response data are summarized in this review. In this review clinical trial data on CART therapy, PD-1/PDL-1, CTLA-4 checkpoint inhibitors, and their therapeutic approach have been explored and to provide all the treatment options available for the management of breast cancer in immunotherapy.

Keywords: Breast Cancer; CART-Therapy; CTLA-4; Immunotherapy; PD-1/PDL-1; Vaccines.

Breast cancer (BC) is metastatic cancer if detected at the initial stage higher percentage of survival and an excellent prognosis can be achieved, as the disease progresses, it can spread to distant organs i.e., the brain, lungs, liver, and bones which makes it quite impossible to cure.¹ There are 2.3 million women diagnosed, and 30 percent deaths with breast cancer take place globally as per the WHO report in 2020.² About sixty percent of the world's population is diagnosed and seventy percent of breast cancer deaths occur

in America, Central America, Africa, and Asia.³ Indeed, the rates of BC mortality are higher in many developing countries as shown in Fig no. 01. In the last five years, BC has been diagnosed in 7.8 lacs women, making it the commonly diagnosed cancer in the world as of the end of 2020.⁴

Cells in our body derive cancerous cells, which gain the characteristics of malignancy through genetic alterations. These malignant cells frequently evade the immune system and grow into a significant clinical mass. However Targeting

regulated mortality-1 (PD-1) and programmed mortality the ligand-1 (PD-L1), along with cytotoxicity T-lymphocyte linked antigen-4 (CTLA-4), can restore pre-existing anti-cancer immunity and provide long-term clinical responses in various types of solid tumors that are resistant to standard therapies.^{5,6} These immune checkpoint inhibitors show anti-cancer immunity's existence in malignant tumors. According to evidence from the last ten years, relapse and metastases of breast cancer remain a significant concern in clinical practice, shown by advanced endocrine therapy and anti-human epidermal receptor-2 (HER-2) therapy.^{7,8} Therefore new therapeutic approaches are still needed for the treatment of the disease, and intensive interest has been shown in immunotherapy for the treatment of BC.^{9,10}

METHODS

The primary goal of this review is to compile recent advances in immunotherapy drugs used for the treatment of BC that are present in trials and only four are approved by FDA for clinical applications. We have done an immense literature survey from pubmed.gov to compile this review by using various keywords like "BC in immunotherapy," "CART", "PD-1/PDL-1", and "CTLA-4 in BC."

Drugs targeting the immune checkpoints CART, PD-1/PDL-1, and CTLA-4 are summarized in this review in a detailed manner as these targets have a potential benefit in cancer therapy.

Immune system and Breast cancer

Immune cells play an important role in both BC recognition and early eradication,¹¹ as well as tumor progression. Immunoediting is characterized by evolving the interactions between mammary tumors and host immunity.¹² It refers to the complex interaction between a tumor and the body's immune defenses. Cancer cell interactions with the immune network progress through three stages: Eliminating, the point of equilibrium, and escapes.¹³ During the elimination phase, cancer is detected and removed by both the adaptive and innate immune systems. Rare cells of cancer that escape the elimination stage are predicted to move into an equilibrium phase, in which the immune system's adaptive mechanism stops tumor development and keeps them dormant

without eliminating the cancer. It develops the ability to avoid immune detection and destruction during the phases in a variety of ways.¹⁴ Hence, the evasion of tumors in the immune system is an indication of cancer. BC progresses through the accumulation of mutational changes, which occur mostly in the ductal epithelium. Multiple elements in the ductal microenvironment can influence the development and progression of these changes.¹⁴ Cells that play an important role in breast carcinogenesis, are immune cells, they begin with immunosurveillance in the tissue of the normal breast and continue through primary and metastatic BC.¹⁵ In the normal breast, the ductal cellular layer contains a significant immune cell population that includes B-cells and macrophages, NK Cells with CD4 and CD8+ T cells, and other immune cell subtypes.¹⁶ To provide innate and acquired immunity to the epithelial layer, as well as to protect against exogenous and endogenous agents, and for the elimination of transformed cells, cells of the immune system together. There are significant implications in the understanding of the cellular population in the normal tissues of the breast, for the prevention of BC, regulation of carcinogenesis of the breast, and improved risk assessment methods.^{17,18,19}

Genes responsible for Breast cancer

Breast Cancer Genes 1&2 (BRCA1 & BRCA2)- The BRCA1 & BRCA2 genes code for the production of a protein that acts as a tumor suppressor and both are located on chromosomes 17q21 and 13q12, and both genes code for tumor suppressor proteins. BRCA1 causes aberrant duplication of centrosomes, instability in genetic material, dysregulation in cycle checkpoint, and apoptosis. BRCA2 proteins help to repair damaged DNA.^{20,21,22} By aiding in DNA repair, the BRCA1 protein helps to maintain the equilibrium of a cell's DNA. The BRCA2 protein controls recombinational healing in double-strand breaks in DNA through its interactions with RAD51 and DMC1.²³

