

Omics-based Analysis of Bhadradarvadi Kashayam in Managing Rheumatoid Arthritis via CXCL8-CXCR1/2 axis, MAPK and NF- κ B Signaling Pathways - A Network Pharmacology Approach

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<https://dx.doi.org/10.13005/bpj/2930>

(Received: 06 August 2022; accepted: 17 July 2023)

With the advances in the field of medicine there is an increase in the geriatric population and rheumatoid arthritis is one of the common diseases that affect this cohort. The modern medicines that are used for the treatment of rheumatoid arthritis provide a symptom-based treatment and there are studies showing severe side effects for some of the medicines being used. But there are shreds of evidence in traditional medical texts for the treatment of rheumatoid arthritis which gives an increased therapeutic coverage with less to no side effects. Bhadradarvadi kashayam (concoction) is one of the most commonly preferred and prescribed Ayurvedic medicine for managing the disease. In this study, we are investigating the mode of action of this kashayam by employing a network pharmacology-based framework which included the analysis of the cross-talks between the active ingredients of the kashayam and major molecules involved in the disease, the transcription factors and various pathways in which they are involved. Based on the systems pharmacology approach, 57 active compounds and a total of 377 potential targets with their interacting partners, and the targets associated with comorbidities were identified. The PPI network was analyzed to understand the topological index for screening the hub proteins such as MAPK1, MAPK14, FYN and CXCL8, which were found to be enriched in various signaling pathways. Furthermore, molecular docking analysis validated the strong physical interaction between the hub proteins and the corresponding active compounds from BDK. Overall, the study sheds light on the pharmacological mechanism of Bhadradarvadi kashayam against Rheumatoid Arthritis and also highlights that there are traditional herbal remedies imparted by the Ayurveda system of medicine which has the least side effects compared to modern medicines.

Keywords: Auto-immune diseases; Bhadradarvadi; Inflammation; Rheumatoid arthritis; Signaling pathways; Systems pharmacology.

Rheumatoid arthritis (RA) is a chronic autoimmune disease designated with symmetrical inflammation, progressive disability, bone erosion and cartilage destruction¹⁻³. As an increasingly common inflammatory disease, the average prevalence of RA is about 0.5%-1.0% worldwide with the male-to-female ratio nearly 1:4, and the

incident rate nearing approximately 0.6% in India⁴. However, the pathogenesis and/or etiology of RA remains convoluted and unclear⁵. Several studies have reported that a variety of immune cells and inflammatory mediators are critically implicated in the disease development and progression^{6,7}. The processes are driven through the secretion

of various pro-inflammatory cytokines and inflammatory enzymes by monocytes/macrophages in synovial fluid. These inflammatory mediators play a critical role in regulating the growth and proliferation of immune T cells, which further stimulates the release of tissue-degrading enzymes, all of which enhance the inflammatory reaction and joint damage⁸. Hence, aberrant activation of various important regulatory signaling cascades including mitogen-activated protein kinase (MAPK), toll-like receptor, CXCL8-CXCR1/2 axis, and nuclear factor kappa B (NF κ B) pathways are recognized as significant contributors to accelerating the progression of RA^{9,10}.

Currently, non-steroidal anti-inflammatory medications (NSAIDs), disease-modifying anti-rheumatic medicines (DMARDs), biologics, and immunosuppressants have been prescribed for the treatment of RA¹¹. Even though they can mitigate the symptoms including inflammation and pain, they are found to come up with noteworthy side effects such as hepatic and pulmonary toxicity, peptic ulcers, infections, gastro-intestinal damage, renal failure and so forth¹²⁻¹⁴. Therefore, an exploration for efficient alternative and additional therapeutic options that aim to mitigate the symptoms concomitant with RA instead of affording a complete cure to the patients still endures.

In the current situation, complementary and alternative medicine (CAM) are getting greater prominence by providing a variety of treatment choices that outperforms traditional medications. The usage of CAM is on an increasing trend in all continents and is not restricted only to Asia¹⁵. As reported by National Health Interview Survey (NHIS) from the Centers for Disease Control (CDC) in 2007, more than 200K US adults selected to use Ayurvedic medications in the past year to treat their health issues. Seventy percent of the Indian population relies on the system of medicine that was traditionally considered like Ayurveda, homeopathy, yoga and Siddha¹⁶⁻¹⁸. Of the known traditional medical practices, Ayurveda is among the holistic medicinal approach and is in practice since olden times and emerged from a verbal tradition that was subsequently chronicled in the ancient Indian texts called Vedas, which were originally written in Sanskrit. It always emphasizes the significance of endorsing health by taking a holistic

outlook of mind, body, and spirit as well as using natural remedies acquired from medicinal plants and minerals. Ayurvedic system of medicine is very less studied and documented due to the difficulty in understanding strict logical descriptions and less conceptual development. Ayurvedic pharmacology (Dravyaguna) encircles with three concepts i) taste (rasa), ii) properties (guna), iii) active principles (virya), iv) biotransformation (vipak) and v) specific actions (prabhav)¹⁹ and it affords to bring a favorable cure to an array of ailments which include RA^{20,21}. One of the highly cited oral medications for RA is Bhadradarvadi decoction (BDK), a polyherbal concoction of fifteen herbs with influential active ingredients.

A blend of system biology with the study of levels of biological information along with the clinical pharmacology profile, brings in the module of system pharmacology, that investigates the relationship between molecular properties and their pharmacological effect. The arena integrates the omics (proteomics, genomics, metabolomics, and transcriptomics) outlines and metabolites to construct networks to ingress the underlying drug mechanisms²²⁻²⁴. In addition to finding unique drug targets that are novel, the network medicine strategy can be efficiently used to establish combinations of drugs in conditions like neurovascular diseases, CVD and cancer²⁵⁻²⁸. Consequently, the strategy could be extended to explore the involvement of plant-derived medicines in holistically treating a variety of diseases.

