

Analysis of the Association between SLC30A8 Gene Polymorphism (rs13266634 C/T) and Type 2 Diabetes Mellitus in the North of Jordan

Khalid Mohammad. Abu Khadra^{1*}, Mohammad Ahmad Wahsha²
and Tariq Hassan Al-Najjar³

¹Department of Biological Sciences, Yarmouk University, Irbid, Jordan.

²Marine Science Station, Department of Marine Biology, The University of Jordan, Aqaba Branch, Jordan.

³Department of Marine Biology, The University of Jordan, Aqaba Branch, Jordan.

*Corresponding Author E-mail:khalidmohd99@yahoo.com

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Genetic association studies are beginning to play a role in studying and analysing the risk factors of many complicated metabolic disorders, such as Type 2 Diabetes Mellitus (T2DM). This study appraises the association between the SLC30A8 gene polymorphism (rs13266634 C/T) and T2DM in North Jordan as a potential genetic risk factor for T2DM. The rs13266634 polymorphism was analysed using polymerase chain reaction-restriction fragment length polymorphism (PCR-RFLP). The CT genotype was the most prevalent in T2DM (84%) and nondiabetic control groups (91.2%). The TT genotype was observed in only 5.5% of the T2DM group and 4.9% of the nondiabetic group. Allelic analysis disclosed that 49% of the studied population have the T allele, and 51% have the C allele. There were no significant differences in the genotype distribution between the T2DM and the control groups, suggesting that the SLC30A8 gene polymorphism (rs13266634 C/T) is not associated with T2DM in North Jordan and indicating that the SLC30A8 rs13266634 polymorphism is not considered a genetic risk factor for T2DM in the North Jordanian population.

Keywords: Gene Polymorphism; Genetic Association; North Jordan; SLC30A8; Type 2 Diabetes Mellitus.

Diabetes is a great public health concern, it's the seventh leading cause of mortality worldwide.¹ Diabetes mellitus (DM) is a metabolic disease caused by many risk factors leading to damage in pancreatic β -cells or malfunction in insulin, leading to a collapse in macronutrient metabolism.^{2,3} The most common form of DM is Type 2 diabetes mellitus (T2DM), a complicated chronic disorder arising from an array of

dysfunctions characterised by hyperglycemia and resulting from a combination of insufficient insulin secretion or resistance to insulin action.^{4,5} The pathology of T2DM is influenced by multiple etiological factors involving complex interactions between environmental and genetic factors.^{6,7,8} The prevalence of T2DM and its associated complications has rapidly increased in developed and developing countries.^{9,10} The T2DM incidence

is projected to increase significantly over the last thirty years, driven by rising obesity rates.¹¹

Numerous genetic variants have been linked to T2DM according to research studies exploring the relationship between specific genetic variations and susceptibility to T2DM.^{12,13} However, the mechanisms through which these genetic variations influence pancreatic β -cell function and insulin secretion require further investigation and research.^{13,14} Several single-nucleotide polymorphisms (SNPS) have been identified as causal factors for T2DM.^{15,16} SNPS affecting genes related to glucose metabolism, β -cell function, and insulin receptors are particularly significant in this context. One gene that plays a crucial role in T2DM susceptibility is SLC30A8, the gene coding for zinc transporter 8 (Znt8).^{17,18} Znt 8, a novel member of the zinc transporter family, is predominantly expressed in pancreatic β -cells and is responsible for maintaining zinc homeostasis and facilitating the efflux of zinc from the cytoplasm into intracellular vesicles.^{19,20} Znt8 is vital for insulin production, storage, and biological availability.^{21,22} Variants in the SLC30A8 gene, such as those located at rs13266634 and rs16889462 loci, have been shown to affect pancreatic β -cell function and increase susceptibility to T2DM.^{23,24,25} The C/T variant of rs13266634 (arginine to tryptophan at position 325, R325W) has been associated with T2DM in several ethnic groups.^{26,27,28} Genome-wide association studies (GWAS) have established a direct link between the SLC30A8 rs13266634 polymorphism and T2DM across multiple populations.^{29,30,31} The precise association between the SLC30A8 rs13266634 SNPS and their directional impact on T2DM risk remains critical.^{15,32,33} Our study is designed to analyse the genotype and allelic frequencies of the SLC30A8 (rs13266634 C/T) in northern Jordan. This study explores the relationship between the SLC30A8 (rs13266634 C/T) and T2DM in northern Jordan, as recent genetic studies have confirmed the association of this locus with T2DM.^{15,33,34} The study findings could clarify and identify the genetic risk factors for T2DM in northern Jordan and contribute to the extensive field of diabetes research by providing a comprehensive overview of SLC30A8 polymorphisms in the rising incidence of T2DM among the Jordanian population.^{33,33,34}