Ataxia-telangiectasia (ATM): Normally, the ATM gene helps repair damaged DNA, or it might cause the cell to die if the damage cannot be fixed. The serine-threonine kinase protein that is encoded by the ATM gene is essential for triggering barrier signaling in reaction to DNA damage²⁴ (double-strand breaks) by proteins in activating

checkpoint signaling such as BRCA, p53, and Chk2 in response to DNA damage.²⁵ By inheriting 2 abnormal copies of this gene Ataxia-telangiectasia is caused and this gene in some families has been linked to the history of having an increased risk of BC.²⁶

Partner And Localizer of BRSA2(PALB2)- A protein produced by the PALB2 gene functions as an essential partner with the protein produced by the BRCA2 gene and promotes BRCA1 and BRCA2 specific binding domain to the locations of DNA damage.²⁷ Mutations in this gene have been related to an increased incidence of BC.²⁸

Tumor protein53(TP53)- The TP53 gene aids in the arrest of cell growth in the presence of damaged DNA. The syndrome known as Li-Fraumeni is caused by hereditary abnormalities in this gene. This syndrome increases the risk of developing breast cancer.²⁹ This variant is a rather rare cause of BC. Checkpoint kinase-2(CHEK2)- a gene that normally used in DNA repair is the CHEK2 gene. BC risk is raised by a CHEK2 mutation.³⁰

Phosphatase and TENsin (PTEN)- The PTEN gene aids in the control of cell proliferation. The syndrome of Cowden is caused by genetic mutations of this gene. This raises the chance for growths in the thyroid, uterus, ovaries, and digestive tract in addition to cancer and benign (non-cancerous) breast tumors.³¹

Cadherin1(CDH1)- By inheriting mutations in the gene diffused hereditary gastric carcinoma (a rare type of stomach cancer) is caused, and women having this kind of mutation are at higher risk of developing invasive lobular BC.³²

Syndrome Serine/Threonine kinase 11(STK11)- Peutz-Jeghers can be caused by the deficiency of this gene and it gives rise to various cancers including BC.³³

Immunotherapy, a treatment that harnesses the body's immune system to fight cancer, shows promise in breast cancer, with some strategies targeting specific immune related genes and cells.

As shown in Fig no.01, there are several environmental factors that contribute to BC in addition to genes.

Immune-mediated pathogenesis

Breast cancer's specific mechanism is unclear. However, Significant immune suppression

has been detected by the cell's inability to respond to proliferative agents like Con A and phytohemagglutinin. It has been linked to tumor incidence in the development and growth of carcinogen-induced BC. Thymic atrophy causes a decrease in the quantity of T-cells as well as a decrease in the production of the interleukin-2 two (IL-2) receptor.³⁴ The immune system plays a dual function in tumor genesis and progression, capable of both preventing and promoting tumor growth. When cytokines such as interferons (IFN), tumor necrosis factors (TNF), or growth factors transforming are created during the early phases of cancer development, they have an anti-tumor effect in an inflammatory setting, but they actively encourage tumor growth and spread when they accumulate during prolonged inflammation (i.e., after the tumor has formed). [34]. Before surgery and adjuvant therapy, BC patients also had a general immune system malfunction favoring a Th2 response, as seen by a decreased percentage of CD4+ and CD8+ T cells generating type 1 antibodies (IL-2, IFN-, or TNF-) or type 2 lymphocytes (IL-4).³⁵ cytokines in comparison to healthy controls. In the initial stages of tumorigenesis in BC, a key role is played by NK-impaired cells.³⁶ These immune alterations directly influence treatment decisions by guiding the use of immunotherapies, such as immune checkpoint inhibitors or cytokine-based treatments, and help determine the timing and suitability of immunomodulatory strategies alongside surgery and chemotherapy. For instance, therapies aiming to restore Th1 responses or enhance NK cell activity are being considered to improve patient outcomes.³⁷

Recent Clinical Advancements in Immunotherapy

Immune checkpoint inhibitors targeting Chimeric Antigen Receptor T-cells therapy (CART), and Program Death-1 (PD-1) induce long-lasting responses that can lead to improved survival in a variety of cancers.³⁷ Although the FDA has approved several drugs for various cancers, only a few drugs, are approved for BC.

Chimeric Antigen Receptor T-cell therapy (CART)

CAR-T cell therapy is a type of adoptive immunotherapy that uses T cells to boost anti-tumor activity. These are synthetic compounds

outside of the cell, inside the cell, across the membrane, and gap domains, all of the components that make up CARs. Most commonly, a single-chain polymorphic fragment of an antibody with a particular target antigen as its antigen is used to construct the extracellular domain.³⁹ The intracellular region transmits the signals into the cell and as a result, there are now four generations of CARs that may be divided into groups based on how many costimulatory domains they include.⁴⁰ The difficulty still lies in finding a tumor-associated antigen that permits at least a modest identification of the antigens on normal cells, even though a perfect CAR structure is still lacking.⁴¹ Patients with hematologic malignancies experience long-lasting and curative effects from CART-cell therapy, while solid tumors have had only limited success with this therapeutic approach.⁴²

The First Generation

Only the intracellular portion of the CD3 domain is used by first-generation CAR-T cells to relay activation signals. Due to a lack of costimulatory signaling, which causes more rapid CAR-T cell death, they have shown limited benefit in clinical trials.⁴³

The Second Generation

The second generation of CAR-T cell therapy included the addition of the costimulatory signal domain 4-1BB or CD28; the simultaneous activation of these two signals increased the effectiveness of CART cells in eliminating tumors. Multiple clinical trials prove that second-generation CART-cells do exhibit tumorigenic properties in B-cell acute lymphoblastic leukemia.^{44,45}

2.1.3 The Third generation- In the third generation of CAR-T cells, costimulatory signaling molecules like CD27, 4-1BB, CD28, OX40, and ICOS are used commonly, which gives them better antitumor activity than its earlier generations.²⁹ The widest technology used for creating CAR structures is the third generation of CAR-T cells.