The herbal formulations encircle perplexed chemical systems incorporating a mixture of a wide array of compounds. The formulations derived from medicinal plants were deemed to work on a web of targets specific to the phenotype of diseases. The mode of action and efficacy of the herbal components could be predicted by network-based methods. The investigation of the network uncovers the effective therapeutic mechanism of the herbal compositions and the adeptness to comprehend the unexposed pharmacological properties. The network medicine strategy identifies the prospective on and off-targets that can be used to create a sensible design of drug interactions. The present study employs a network pharmacology strategy to probe into the mode of action of the polyherbal formulation of BDK in treating RA. The models of pharmacokinetic

properties such as oral bioavailability (OB), drug-likeness (DL), and ADMET parameters were evaluated to explore the therapeutic effects of the formulation. In this study, we attempted to utilize systematic pharmacology and network analysis to interpret the connections at the molecular level generated by several bioactive components of the herbal formulation to comprehend its mechanism of action.

MATERIALS AND METHODS

Profiling of compound

BDK is prepared from the combination of fifteen herbs Lignum of *Cedrus deodara* (CD), Radix of *Abutilon Indicum* (AI), Radix of *Valeriana jatamansi* (Vj), Radix of *Desmodium gangeticum* (Dg), Radix of *Saussurea costus* (Sc), Radix of *Gmelina arborea* (Ga), Radix of *Aegle marmelos* (Am), Radix of *Stereospermum color* (Sc), Radix of *Oroxylum indicum* (Oi), Radix of *Premna corymbosa* (Pc), Radix of *Solanum anguivi* (Sa), Radix of *Solanum surattense* (Ss), Fructus of *Tribulus terrestris* (Tt), Radix of *Pseudarthria viscida* (Pv) and Radix of *Sida cordifolia* (Scf)²⁹. The bioactive compounds from these fifteen plants were retrieved from the databases such as Traditional Chinese Medicine Systems Pharmacology (TCMSP)³⁰, Universal Natural Products Database (UNPD)²², and Dr. Duke's Phytochemical and Ethnobotanical Databases³¹. The compound structures were fetched from the Chemical book, PubChem and drawn using the ChemsSketch tool.

Oral bioavailability (OB) and drug-likeness (DL) assessment

Traditional medicine formula decoctions are mostly orally administered, which have a greater number of compounds, but only a part of them create a therapeutic effect. OB signifies the capability of a compound to disseminate in the body after oral ingestion. OB can determine the ability of active compounds in a formula to be transported throughout the body and cause a physiochemical effect. Analysis of several molecular descriptors incited a series of rules connecting them with OB including Lipinski's rule of 5³². In this study, the QikProp filter from Schrödinger software (Schrodinger, LLC, New York, USA) was used with a set of descriptors (% human oral absorption,

and rule of 5) were selected to delineate the activity, permeability, and metabolism. Together with Lipinski's parameters, the other molecular descriptors supporting OB as recommended by Veber were also calculated³³. Pharmacological descriptors including molecular weight (MW), Ghose-Crippen-Viswanadhan octanol-water partition coefficient (ALogP), number of donor atoms for hydrogen bond (nHDon), number of acceptor atoms for hydrogen bond (nHAcc), and total polar surface area (TPSA) were predicted using PaDEL descriptor tool (version 2.18)³⁴.

DL is a pointer for identifying the likeness of a compound, which possess functional groups and physicochemical properties similar to the conventional drugs and could have a possible desired therapeutic effect. Evaluating DL according to the concept of desirability termed as a quantitative estimate of drug-likeness (QED), aids to investigate the chemical homology of the compounds with known drugs. The individual desirability functions were calculated for the molecular descriptors MW, RotB, ALogP, nHDon, nHAcc, and TPSA. The QED score is calculated by obtaining the geometric mean of all individual desirability functions using the following equation:

$$QED = \exp\left(\frac{1}{n} \sum_{i=1}^n \ln d_i\right) \quad \dots(1)$$

Where d_i is calculated with the desirability score of the n th molecular descriptor. The QED score ranges from 0 (complete unfavorable properties) to 0.49 (all favorable properties). DruLiTo tool was utilized to calculate the score.

Toxicity prediction

Furthermore, to the above assessments, the compounds chosen were evaluated for the probable effect of toxicity. The compound's toxicity was determined by utilizing the ProTox-II (prediction of toxicity of chemicals) server³⁵. The server predicts rodent oral toxicity using a globally harmonized system of classification of labeling of chemicals (GHS), hepatotoxicity using the Random Forest (RF) algorithm and immunotoxicity using the Bernoulli-Naïve Bayes algorithm.

Target fishing for potential active compounds

The archetype of "one drug – one target – one disease" has been transfigured to "one drug – multi targets – multi diseases" owing to the progression in the studies and approaches of

polypharmacology. To discern the multi-target hypothesis, the bioactive compounds were further assessed and the protein targets were recognized. The protein targets for the identified compounds were gathered from several resources including extensive literature hunts and database searches from TCMSP, Therapeutic Target Database (TTD)³⁶, and Traditional Chinese Medicine Integrated Database (TCMID)³⁷. The compounds with yet unknown targets were imposed to reverse drug targeting strategy using STITCH (search tool for interacting chemicals) and BindingDB³⁸. Based on the similarity index (>0.85) and other parameters like the Tanimoto index (>0.9) from Binding DB and STITCH respectively, the targets for the compounds were obtained.