MATERIALS AND METHODS

Study Design and Subjects

This case-control study was conducted on 406 adults, comprising 186 (45.8%) males and 220 (54.2%) females, from April to June 2018, aged between 35 and 53 years. The study included 201 T2DM patients (101 males and 100 females) and 205 non-diabetic healthy controls (85 males and 120 females). Diabetes was defined according to the American Diabetes Association (ADA) criteria. T2DM individuals were recruited if their diagnosis was confirmed by fasting blood sugar and HbA1c, and they were receiving antidiabetic medications. The T2DM participants were sourced from those referred to the diabetic clinic at Prince Basma Hospital in Irbid, Jordan. The control group consisted of volunteers who met the inclusion criteria: no family history of diabetes and fasting blood sugar levels below 100 mg/dl. Body Mass Index (BMI) was determined by measuring weight and height and dividing the weight (kg) by the height squared (m). All protocols were reviewed and approved by the Institutional Review Board Council at Yarmouk University (Irbid, Jordan) IRB committee (IRB/2025/231). Patients and volunteers from the control group involved in the study were informed about its purpose and significance. Participants' rights to confidentiality, privacy, and safety were assured. The collected information was used exclusively for research purposes and remained accessible only to the researchers involved in the study. Written informed consent was obtained from all participants after thoroughly addressing their questions and concerns.

Sample Collection and Biochemical Analysis

Peripheral blood was obtained from each participant who was fasting for 12 hours. The collected blood was divided into two portions: 5 ml in a plain tube and 5 ml in an EDTA-containing tube. The blood of the plain tube was left to clot before being centrifuged at 5000 rpm for 8 minutes to obtain serum for fasting blood sugar and biochemical tests. HbA1c was carried out on EDTA-containing blood using an enzymatic immunoassay method.

Molecular Analysis (Genotype Analysis)

DNA of each participant was extracted from blood samples using the Wizard Genomic

DNA purification kit (Promega, Wisconsin, USA). The quality of the extracted DNA was verified using electrophoresis on a 1.5% agarose gel under UV light. The extracted DNA was kept in the refrigerator at -70°C for molecular biology study. The SLC30A8 polymorphism (rs13266634 C/T) was analysed using polymerase chain reaction (PCR) with well-designed primers based on the SLC30A8 gene available on Genebank data (GenBank Accession Number Z14065.1). Primer designs were developed by Microsynth AG (Schützenstrasse, Balgach, Switzerland). The sequence of primers was as follows: Forward, 5'-GGACAGAAAGAGTTCCCATAGCG-3'; Reverse, 5' ATAGCAGCATGTTTGAAGGT GGC-3'. The PCR cycling conditions were as follows: initial denaturation for 5 minutes at 95 °c. After that, 35 cycles consist of denaturation at 95°C for 30 seconds, annealing for 30 seconds at 67°C, and extension for 1 minute at 72°C. After completing the 35 cycles, extension for 5 minutes at 72°C is performed to finalize the PCR reaction. The volume of the PCR mixture with a total of 25 µL consists of 1 µL of GoTaq DNA polymerase (Promega, USA), 2 µL of dNTPs, 2 µL of 0.5 M of each primer, 5 µL of 10X buffer, 3 µL of genomic DNA, and 10 µL of nuclease-free water. PCR products were quantified using agarose gel electrophoresis (1.5% w/v) to ensure the generation

of the DNA fragment of 429 bp. The PCR products were subjected to restriction fragment length polymorphism (PCR-RFLP) analysis. The PCR products were subjected to MspI restriction enzyme (Fermentas, Germany) at 37°C for 15 minutes. The digested products were then resolved on a 1.5 % agarose gel in Tris-Borate-EDTA buffer. The RFLP patterns were determined by estimating the size of each fragment on the electrophoresis gel to determine the genotype for each participant.