In vitro, this generation of Egf CAR-T cells efficiently and selectively suppressed the growth of TNBC cells; however, healthy breast epithelial cells and breast cancer cells only displayed modest cytotoxicity that were estrogen receptor-positive (ER+). With negligible off-tumor harm, this ability was also proven in vivo utilizing a transgenic mouse model. In vitro treatment with TNBC cells promoted the development and

durability of naive-associated EGFR-expressing CAR-T cells. Furthermore, in TNBC cells, EGFR CAR-T cells enhanced the messenger pathway for the interferon, granzyme-perforin-PARP, and Fas-FADD-caspase.⁴⁷

The Fourth generation CART-cell targets folate receptor

Due to the combined advantages of the three costimulatory domains, the 4th generation of FR-targeted CAR-T cells with the costimulatory domains CD27, CD-28, and 4-1BB showed superior therapeutic success in BC.

In the study, fourth-generation FR-CAR T cells lysed 88.7 10.6% of target cells when mixed using the FR-expressing MDA-MB-231 BC cell type at a 20:1 effector to target ratio. It's worth noting that the target cells with higher surface FR expression demonstrated greater FR-CAR T cell lethal lysis. FR-negative MCF10A healthy breast-like cell type at a comparable ratio (34.3 4.7%), where the CAR T cells' specific apoptosis was not seen. When mixed with MDA-MD-231 spheroid, FR-CAR T cells demonstrated anticancer activity as evidenced by spheroid size reduction and breakage.⁴⁷ A list of drugs under clinical trials is given in table no.01.

Immune Checkpoint Inhibitors

Program Death -1 (PD-1) and Program Death Ligand-1(PDL-1) Pathway

The PDCD1 gene produces human PD-1 (CD279) and belongs to the superfamily of immunoglobulin genes. It has been shown that apoptotic stimuli can increase the expression of this Mucin-domain with-3, lymphocyte-activation gene-3, PD-1, as well as T-cell immunoglobulin are T-cell intrinsic checkpoints that mediate T-cell signaling. This factor is found in two distinct cell lines (2B4.11 and LyD9t), and as it is involved in apoptosis, it is known as programmed cell death protein 1.⁴⁹

Structure of PD-1 PD-1 PD-1 is a type I membrane polypeptide with a size of 50-55 kD. It additionally has a hydrophilic transmembrane domain a tail in the cytoplasm structure domain and a single extracellular IgV domain. The 20 amino acids that make up the IgV domain are not part of the plasma membrane, yet it shares 23% of its amino acid sequence with CTLA-4.⁵⁰ 2-tyrosine motifs, an immunological receptors inhibitory tyrosine-based switching motif, and an

immune cell tyrosine-based inhibitory motif can be found in the cytoplasm (ITSM).⁵¹ This is followed by phosphorylation of the downstream proteins phospholipid inositol-3-kinase (PI3K) and spleen tyrosine kinase and hinders biological activities of T cells like cytokine secretion, lymphocyte proliferation and cytotoxicity of T lymphocytes.⁵¹ Through this interaction, tumor-specific T cells become exhausted and undergo death, allowing cancer cells to escape T cell-mediated immune surveillance.⁵² Checkpoint inhibitors, such as anti-PD-1 and anti-PD-L1 therapies, differ significantly from conventional treatments like chemotherapy, targeted therapy, and hormonal therapy in both mechanism and clinical impact. These immunotherapies work by reactivating exhausted T-cells through blocking inhibitory checkpoint signals in the tumor microenvironment. This restores the immune system's ability to recognize and attack cancer cells. In contrast, chemotherapy acts non-specifically by killing all rapidly dividing cells, which often results in significant side effects such as immunosuppression, nausea, and hair loss.

On the other hand, targeted therapies are designed to inhibit specific molecular pathways or mutations (e.g., HER2 or PIK3CA in breast cancer), making them effective but only in patients with those particular biomarkers. Hormonal therapies are limited to hormone receptor-positive cancers and function by interfering with hormonal signaling, such as estrogen or progesterone, which drives tumor growth in certain breast cancer subtypes.