Enrichment and comorbidities analysis

The Gene Ontology (GO) functional and pathway enrichment analysis provides a standardized depiction and annotation for genes and gene products that can possess the response to a biological query. Over GO analysis, researchers can retrieve complete insights into various aspects including cellular component (CC), biological process (BP), and molecular function (MF). GO and pathway analysis was performed using ToppGene Suite (a one-stop portal for functional and pathway enrichment analysis)³⁹. The portal identifies the functional and pathway enrichment based on various databases including the Kyoto Encyclopedia of Genes and Genomes (KEGG), Reactome, and so forth. GO and KEGG pathway enrichment analysis for the predicted target proteins from the compounds were performed using the ToppFun tool in the ToppGene Suite. The default parameters like the probability density function for the p-value scheme and FDR correction were chosen. Gene count >2 and FDR B&H (q value) as 0.01 were selected as the significant cut-off limit for enrichment analysis. Further, the targets were explored to identify their concomitant diseases using DisGeNET (v7.0), which integrates human disease-gene correlations and their variants. Comorbidities associated with RA were filtered out to spotlight the intricacies of the target proteins by involving manifold diseases.

Protein-protein interaction (PPI) network construction

Upholding cellular homeostasis needs a blend of proteins with other molecules including

genes, small particles, and other proteins. A PPI network was ascertained to explicate the connection between the human proteins and their predicted targets, as well as it has loomed as an ideal method for drug discovery⁴⁰. Interacting partners for the target proteins of related ingredients were obtained using the “Search tool for retrieval of interacting proteins” (STRING v11.5), which is a database for constructing a protein-protein interaction network. The species were set as “Homo sapiens” and the interacting proteins retrieved with a confidence score cut-off as >0.8, which ensures to be reported through experiments and databases were only considered for the analysis. The networks were then constructed, visualized, and further analyzed using Cytoscape v3.8.2⁴¹.

Hub protein identification and cluster analysis

In the PPI network, each node specifies a target protein and an edge specifies the interaction between the target proteins. Hub proteins are highly influential proteins having high interaction with a large number of partners that could play a crucial role in disease progression. The highly influential proteins from the constructed network were analyzed through the cytoHubba⁴² plugin of Cytoscape for computing the topological metrics such as degree centrality (t), betweenness centrality (CB), closeness centrality (CC) and maximal clique centrality (CMC) measures.

Degree centrality (t), indicates the number of interactions upon by a node or the edges connected with other nodes in the network and assists in calculating the node impact in regulating the network.

$$\text{Degree centrality } (t) = \sum_{v \in T_u} x(u, v) \quad \dots(2)$$

where T_u represents the node-set comprising all the neighbors of node u , and $x(u, v)$ denotes the edge weight connecting node u along with node v .

Betweenness centrality (CB) calculates the number of times a node tumbles on the shortest path with other neighboring nodes. It depicts a node's competency to regulate the signal processing and data drift in the network.

$$C_B(u) = \sum_{t \neq u \neq g} \frac{\sigma_{tg}(u)}{\sigma_{tg}} \quad \dots(3)$$

where $\sigma_{tg}(u)$ represents the number of interactions from t to g that passes through u , and σ_{tg} is the sum of all the interactions between node t and g .

Closeness centrality (CC) measures the distances of all the shortest paths from one node to all the other nodes in a network. Therefore, that highest centrality is nearer to the other nodes. It is measured as

$$C_c(y) = N / \sum_z d(z,y) \quad \dots(4)$$

where $d(z,y)$ denotes the distance between y and z nodes and N is the number of nodes in the network.

Maximal clique centrality (CMC) measures the level of the highly modular nodes in the complex network by identifying a large number of vertices (clique in a graph) within a network and a larger number of links between these vertices. It is represented as

$$C_{MC}(u) = \sum_{C \in S(u)} (|C| - 1)! \quad \dots(5)$$

where $S(u)$ represents a collection of maximal cliques which consist of u , and $(|C|-1)!$ is the multiplication of all positive integers $<|C|$. In case, there is no edge between the neighbors of node u , then $C_{MC}(u) = \text{degree}$.

Further, clusters or topology modules of the PPI network signify the highly interconnected regions, which render to reflect molecular biological functions and essential protein progressions. In our network pharmacology study, highly interconnected regions in the PPI network were filtered by the MCODE (Molecular Complex Detection) plugin to identify the densely interconnected regions. MCODE with the node cut-off = 0.2, fluff-density cut-off = 0.2, K-core = 2, and a max-depth = 100 was initialized as advanced options.

Pathway mapping

We have explored all the RA pathways associated with the highly influential proteins; they were impelled by the multifaceted disease via modulating certain pathways. The obtained hub proteins along with their correlated bioactive compounds were investigated by mapping onto the pathways that are closely related and regulating

the disease progression with the help of extensive literature studies manually.

Validation of compound-target interaction

Molecular docking technology toils based on the ‘‘Lock-Key principle’’ to predict the small molecule ligands-protein receptors association by calculating the repulsion, spatial effect, hydrogen bonds, molecular flexibility, hydrophobic interaction, and affinity score. The structure of identified hub proteins and the active compounds were retrieved from the Protein Data Bank database (PDB, <https://www.rcsb.org/>) and PubChem database (<https://pubchem.ncbi.nlm.nih.gov/>), respectively. The protein structures were prepared by the addition of hydrogen molecules as well as the removal of water molecules in the receptor. Molecular docking was performed with the selected hub proteins and the ligand using the AutoDock Vina 4.2.6⁴³. Ligand-binding affinities or binding energies between the receptor and ligand molecule were attained as negative Gibbs free energy (ΔG) scores (kcal/mol). The interactions of the post-docking/docked complex were visualized by Discovery Studio Visualizer. Ultimately, the potent inhibitor has been prompted from the docked complex according to the hydrophobic interaction, hydrogen bond and binding score for RA treatment.