Statistical Analysis

Statistical analysis was performed to evaluate the associations between SLC30A8 gene polymorphism (rs13266634 C/T) and T2DM; a p-value of less than 0.05 was considered statistically significant. The genotype distribution in the diabetic and nondiabetic control groups was

Table 1. Clinical and demographic parameters for the T2DM and nondiabetic control group

Variable	T2DM Group (n = 201)	Nondiabetic control Group (n = 205)
Age	49.0 ± 4.6	43.5 ± 5.6
Male	100 ± 5	85 ± 5
Female	101	120
BMI	31.4 ± 5	29 ± 3.2
HbA1c (%)	7.85 ± 1.8	5.2 ± 0.4

p > 0.05

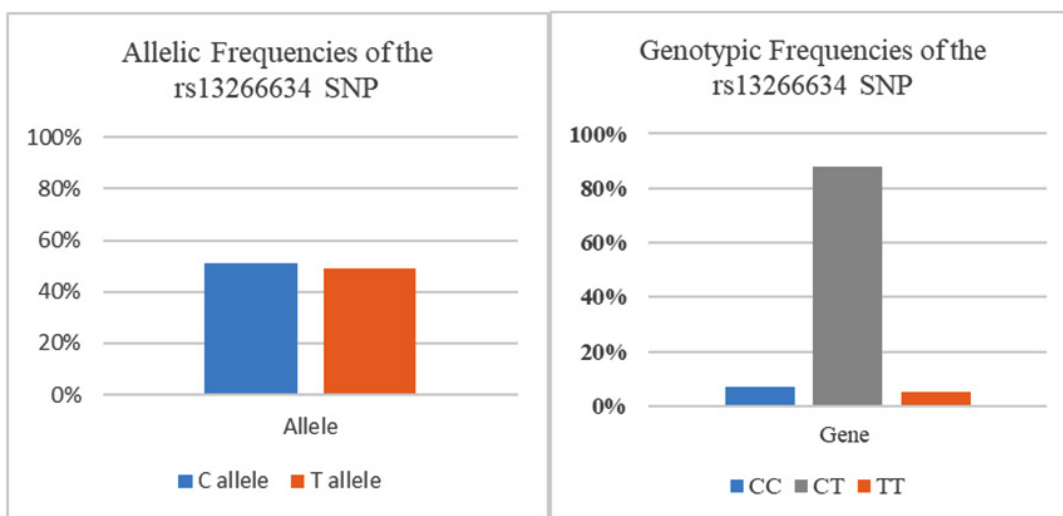


Fig. 1. Genotypic and Allelic Frequencies of the rs13266634 SNP in the SLC30A8 Gene in the studied group, Northern Jordan. The left chart illustrates the distribution of genotypes (CC, CT, TT), with the CT genotype being the most prevalent. The right chart presents the allelic frequencies

obtained using a chi-squared test for Independence. The statistical analyses were done using the SPSS for Windows statistical software package (SPSS Inc., Chicago, IL, USA, 2001.³⁵ The student 't' test was employed to evaluate the differences in means between the two studied groups.

RESULTS

This study includes 406 adults (185 males and 221 females). The T2DM group consisted of 201 patients (101 females and 100 males), while the nondiabetic control group included 205 individuals (85 males and 120 females), as shown in Table 1. The genotypic and allelic frequencies of the SLC30A8 gene (rs13266634 C/T) among the population of North Jordan revealed the following: The CC genotype of rs13266634 (wild type), characterized by two fragments of 234 bp and 195 bp, was observed at 7.1%. Heterozygous CT genotype, representing 87.7% and characterized by the following fragments: 429 bp, 234 bp, and 195bp. However, homozygote TT genotype revealed a 429 bp single RFLP fragment with 5.2% frequency (Figure 1). These results show that the CT genotype is the most prevalent in this population, followed by the TT genotype, with the CC genotype being the least common. The

allelic frequencies obtained in our study population were 51% and 49% for the C allele and T allele, respectively. The allelic frequencies suggest a slightly higher prevalence of the T allele compared to the C allele.

The distribution of SLC30A8 genotypes (CC, CT, TT) was analysed in both T2DM and healthy control groups to assess the association of these genotypes with T2DM in North Jordan (Table 2). The analysis revealed that the CT genotype was the most prevalent in T2DM and nondiabetic control groups, accounting for 84% of the T2DM group and 91.2% of the nondiabetic control group (Table 2). The TT genotype was the least common, observed in only 5.5% of the T2DM studied group and 4.9% of the nondiabetic studied group. The CC genotype was 10.5% for the T2DM study group and 3.9% for the nondiabetic group. Statistically, no significant difference was revealed between the T2DM study group and the nondiabetic control group ($p > 0.05$). Our findings suggest that the SLC30A8 rs13266634 polymorphism may not contribute to the development of T2DM and is not considered a risk factor for T2DM in North Jordan.