Checkpoint inhibitors offer the advantage of specificity to the immune environment, often providing a durable response due to the generation of memory T-cells. However, they may cause immune-related adverse events such as colitis, dermatitis, or endocrinopathies. While chemotherapy and hormonal therapy are widely used across many types of breast cancer, checkpoint inhibitors are particularly beneficial in triple-negative breast cancer (TNBC) patients who express PD-L1. These therapies are increasingly being combined with chemotherapy to enhance their effectiveness. Thus, treatment decisions must consider tumor subtype, biomarker expression,

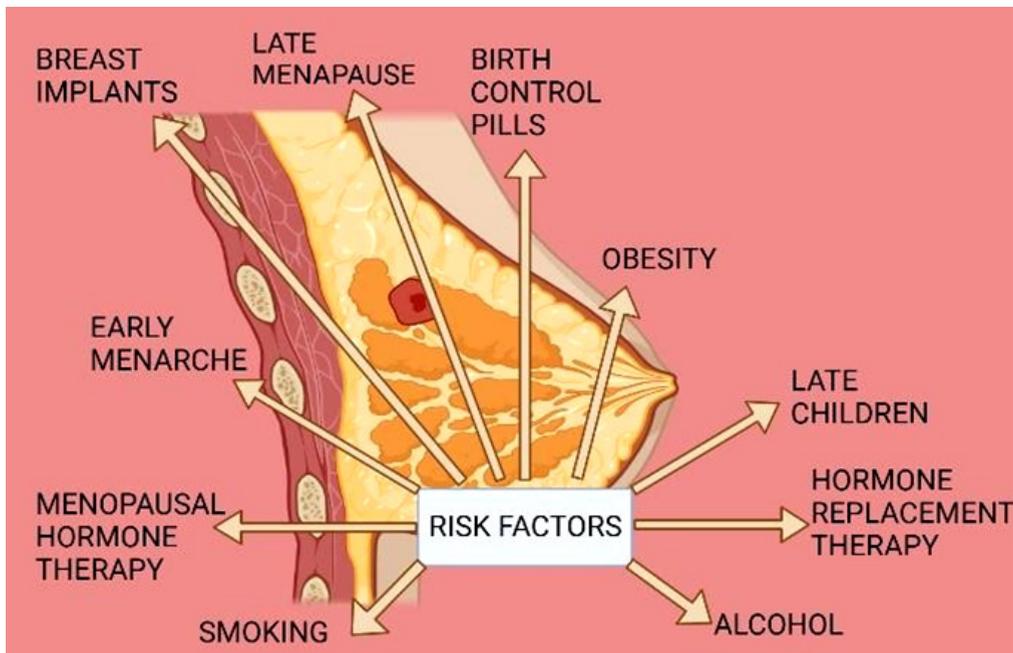


Fig. 1. Breast cancer is caused by an abnormal balance of estrogen and progesterone in the woman's body and all the agents triggering these changes are said to be the risk factors responsible for the occurrence of Breast Cancer.²³

patient immune status, and potential toxicities. Checkpoint inhibitors offer a novel and powerful therapeutic avenue, especially when conventional treatments are less effective or not well-tolerated.

Tumor microenvironment expressions

PD-1 is expressed by activating B cells, T cells, naturally occurring killer T cells, regulating T cells (Tregs), cells known as dendritic cells, and monocytes. PD-L1 is frequently elevated in cells from tumors, including haemangiomas and solid tumors. B cells, T cells, and DCs, bone marrow-derived mast cells, macrophages, and some non-immune cells also express PD-L1. The PD-1/PD-L1 pathway (as shown in Fig no. 03) is essential for the development of tumor immunity, viral infection, transplantation immunology, and autoimmune diseases.^{53,54} However, tumors develop and occur, resulting in 1) blocking the activation of lymphocytes that invade tumors and causing their apoptosis, 2) blocking the CTL granule enzyme and generating perforin, and 3) inhibiting PD-1 and PD-L1 expression. 3) increasing the release of the immune inhibitory cytokine IL-10 while reducing the release of pro-inflammatory cytokines including IFN-, IL-2, and TNF-; 4) slowing the T cell cycle, This leads to the buildup of cells during the G0/G1 phase, and 5) promotes the creation of

cancerous epithelial cells, tumor metastasis, and tumor infiltration.^{55,56}

Signaling pathways that regulate PD-1/PDL-1 expressions

1. Mitogen-activated protein kinase (MAPK) pathway- This pathway is an essential regulator of cellular processes like survival of cells and proliferation.^{57,58} Additionally, MAPK pathway activation encourages immune evasion in patients with TNBC, which results in resistance to chemotherapeutic drugs and a low survival rate.^{59,60} It has been shown that the MAPK pathway regulates PD-L1 expression in different types of cancer cells.⁶¹ In vivo and in vitro investigations on TNBC cells revealed that blocking this signaling pathway increased the production of whereas it was discovered that Blocking MAPK and PD-1/PD-L1 increased the effectiveness of immune system checkpoint inhibitors⁶² and in BC cells, PD-L1/PD-1 association promotes MAPK phosphorylation, activating MAPK pathways and raising the expression of multidrug resistance protein 1. (MDR1)⁶³

2. PI3K/PTEN/Akt/mTOR Pathway- The intracellular signaling system PI3K/AKT/mTOR controls the cell cycle and is associated with angiogenesis, apoptosis, cell metabolism, and

Table 1. Listed drugs are under clinical trials in phase-1/2 and phase-1 for the treatment of Breast cancer through CART-mediated cell therapy.¹¹⁰