RESULTS

Screening of active compounds in BDK

A total of 205 BDK ingredients were obtained after structural confirmation and removal of duplicates. Further, screening was performed based on OB, DL and ADMET-related parameters, which obtained 57 compounds and the same is listed in Table.1, including 9 AMs, 1 AI, 6 CDs, 2 DGs, 2 GAs, 3 OIs, 1 PC, 7 PVs, 1 SA, 10 SCs, 6 SCFs, 1 SCO, 2 SSs, 2 TTs, and 6 VJs. The IDs of the molecules that were distributed by 2 or 3 medicinal herbs were indicated accordingly. The average QED value of the 57 compounds was 0.604. 57 compounds had a QED value = or > 0.49 and < 0.6; only biochanin A (OI) had a higher QED value than 0.8, which was 0.88.

Construction of compound-target (C-T) network

The construction of a compound-target network (C-T) helped us to highlight the

inter-relation of the BDK active ingredient and the respective candidate target. After idleness elimination, the C-T network was obtained by connecting 57 compounds and 377 protein targets. The network consisted of 434 nodes and 814 edges with an average degree of 3.75 nodes per target and 18.27 edges per compound (Fig. 1), suggesting that a target could be common to multiple compounds, including synergistic action of BDK active ingredients. As exposed in this network, the degree value of cryptomeridol, 1,1-diethoxy-3-methyl butane, deodarone, nerolidol and coumaran were 37, 30, 30, 26 and 25, respectively, and they interact with many protein targets. This could justify the pleiotropic effects revealed by the active ingredients of BDK according to the prime positioning in the network.

Functional and pathway enrichment transcripts of targets

GO enrichment analysis was performed on the 377 targets to understand the biological functions involved in it, using three functional classes such as biological process (BP), cellular component (CC) and molecular function (MF). Ultimately, 2416 BPs, 230 CCs, and 367 MFs were enriched among the potential targets. The

top 20 significantly enriched GO terms within BP, CC and MF were displayed in Tables 2, 3, and 4. BP was predominantly related to response to oxygen-containing compounds, response to nitrogen compounds, regulation of cell death, regulation of cell communication, and so forth. CC was mainly intricate in membrane stack, membrane switch, and membrane region. MF was associated with neurotransmitter receptor activity, signaling receptor activity, amino acid binding, oxidoreductase activity and so forth.

Furthermore, KEGG enrichment analysis was performed to identify the pathways impacted substantially by BDK and the top ones were TNF signaling pathway, MAPK signaling pathway, IL-17 signaling pathway, PI3K-Akt signaling pathway, rheumatoid arthritis, apoptosis and so forth. Among the top 20 highly enriched pathways, seven were directly related to the inflammatory condition in RA including the HIF-1 signaling pathway, TNF signaling pathway, IL-17 signaling pathway, PI3K-Akt signaling pathway, MAPK signaling pathway, NF- κ B signaling pathway, and JAK-STAT signaling pathway. BDK may probably endeavor an anti-arthritis effect mainly over modulating

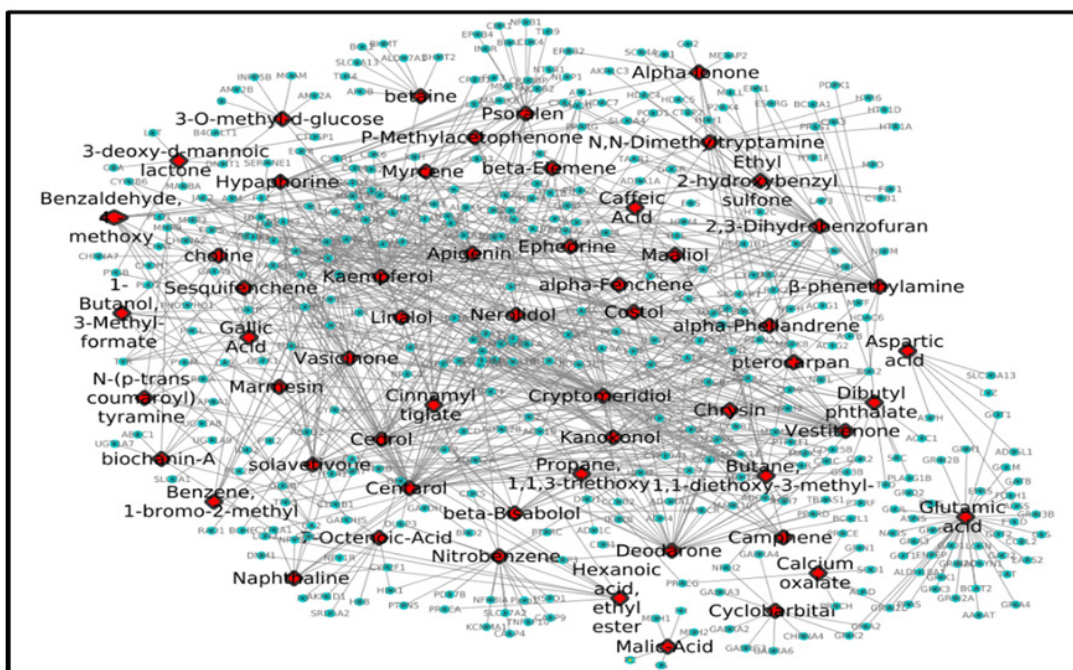


Fig. 1. Compound-Target (C-T) network connecting 57 compounds and 377 protein targets. The red diamond represents the compounds and the turquoise green circle denotes the corresponding protein targets