The study also examined the distribution of SLC30A8 genotypes across genders within the T2DM group to determine if gender influences the genetic predisposition of T2DM. The results

Table 2. Genotype Distribution and Allele Frequencies in T2DM and Nondiabetic Control Groups

Genotype and Allele Frequencies	T2DM Group (n = 201)	Nondiabetic control Group (n = 205)
CC	21 (10.5%)	8 (3.9%)
CT	169 (84%)	187 (91.2%)
TT	11 (5.5%)	10 (4.9%)
C	211 (52.5%)	203 (49.5%)
T	191 (47.5%)	207 (50.5%)

Table 3. Genotype distribution by gender in the diabetic and nondiabetic control Group

Genotype	T2DM Group		Nondiabetic Control Group	
	Male (n = 86)	Females (n = 115)	Males (n = 85)	Females (n = 120)
CC	9 (10.5%)	12 (10.4%)	2 (2.3%)	6 (5%)
CT	73 (84.9%)	96 (83.5%)	79 (93%)	108 (90%)
TT	4 (4.6%)	7 (6.1%)	4 (4.7%)	6 (5%)

$p > 0.05$

indicated that the CT genotype is the most prevalent in males and females (Table 3). The SLC30A8 Genotype distribution among males and females reveals that the T2DM genetic risk is not associated with gender. HbA1c levels were compared across different SLC30A8 genotypes. A significant difference in HbA1c level was found when comparing the T2DM group to the Nondiabetic Control Group. The mean HbA1c level was slightly higher in individuals with the CT genotype (7.64%) compared to those with the CC genotype (7.26%). However, the difference was not statistically significant ($p = 0.461$), indicating that the SLC30A8 genotypes do not substantially affect HbA1c levels.

DISCUSSION

Certain genetic variants and their associated polymorphisms have been found to affect the development of T2DM. Such genetic variants disrupt the expression of their corresponding phenotypes, impacting the presentation and severity of T2DM.^{35,36} T2DM pathogenesis could be linked to genetic variants that affect insulin secretion and bioavailability.^{35,36} Genetic variants could gain-of-function mutations and abandon the encoded enzyme and protein associated with T2DM.^{37,38} Genotyping data reported a risk variant associated with T2DM, setting a specific allele that failed to encode functional proteins as a risk allele.^{39,40} Many alleles of the SLC30A8 gene, such as the rs13266634 C allele, were correlated with increased susceptibility and development of T2DM. However, generated protein models of the wild-type ZnT-8 transporter conclude that the Arg325Trp variant of the rs13266634 polymorphism could tolerate sufficient bioavailable zinc to pancreatic β -cells.^{35,42}

Previous studies in various populations revealed that the C/T polymorphism of rs13266634 directly affects T2DM development.^{29,30,31,32} The genotype distribution of the SLC30A8 (rs13266634 C/T) in Northern Jordan indicated that the CT genotype was more prevalent among both T2DM and healthy control groups. These findings align with results obtained from other studies in different countries, confirming the prevalence of the CT genotype in T2DM and nondiabetic control groups.^{29,31,43} In contrast, the CC genotype was

more common in T2DM and nondiabetic control groups in Iran.⁴² The results demonstrate that the observed differences in genotype distribution and allele frequencies were not statistically significant, suggesting no meaningful association between the SLC30A8 rs13266634 C/T polymorphism and the development of T2DM in Northern Jordan. These findings corroborate previous studies conducted across various populations, indicating that the rs13266634 C/T polymorphism of the SLC30A8 gene was not significantly associated with an increased risk of T2DM.^{40,44,45,46} The lack of significant association between the SLC30A8 rs13266634 genotype and T2DM was contradicted by prior studies that showed a significant association between the SLC30A8 (rs13266634) genotype and T2DM.^{34,43,48,49} According to genome-wide association studies, polymorphisms of SLC30A8 rs13266634 were reported to be associated with T2DM, supported by significant risk allele-specific odds ratios (ORs) and confidence intervals (95% CI).^{49,50,51} Meta-analyses have also confirmed the association between T2DM and the SLC30A8 rs13266634 polymorphism.^{15,29,30} In some instances, a meta-analysis study failed to prove the association between T2DM and SLC30A8 (rs13266634) polymorphism, as found in a case-control study within the same population.⁴⁷ A significant association between the C/T rs13266634 SNP of SLC30A8 and T2DM was identified in a case-control study conducted in Jordan.³⁴ The distribution of the CC genotype versus the TT genotype among T2DM in our study mirrors their results.³⁴ The contradictory results found in the two case-control studies conducted in Jordan may be attributed to the differences in the population composition of each study.³ Our study was conducted in Northern Jordan, whereas the study that found a significant association between the C/T rs13266634 SNP of SLC30A8 and T2DM was performed in the Amman district in the center of the kingdom, which possesses a highly diverse population undergoing dynamic transformation and vigorous changes. The SLC30A8 (rs13266634 C/T) genotype distribution among the T2DM study group and the nondiabetic control group shows no significant difference between the two studied groups in Northern Jordan. The lack of a significant association of the rs13266634 C/T polymorphism of the SLC30A8 gene with T2DM