Antigen targeted	No of enrolled Candidates	The phase of the clinical trial	Id-of clinical trial	Type of BC
HER2/GD2/CD44v6	100	Phase1/2	NCT04430595	BC
MUC1	20	Phase1/2	NCT04107142	TNBC
CEA	40	Phase1/2	NCT04348643	BC
CD133	20	Phase1/2	NCT02541370	BC
CD44v6	100	Phase1/2	NCT04427449	CD44v6 +ve BC
MUC1	69	Phase 1	NCT04020575	Metastatic BC
cMET	06	Phase 1	NCT01837602	TNBC, Metastatic BC
EpCAM	30	Phase 1	NCT02915445	Recurrent BC
MSLN	186	Phase 1	NCT02792114	BC
NKG2DL	10	Phase 1	NCT04107142	TNBC
HER-2	220	Phase 1	NCT04650451	HER2 +ve BC
HER-2	45	Phase 1	NCT03740256	BC
CEA	75	Phase 1	NCT02349724	BC
TnMUC1	112	Phase 1	NCT04025216	TNBC
ROR1	60	Phase 1	NCT02706392	BC Stage 4
MSLN	20	Phase 1	NCT02580747	TNBC
C7R/GD2	94	Phase 1	NCT03635632	BC

proliferation.^{64,65} AKT is phosphorylated and activated by PI3K activation, which results in its localization in the blood plasma membrane. Receptor tyrosine kinases initiate the pathway of signaling by activating PI3K, which in turn causes AKT and mTOR complex 1 (mTORC1) to become phosphorylated.⁶⁶ The most common genomic abnormalities Mutations in the PI3K/AKT/mTOR pathway, which include the gene called mutation in the gene, loss of functionality alterations, or epigenetic inhibition of phosphates, tensin homolog (PTEN), occur in several breast cancer subtypes.^{67,68}

PDL-1 expression control

1. JAK/STAT pathway- In TNBC, the main transcription factors that have a significant impact on tumor cell survival, growth, intrusion, metastatic disease, and surveillance of immunity are phosphorylated. signal transducers and

activators of translation 1/3 (pSTAT1/3) with JAK/STAT signaling pathway activation.^{69,70,71,72,73} It is noteworthy that STATs regulate the immune response through a variety of pathways, including modulation of PD-L1 expression when binding to the PD-L1 promoter.⁷⁵ In addition, solo suppression of STAT1 or STAT3 leads to a partial reduction of PD-L1 expression, simultaneous suppression of these transcription variables causes a complete downregulation.⁷⁶ Inhibiting JAK/STAT signaling may therefore show a promising therapeutic strategy for TNBC.⁷⁷

2. Nuclear factor k-B (NF-kB) Signalling Pathway - The nuclear factor kappa-light chain-enhancer of active B (NF-kB) is a DNA-binding protein that consists of two main subunits: p50 and p65. NFB is used as a gene regulator which controls cell division, and survival. Proteins of this pathway are overexpressed in cancer which results in weak