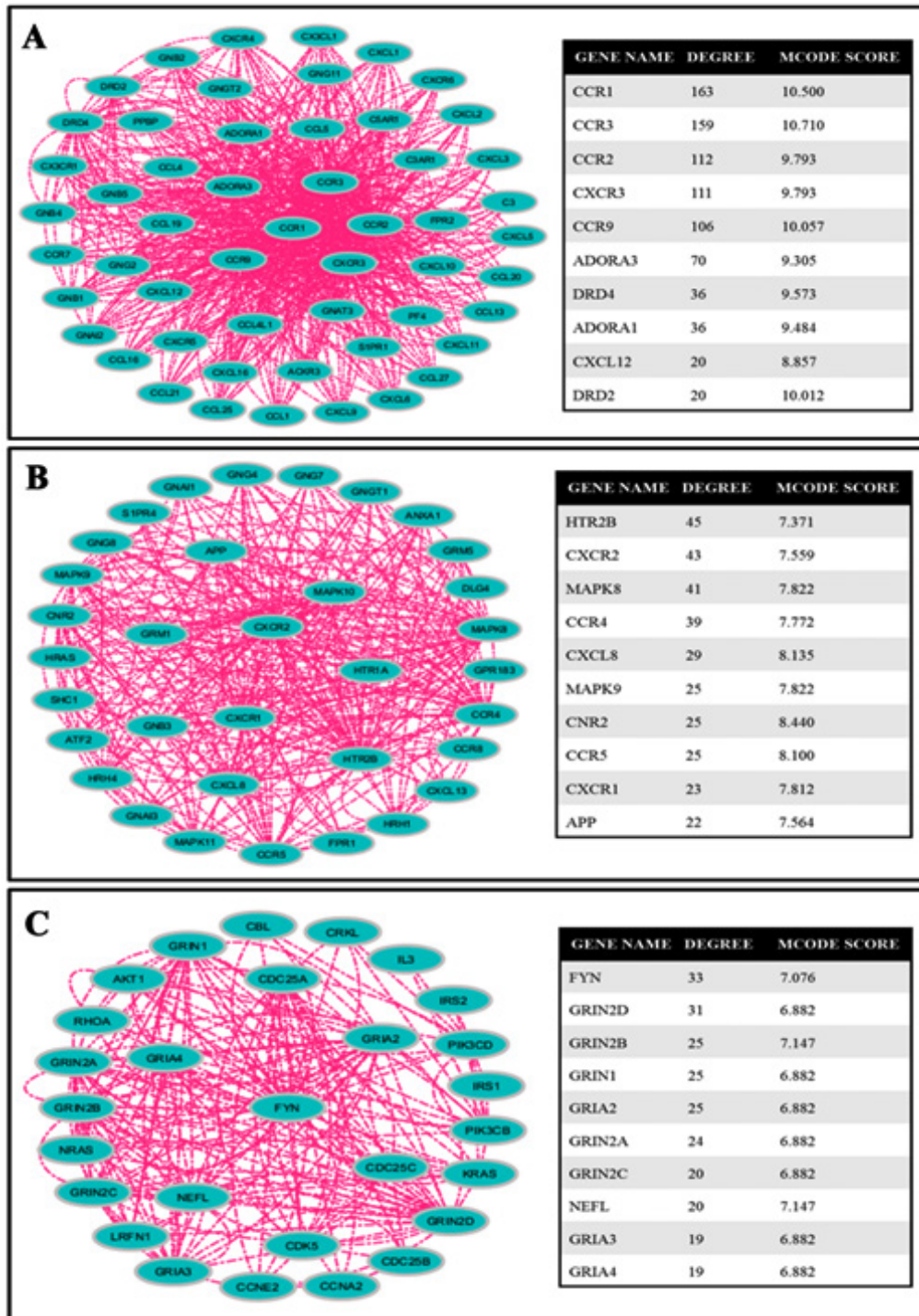


Fig. 2. Clustering module analysis on the PPI network by MCODE. Nodes are displayed in turquoise green and the edges in pink colour. A) Module 1 containing highest cluster score having interacting proteins of the hub targets. B) Module 2 having the second highest score with 1 hub protein (CXCL8). C) Module 3 with third highest cluster score by incorporating 1 hub protein (FYN)

inflammation, which could be validated by in vitro and in vivo experiments.

Targets diseaseome – concerning RA with its comorbidities

Rheumatoid arthritis is recurrent manifold-syndromic and therefore influences the chances of having associated diseases coupled with its manifestations. Our dataset of BDK target proteins was traced for its association and was delivered with 198 different diseases, which were further categorized into four groups rheumatoid arthritis, RA-associated diseases (heart diseases, diabetes, joint pain, and irritable bowel disease (IBD)), autoimmune diseases (Lupus erythematosus, celiac disease, Sjogren's syndrome, multiple sclerosis and Addison disease) and other diseases (hepatitis, cancer, thyroid diseases, leprosy, Alzheimer disease, atherosclerosis and Gaucher disease). The categorization identified 136 targets

possibly responsible for rheumatoid arthritis, 71 targets for RA-associated diseases, 172 targets for autoimmune diseases, and 292 targets for other diseases, respectively.