revealed by our study is a noteworthy finding that warrants investigation of other risk factors associated with T2DM among North Jordanians. Our findings regarding the allele distribution contradict those from other populations, where the high frequency of the C allele commonly represents the majority.^{39,44,46,49} The high frequency of the risk allele (C) has been reported in the African-American community (91.5 %), as well as in Moroccan (83.5 %) and Tunisian (82.5 %) populations.^{27,40,44} The C allele frequency of rs13266634 in our study (51%) was lower than that of other populations, such as Eastern Asians. Similar results regarding the C allele frequency reported in our study were also found for the Hunan district population in China.^{43,47} The C allele frequency of rs13266634 among the Hong Kong and Japanese populations was 55.2% and 57.9 %, respectively.^{47,52} The T allele frequency revealed in our study (49%) was consistent with the findings of a limited number of populations, yet contradicted the findings from many others. The highest frequency for the T allele was detected in African populations, whereas the T allele frequency is low in the Middle East, with the lowest frequency noted in East Asia. The data concerning T allele frequency and C allele frequency obtained in our study, along with the genotype distribution and the negative association between T2DM and genotype distribution, confirm the emerging new trend of cumulative effects and interactions of different risk alleles in the development of T2DM.

The SLC30A8 (rs13266634 C/T) genotype distribution by gender revealed that both males and females predominantly carried the CT genotype. The distribution of the CC genotype was relatively equal between genders, with no significant gender differences in genotype distribution. This observation is consistent with the findings from other studies, which reported that gender does not significantly influence the distribution of SLC30A8 (rs13266634 C/T).^{53,54} In addition to genotype frequency and distribution, the study analysed the relationship between SLC30A8 genotypes and HbA1c levels. It was found that while the CT genotype was associated with slightly higher HbA1c levels compared to the CC genotype, this association was not significant. These findings regarding the association between SLC30A8 genotypes and HbA1c levels do not

substantially affect the glycemic control in the study population. Similar findings regarding the SLC30A8 genotypes and HbA1c levels have been reported, where no significant association between SLC30A8 polymorphisms and HbA1c levels appears.^{15,48,49}

Considering the value of our findings, it is important to realise that our research was limited by certain constraints, such as the case-control design, which may not reflect the rapid transformation and changes in the population over time, and the potential impact of unmeasured factors. Future research, especially association studies and interventional designs, will be critical in fixing this limitation and becoming more conclusive. However, the eventual nature of our study design safeguards reliability and consistency, providing a snapshot of the current condition of the study population to identify further SNPS that may be associated with T2DM.

CONCLUSION

Our study findings revealed that the SLC30A8 gene polymorphism (rs13266634 C/T) does not have a significant impact on the development of T2DM in the North Jordanian population. No significant differences were found between the T2DM study group and the nondiabetic control group concerning genotype distribution. Based on that, future research in the North Jordanian population should explore other genetic factors or potential gene-environment interactions that may contribute to the development of T2DM. Additionally, further studies could investigate large and more diverse populations to confirm these findings and potentially uncover other genetic markers associated with T2DM risk.

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Conflict of Interest

The author(s) do not have any conflict of interest.

Data Availability Statement

This statement does not apply to this article.

Ethics Statement

This research did not involve human participants, animal subjects, or any material that requires ethical approval.

Informed Consent Statement

This study did not involve human participants, and therefore, informed consent was not required.

Clinical Trial Registration

This trial is registered at the Institutional Review Board Council at Yarmouk University (Irbid, Jordan) IRB committee (YUIRB DSR 2020/63).

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Not Applicable.

Author Contributions

Khalid Abu Khadra: Conceptualisation, Funding Acquisition, Methodology, Data collection, and Writing – Original Draft. Mohammad Wahsha: Data analysis, draft preparation, Review, & Editing. Tariq Al-Najjar: Methodology, Statistical analysis, draft preparation, Writing – Review and Editing.

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