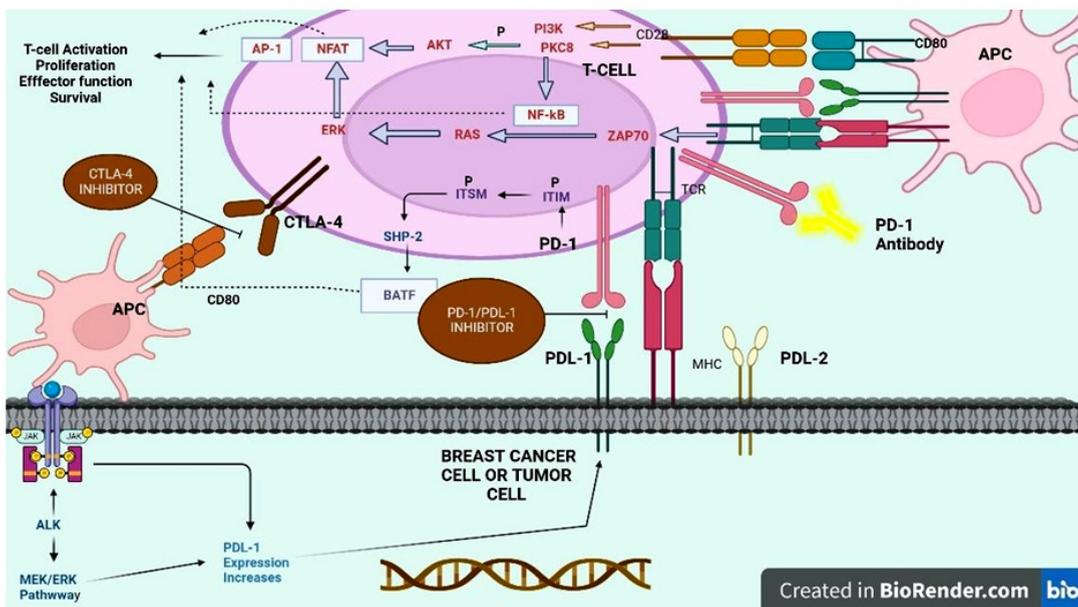


Fig. 2. Program Death -1(PD-1)/Program Death Ligand (PDL-1) Pathway and Immune checkpoint inhibitors - activate T cells and increase PD-1 expression, antigen presentation cells (APCs) take up antigens produced by tumor cells and present them to T cells. The immune response is suppressed when Following T-cell activation, the PD-1 receptor attaches itself to the PD-L1/PD-L2 produced on the outermost layer of cancer cells. After interacting with a ligand, PD-1 is cytoplasmically tyrosine phosphorylated, which leads to the attachment of SHP2 alongside other protein kinase phosphatases (PTPs). Inhibiting the effort T cells to function and causing T cell fatigue, SHP2 may dephosphorylate kinases and impede the positive signals transmitted by TCR and CD28 receptors. Further blocking the signals triggered by Bcr and CD28 simultaneous stimulation can be achieved by boosting the synthesis of transcription factors such as BATF. PD-1 can suppress T-cell activities. Additionally, tumor cells can directly present antigens to immune cells that MHC. The body's immune response can be improved by blocking the aforementioned mechanism with anti-PD-1/PD-L1 antibodies

Table 2. Types of vaccines which are under clinical trial in different phases for the treatment of as Breast cancer well as for the prevention of reoccurrences of Breast cancer

S.No	Type of Vaccine
1	Peptide-based vaccine ⁹³
2	Whole tumor-cell vaccine ⁹⁴
3	Gene-based vaccine ⁹⁵
4	Dendritic-cell-based vaccine ⁹⁶
5	Nanotechnology on BC vaccine ⁹⁷
6	Carbohydrate-Antigen vaccine ⁹⁸

coordination between cancer cells and organisms. NF- κ B activation leads to DNA activation and a variety of gene expressions. According to reports, NF- κ B is constitutively active in ER-negative BC cell lines, and as a result, it has recently emerged as a key target in the treatment of BC.

3. Hypoxia-Inducible Factor 1 α (HIF-1 α)- It is widely known that the hypoxic characteristic acts as an adaptation in the low oxygen environment in BC and other forms of cancer. In BC, hypoxia-induced activation of HIF-1 α and HIF-2 α ^{78,79,80} results in poor prognosis and antioestrogen resistance.⁸¹ HIF-1 activates PD-L1 transcription by attaching to the hypoxic response components (HRE) promoter.⁸² Indeed, earlier research showed a concomitant upregulation of HIF-1, elevated PD-L1 expression, and decreased T-cell activity.^{83,84,85} The level of expression in the TNBC in vivo model acts as a biomarker for determining the degree of hypoxia.⁸⁶ Blockade of HIF-1/PD-1/PD-L1 has been promoted as a possible therapeutic target to prevent the immunosuppressive activity of malignancies as a result of this discovery.⁸⁷

Anti - Program Death 1 Pathway (PD-1) & Program Death Ligand-1 (PDL-1) antibodies

On activated T cells, The PD-1, which (a surface of the cell receptor that operates as a T cell barrier) is increased and binds to two known ligands, PD-L1 and PD-L2. (as shown in fig no 2). PD-1 signals inhibit T-cells throughout the “effector” phase of the immune system reaction by binding to PD-L1 on the outermost layer of tumor and immune cells. Humanized mAbs targeting PD-L1 (nivolumab as well as atezolizumab) and PD-1, which (pembrolizumab) are effective in treating metastatic-BC (pembrolizumab). To date, the side

effects associated with these agents’ use in BC have been consistent with those expected for the other drugs of the same class.

1. Avelumab-Agents that target PD-1 or its ligand show antitumor activity in the treatment of BC by inhibiting PD-1 and PDL-1. 10mg/kg of the drug intravenous, when administered to 168 individuals for fourteen days, shows good tolerability. It shows an acceptable safety profile and modest clinical profile with tumor shrinkage in 27.9% of treated patients.⁸⁸

2. Atezolizumab-In the multicentre study (NCT002620280) drug was tested on around 280 patients with TNBC and showed little or no effect when treated with Atezolizumab plus when not treated with the same in combination with nab-paclitaxel and carboplatin. pCR rate was 48.6 % without drugs and 44.4%with drugs. It also showed liver transaminase abnormality.⁸⁹

3. Pembrolizumab-Addition of chemotherapy with Pembrolizumab in phase three trials shows that the survival of patients with TNBC is increased when compared to chemotherapy alone. 68.1% of those enrolled in the pembrolizumab-treatment control and in the placebo group suffered 66.9% of serious side effects of grade 3, 4, or 5 associated with the study schedule, with 0.4% of individuals for the pembrolizumab-treatment arm dying compared to none in the group receiving placebo.⁹⁰

4. Durvalumab and Olaparib-Polymerase inhibitors(olaparib) when combined with immunotherapy have shown potential antitumor The effectiveness and safety were similar to those observed in the drug and durvalumab monotherapy trials. To ascertain therapeutic benefit predictors and whether adding durvalumab to olaparib monotherapy improves long-term clinical outcomes, more study in a randomized context is required. (32%) of volunteers reported worse adverse effects, with pancreatitis (two [6%]), anemia (four [12%]), and neutropenia (three [9%]) being the most prevalent. Four (12%) individuals had a total of six major adverse events, and three (9%) patients stopped treatment because of side effects. No one passed away as a result of the treatment.⁹¹