PPI analysis and revelation of highly influential proteins

To meticulously comprehend the mechanism of action of BDK on rheumatoid arthritis, the interplay and crosstalk between proteins must be elucidated. The PPI (T-IP) network aids in the discernment of the biological activities of the cell and its interior and exterior response to the environment. Therefore, the PPI network of 377 putative therapeutic targets and the interacting partners (PPI data) which were obtained from the STRING database was constructed. The PPI network was constructed using Cytoscape and composed of 377 nodes and 3992 edges with a clustering coefficient estimated to be 0.302. Subsequently, the topological parameters of the network were analyzed using NetworkAnalyzer and illustrated in Table 1. Based on different algorithms such as high centrality measures like MCC, degree, closeness and betweenness in the cytoHubba plugin of Cytoscape, the top 20 hub proteins were identified in each category as illustrated in Table 2. A total of 4 hub proteins commonly occurred almost in three categories implying their prominence in sustaining the highly interconnected structure and interaction. The commonly appeared hub proteins were MAPK1, MAPK14, FYN, and CXCL8 which are

Table 1. Topological parameters of the T-IP network

Topological parameters	Comprehended values
Number of nodes	377
Number of edges	3992
Clustering co-efficient	0.302
Network density	0.002
Characteristic path length	4.987
Average number of neighbors	6.702

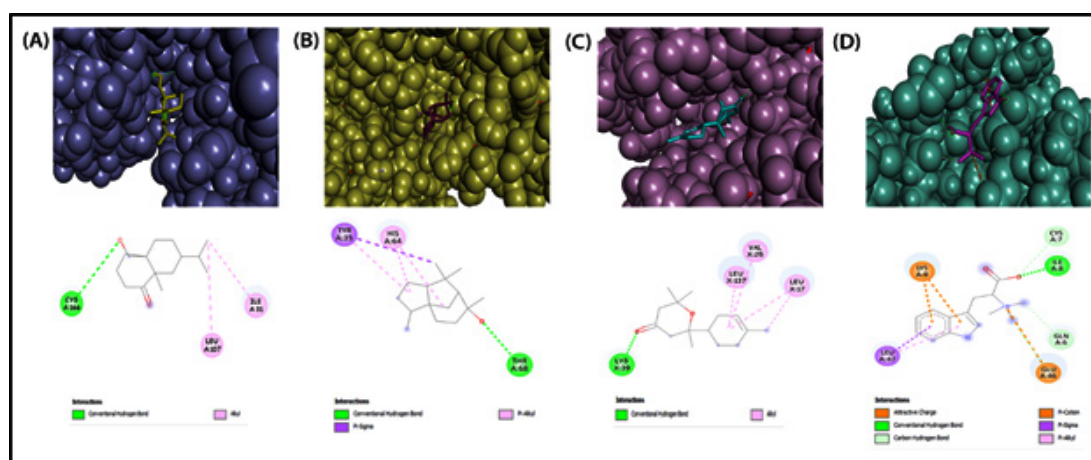


Fig. 3. Two-dimensional and three-dimensional view illustrates the docking results of hub proteins and their corresponding active compounds. A) MAPK1 (PDB ID: 3W55) – kanokonol, B) MAPK14 (SETI) – cedrol, C) FYN (PDB ID: 2DQ7) – deodarone, D) CXCL8 (PDB ID: 5D14) – hypaphorine

Table 2. The top 20 highly influential proteins (common between at least 3 – highlighted in bold) identified using distinct algorithms of CytosHubba plugin

Terms	Degree	Betweenness		Closeness		MCC	
	Score	Terms	Score	Terms	Score	Terms	Score
PPARA	1187	PPARA	1174870.293	MAPK3	1516.33333	CCR2	40901508
PTPN1	865	MAPK14	960585.1948	MAPK1	1491.96667	CXCR3	40857927
MAPK14	853	MAPK1	725003.9293	AKT1	1480.71905	CCR5	40712592
JAK2	765	HIF1A	704480.7551	MAPK14	1476.13571	CCR3	39850964
JAK1	761	TP53	678181.2047	STAT3	1475.56667	CXCR2	39513387
PARP1	755	MDM2	601992.2102	PIK3CA	1465.51667	CXCL8	38540127
HIF1A	732	CXCL8	568776.8803	JUN	1465.3	CXCR1	37922604
JAK3	636	CDK2	542526.8383	NFKB1	1461.7	CCR9	27105305
ESR1	538	GAPDH	536164.1021	SRC	1457.93571	CCR1	20743064
CDK2	524	PTGS2	520864.4916	TP53	1457.23333	CCR4	19162491
PTGS2	457	AKT1	513678.1772	CREBBP	1452.16905	ADORA3	13848675
ALOX5	448	HSPD1	491127.8147	NR3C1	1445.51667	GRIN2A	2993139
MAPK1	420	ESR1	491100.5705	FOS	1433.08333	GRIN1	2993112
PTGS1	395	STAT3	490452.6036	MAPK11	1430.26905	GRIN2D	2993064
MAPK8	390	CREBBP	480520.6511	TNF	1420.9381	GRIN2C	2993064
EGFR	381	SRC	473425.1257	IL2	1420.88333	GRIA3	2989139
IL2	357	FYN	459267.1117	FYN	1419.76667	GRIA4	2989130
MMP9	342	NR3C1	456976.7236	NFKBIA	1411.80238	GRIA2	2984050
FYN	338	MAPK3	451730.9712	CXCL8	1409.63571	GRIN2B	2912542
PTPN2	333	EPRS	425404.4823	PDPK1	1406.65	NEFL	2906643

Table 3. The binding affinity and interactions of selected top hit hub proteins docked with potential phytocompounds of Badradarvadi concoction

S. No.	Target	Compound/ Ligand	Pub Chem Id	Binding affinity (kcal/Mol)	No. of Hydrogen bonds
1	MAPK1 (PDB ID: 3W55)	Alpha-Phellandrene	7460	-6.1	0
		Caffeic acid	689043	-6.1	0
		Cryptomeridol	165258	-6	1
		Ephedrine	9294	-6	1
		Kanokonol	46173905	-6.6	1
		Linalol	6549	-5.7	0
2	MAPK14(PDB ID: 5ETI)	Alpha-Phellandrene	7460	-6.1	0
		1,1-diethoxy-3-methylbutane	19695	-5	1
		Cedrol	65575	-7.1	1
		Cryptomeridol	165258	-6.2	0
		Deodarone	14657303	-7	1
		2,3-Dihydro-Benzofuran	10329	-5.5	0
		Kanokonol	46173905	-6.7	1
		Nerolidol	5284507	-5.7	1
3	FYN(PDB ID: 2DQ7)	Deodarone	14657303	-7.5	1
		Ephedrine	9294	-5.9	1
		Alpha-Phellandrene	7460	-5.9	0
4	CXCL8(PDB ID: 5D14)	Hypaphorine	442106	-6.5	1
		2,3-Dihydro-Benzofuran	10329	-5.5	0

highlighted in Table 2. Moreover, the mainstream of the hub proteins was found to be actively engaged in the regulation of cell proliferation, response to cytokine and chemokine, immune and inflammatory response, kinase activity, cell-cell signaling, stress-activated protein kinase signaling cascade, and transcription factor binding.

The clustering modules were ascertained from the PPI network consisting of 377 proteins (nodes). Using the MCODE plugin for cluster analysis, the top three highly interconnected sub-networks (modules) were obtained from the main network based on the clustering score, each one was autonomous of the others and exerted a distinctive task. Notably, interacting partners of interlinked hub proteins (MAPK1 and MAPK14) were observed in the first module with a clustering score of 11.808 (Fig.2A), the second module with a cluster score of 7.576 containing the interconnected hub protein CXCL8 (Fig.2B), whereas the third module with a cluster score of 7.037 including the connected hub protein FYN (Fig.2C). These three highly interlinked modules again highlight the significance of hub proteins in the global network structure and are enriched in topmost ontologies including response to cytokine and chemokine, immune and inflammatory response, cellular response to endogenous stimuli, protein kinase activity, and cell-cell signaling.

Mapping the connectivity to design a molecular roadmap

The hub proteins identified from the dataset were mapped with RA-related pathways including MAPK signaling, CXCL8-CXCR1/2 axis, toll-like receptor signaling and NF- κ B signaling cascades along with their associated bioactive ingredients to target the molecules promoting disease progression. Among the highly influential proteins, CXCL8 plays a pleiotropic role in immune-inflammatory response related to disease pathogenesis through several pathways including MAPK and NF- κ B signaling pathways. Involvement of other hub proteins like MAPK1, MAPK14, and FYN was found to play a crucial role in regulating the production of pro-inflammatory cytokines including TNF- α , IL-1 β , IL-6 and IL-17, which ultimately promotes synovial hyperplasia, inflammation and bone erosion.

Validation of molecular docking

To validate the network pharmacology

prediction results, we employed AutoDock Vina to assess the physical interaction between the hub proteins and prime active ingredients of BDK. The hub proteins along with their interlinked bioactive compounds were selected from the network analysis to identify the binding activity. The binding potency between the compound and the protein was indicated as the lower the binding energy ($>$ negative value), the higher the binding ability. The calculated binding energies between the bioactive compounds and their corresponding proteins were displayed in Table 3. The binding energy of kanakonol with MAPK1, cedrol/cryptomeridol with MAPK14, deodarone with FYN, and hypaphorine with CXCL8 was the least and their score was -6.6 kcal/mol, -7.8 kcal/mol, -8.8 kcal/mol, and -6.5 kcal/mol, respectively (Fig. 3), which suggests that these compounds could have a strong binding affinity towards their target proteins.

DISCUSSION

From the standpoint of traditional pharmacology, TIM patterns are just too intricate and extensive to comprehend. However, systems pharmacology-based strategy consents this issue to be tackled. Herbal decoctions also consist of several active ingredients that encounter a wide range of biological targets implicated in disease pathogenesis. First-ever, the present study executes a systems pharmacology approach to meticulously unveil the mechanism of action of BDK decoction (Ayurveda formulation) against RA. A total of 205 compounds were retrieved from various databases including TCMSP, UNPD, and Dr. Duke's Phytochemical and Ethnobotanical Databases and we screened out 57 compounds that were found to possess OB, DL and ADMET properties. Among the 57 active compounds, six compounds including nerolidol^{44,45}, alpha-phellandrene⁴⁶, camphene, coumaran, myrcene and naphthalene⁴⁷ exhibit diverse biological activity including anti-inflammatory, anti-oxidant, promoting immune responses, and induces mitochondrial apoptosis. Evidence also showed that some other compounds like camphene and myrcene are reported to have anti-inflammatory and antioxidant activities¹⁹. Interestingly, they also exhibited promising therapeutic impacts on rheumatoid arthritis. For

instance, Zou revealed that α -elemene could be efficient in stimulating mitochondrial apoptosis of rheumatoid arthritis fibroblast-like synoviocytes (RA-FLS), which is regulated via the initiation of ROS production and activation of p38 MAPK signaling⁴⁸. Hence, these compounds must be given high priority while exploring natural products, which can attenuate the rheumatic condition for further investigation.