5. Nivolumab-Multicenter phase II study shows that there is a clinical benefit of this drug for patients, and can be used as a therapeutic option

for treatment. Nivolumab's clinical effectiveness appeared to be improved in tumors with higher levels of microsatellite instability, higher levels of tumor mutation, and higher levels of programmed death-ligand 1 expression. On the other hand, depending on the estimated tissue of origin, there were no apparent changes in efficacy amongst tumor categories. Adverse events noted are by nivolumab's well-known safety profile. No deaths associated with treatment were noted.⁹²

Cytotoxic T-lymphocyte-associated antigen 4 (CTLA)-4 Inhibitors

Just after T-cell activation, CTLA-4 is upregulated, binds to CD80/CD86, and negative feedback is provided to CD28 stimulation which limits T-cell.

Tremelimumab-Anti-CTLA-4 agent, which was studied in all cancer types. In 26 patients with HER-2/ER+ BC, tremelimumab was tested with exemestane. Dose-limiting toxicity occurred in five patients, Accompanied by diarrhea (four counts) and high blood transcription factors levels (one count). The best response for 42 percent of the patients was 12 weeks of stable illness, and the majority of patients exhibited a significant rise in the proportion of ICOS+/FoxP3+ CD4+ T cells.⁹³

Ipilimumab- Ipilimumab is being researched both alone and in conjunction with PD-1/PD-L1 inhibition in a no. of different tumor types. It has been cleared by a single drug for both earlier and delay-stage carcinoma.⁸⁴

Combination Therapy

Immunotherapy paired with chemotherapy has shown promising results in the treatment of a variety of cancers and their subtypes. Clinical trials study shows that there are various combinations of targeted drugs, hormonal drugs, PDL-1 checkpoint inhibitors, CTLA-4 targets, and vaccines that show better result and fewer chances of re-occurrences.

1. Atezolimumab and Nab-Paclitaxel combination- In a randomized, placebo-controlled, double-blind, phase 3 experiment was undertaken in 246 educational institutions in 41 countries. who were aged 18 and above had a history of metastatic-BC,(ClinicalTrials.gov, NCT02425891)and it is interpreted from the study that Atezolimumab plus nab-paclitaxel is a good therapeutic option for patients of TNBC but this combination has not indicated much difference in the rate of survival of patients.⁸⁵

2. Durvalumab and tremelimumab combination with an Olaparib- Phase-II study and registration number NCT04169841 were made to check the efficiency of the Olaparib drug (300mgBID), durvalumab (1500 mg Q4W), and tremelimumab drug (75 mg IV Q4W) in the treatment of tumors, for four months and this study has revealed that if immune system targeting therapy is combined with Olaparib it acts synergistically and can be a good option for the treatment of solid tumors and this study is continued to check the further benefits and stability of this combination.⁸⁶

3. Mesothelin and Pembrolizumab-Phase-1 study conducted to know the efficacy of CAR-T cell therapy derived Mesothelin and PD-1 inhibitor Pembrolizumab combination for the treatment of tumors of BC. As per the data of this trial, this combination carries enough potential to treat solid tumors without showing severe adverse effects.⁸⁹

4. Eribulin and Pembrolizumab- Eribulin(1.4mg) and pembrolizumab (200mg) combination have shown promising results in metastatic-TNBNC. Phase- 1b(n=7)/II(n=160) clinical trial conducted to "September 21, 2015, to July 31, 2019" in 167 patients' it has shown that this combination is well tolerated and shows anticancer activity in a 1-3L setting in metastatic-TNBC and shows limited side effects like nausea, fatigue, alopecia, constipation, and peripheral sensory neuropathy.⁹¹

5. Selinexor and Carboplatin/Paclitaxel- Open-label and single-center phase 1b study (ClinicalTrial.gov identifier: NCT02419495) was conducted to assess the safety profile, dose-limiting toxicity, and the maximum amount of dose that can be administered to the patients with solid tumors. Selinexor (60mg orally twice every week) is well tolerated when combined with carboplatin/ Paclitaxel (175mg/intra-venous every 3 weeks) and shows visible clinical activity against solid tumors.⁹⁰

6. Ipilimumab and Nivolumab- Clinical trial, ICON (CA209-9FN), Phase IIb study conducted to examine the tolerability and efficacy to the anti-PD-1 drug) (Nivolumab and (anti-CTLA-4 drug) Ipilimumab. This study was conducted on seventy-five subjects and if this trial will show well tolerability and positive clinical

effects against cancer this study will be conducted further and can prove to be the best therapeutic option for the treatment.⁸⁰

Vaccines for Breast cancer

Clinical trials for different types of vaccines as mentioned in Table no 02, are getting evaluated for BC, but it hasn't given significant benefits. Despite the unsatisfied data obtained at present, studies of vaccines used in combination with anti-HER2 monoclonal antibodies have shown positive outcomes.

Peptide Vaccines

Breast cancer patients are being studied for the role of CD8+ T cell-eliciting vaccines.

1. Human Epidermal Receptor-2(HER2) Peptide Vaccine- Randomized, single-blinded, and multi-center phase II trial, of this vaccine, confirms the data about GP2 & AE37 (both are HER2-derived vaccines) GP2 induces CD8+ response and AE37 induces CD4+ response against the HER antigen. This study shows that GP2 and AE37 are safe and are associated with improved. If GP2 and AE37 vaccines are given with or differently for specific categories of BC patients based on their condition there are chances, that these vaccines can show positive results.⁹²

2. FRá Peptide Vaccine- Phase-I clinical trial of this vaccine, conducted at Mayo Clinic in Rochester, and this vaccine was administered to 8 women suffering from BC along with cyclophosphamide. This vaccine targets CD4Tcells whose activity is regulated by HLA class II which is specifically expressed on blood-stem cells and this ensures the safety profile of the drug. There are minimal untoward and no severe unanticipated toxicities. Anti-tumor immunity of the vaccine can't be verified from the data, but it supports the continuation of the production of this vaccine to prevent re-occurrence or used in combination with immune checkpoint inhibitors.⁹⁰

3. Glycopeptide Vaccine- Mag-Tn-3 vaccine induces responses against tumor Tn (tumor-with carbohydrate antigen) which is found on carcinoma cells. This vaccine induces levels of Tn-specific antibodies in patients of BC. The vaccine immunized seven patients and results showed that patients.⁹⁴

4. Folate binding protein (FBP) peptide Vaccines- FBP-derived vaccines E39 & E39[elicit

strong immune results in both in-vitro and vivo and can overstimulate the immune system. E39 possesses more immunostimulatory properties than then the other. These vaccines are safe with a low toxicity profile that is less than 2.⁹³

Dendritic-cell Vaccines

Antigen-presenting cells called dendritic cells participate in the activation of the acquired immune system, these cells recognize antigens on tumor cells and initiate phagocytosis. These cells can be activated in vitro which can be modified by using recombinant viral vectors.⁹⁶

Dendritic cell vaccines are proven to be a game changer in anti-tumor immunity and play a huge role in immunotherapy. Results of phase-1 and phase-2 studies are satisfactory and it is safe, well tolerated, and has a practical approach for the treatment of tumors, however confirmation of the safety of this vaccine can be assessed after mass immunization in a bigger population,⁹⁷ however manufacturing dendritic cell vaccine is a time consuming and expensive process and faces technical challenges with limited efficacy.

Gene-based Vaccines

Recombinant Viral Vector

The customized vaccine Ankara (MVA), which contains the Twist gene and the TRIad of co-stimulant substances (B7-1, ICAM-1 and LFA-3; TRICOM), has been evaluated in BC patients and has been proven to produce CD8+ as well as CD4+ T cell responses against the Twist factor and ultimately treats BC by reducing the growth of the tumor.¹⁰⁷

Bacterial Plasmid Vector

Immunostimulatory molecules, such as toll-like receptors, are combined with DNA vaccines. DNA vaccines that target HER2 with the TLR9 agonist exhibited anti-cancer activity and dependent cytotoxicity in animals.¹⁰⁸ To help Antigen-presenting cells to be able to recognize tumor antigens, another DNA vaccine has been designed by joining the cellular part of CTLA-4 to HER-2/Neu.

CONCLUSION

Breast cancer remains the most commonly diagnosed cancer worldwide, as per the 2020 WHO report, and conventional systemic therapies

continue to offer limited long-term outcomes. Immunotherapy, currently the fifth most commonly used treatment modality in oncology, has demonstrated promising results in various tumor types. In breast cancer, particularly in metastatic triple-negative cases, PD-1/PD-L1 checkpoint inhibitors have shown encouraging clinical outcomes. Since 2014, the FDA has approved four immunotherapeutic agents in this category, with additional checkpoint inhibitors—such as CTLA-4 inhibitors—currently under clinical investigation.

Combination therapies involving immunotherapy alongside targeted or hormonal agents have yielded enhanced clinical benefits, showing synergy in treatment response. Furthermore, cancer vaccines are under active research and clinical trials, holding potential as palliative or even preventive options in breast cancer management.

However, despite these advancements, immunotherapy faces several limitations and challenges. These include variability in patient response, lack of predictive biomarkers, immune-related adverse events, and the high cost of treatment. In breast cancer, especially, immunotherapy is not yet universally effective across all subtypes. Tumor heterogeneity and an immunosuppressive tumor microenvironment may limit therapeutic success. Moreover, access to immunotherapy is often restricted by regulatory, logistical, and economic barriers. Continued research is essential to optimize patient selection, refine combination strategies, and overcome resistance mechanisms. With ongoing advancements and clinical trials, immunotherapy is expected to play an increasingly integral role in the future of breast cancer treatment.

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Not Applicable.

Authors' Contribution

Mr.Utkarsh Upadhyay: Writing, reviewing and editing; Dr.Vivek Srivastava: Conceptualizing, writing & review; Dr.Neha Mathur: Writing, reviewing;

Dr.Somesh Thapliyal: Data collection, editing.

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