To comprehend intuitively the potential mechanism of BDK, a PPI network was constructed for 377 targets, to represent the interplay link between the proteins. The top 20 hub proteins were screened out by investigating each topological attribute in the PPI network. The frequently occurring 4 highly influential proteins MAPK1, MAPK14, FYN, and CXCL8 were recognized, which could play a crucial role in BDK-mediated alleviation of the rheumatic condition. MAPK1 (ERK2) and MAPK14 (p38 α) are the key members of the mitogen-activated protein kinase (MAPK) family^{49,50}. These proteins are involved in various events including regulation of cell proliferation, cell differentiation and apoptosis, triggering growth factors and pro-inflammatory cytokines, and may initiate ERK signaling pathway, subsequently related to the chronic inflammatory response^{51,52}. In the tissues of damaged joints, MAPKs are implicated in the downstream IL-1, IL-17, and TNF- α receptors signaling cascade as well as regulate the production of the pro-inflammatory cytokines⁵³. ERK2 (MAPK1) controls the generation of TNF- α , IL-23, IL-12, and IL-6 in lipopolysaccharide (LPS) induced macrophages⁵⁴. It also regulates the COX-2-dependent PGE2 production owing to the release of epidermal growth factor in RA-FLS of patients⁵⁵. MAPK14 (p38 α) are predominantly activated by several inflammatory cytokines (IL-1 α , TNF- α , IL-8, IL-6, MMP1 and MMP3) and modulate their expression that consequently plays a critical role in immune-inflammatory response related to autoimmune diseases^{56,57}. In the inflamed joint tissues, IL-1 α and TNF- α arbitrate p38-MAPK-dependent production of IL-6, IL-8, and receptor activator of nuclear factor- κ B ligand (RANKL) in osteocytes and stroma cells of bone marrow, which eventually promote cartilage and bone degradation⁵⁸.

Among the highly influential proteins, CXCL8 (IL8) is one of the most extensively

studied chemokines, released by various cell types such as macrophages, monocytes, fibroblasts and T lymphocytes^{26,59}. CXCL8 is activated by several factors including cellular stress, lipopolysaccharide⁶⁰, bacterial particles⁶¹, as well as by various cytokines (IL-1 α , TNF- α , IL-6, interferon- γ , and so forth) (60). CXC chemokine receptors type 1 (CXCR1) and type 2 (CXCR2) are members of the G protein-coupled receptors (GPCR) family, which have a strong affinity for CXCL8⁶². The CXCL8-CXCR1/CXCR2 axis has a pleiotropic role in the immune response including upregulation of granulocytes and neutrophils towards the inflammation site⁶³, tending to pathogen elimination that results in high severity and chronic inflammatory immune response and tissue destruction and thus plays a vital role in all types of inflammatory disorders, for instance: arthritis⁶⁴, bacterial infections^{65,66}, sepsis⁶⁷, ulcerative colitis⁶⁸, and so forth. The CXCL8-CXCR1/CXCR2 axis also pertains to regulating angiogenesis, cell migration and immune cell infiltration during chronic inflammation^{46,69}. The production of CXCL8 is intimately connected to the MAPK signaling pathway. ERK and JNK promote CXCL8 gene transcription via stimulating activating protein-1 (AP-1), a transcription activator primarily comprised of Jun and Fos proteins. The MAPK signaling pathway activates c-Jun and c-fos transcription factors, facilitating the translocation into the nucleus to create AP-1, which interacts with DNA target sequences and further promotes CXCL8 transcription. Subsequently, this leads to the regulation of cellular processes including migration, differentiation, proliferation, apoptosis, stress, and inflammation reaction^{70,71}. Another hub protein Fyn regulates the various cellular functions including cell adhesion, survival, growth, motility, cytoskeletal remodeling and T-cell receptor signaling, which are immensely stretched to several pathological conditions. Fyn also upregulates the pro-inflammatory cytokines in macrophages, mast cells, and natural killer cells, which enhances the immune response that aggravates inflammatory disease conditions. Mkaddem revealed that downregulation and chronic activation of immunoreceptor tyrosine-based activation motif (ITAM)-containing immunoreceptor has been reported to be responsible for autoimmune and inflammatory disorders.

ITAM present in the aggregated immunoreceptors can be phosphorylated by Fyn kinase⁷². Taken together, these recognized highly influential proteins, contribute to the explicit or implicit effect associated with MAPK signaling cascade on inflammation-induced arthritis, thus proving the rationale of the network pharmacology prediction outcomes.

We noted that the identified hub proteins are associated with rheumatoid arthritis and other inflammatory diseases, mediated by several pathways including TNF signaling pathway, IL-17 signaling pathway, toll-like receptor signaling pathway, IL-8 mediated signaling events and NOD-like receptor signaling pathway to name a few. The corresponding compounds of hub proteins or the synergistic effect of the compounds such as alpha-phellandrene, caffeic acid, cryptomeridol, kanokonol, cedrol, deodarone, hypaphorine and nerolidol, present in BDK decoction could facilitate the attenuation of rheumatic disease condition through the regulation of inflammatory-related pathways. Yangxinshi tablet was investigated to be efficient and reliable as a cardiovascular nourishing agent when administered at the time of cardiac arrest and enhances the immunological system [20]. Likewise, Zhang also established the protein interaction network of the potential targets of Wutou decoction as well as RA-associated targets by maintaining the coordination between immune and endocrine systems⁷³. Therefore, multi-component herbal medicine is likely effective in managing the inflammatory disorders like rheumatoid arthritis primarily through two mechanisms: induction of immunomodulatory agents (like MAPK1, MAPK14, CXCL8, FYN) which inevitably assist in advancing the innate and adaptive immune system, and in the interim, regulation of pro-inflammatory mediators (like TNF- α , IL-1 β , IL-6, IL-17, IL-8, COX-2) and inflammatory cytokines by herbal ingredients will possibly assist in reducing inflammation. In the future, the predicted targets and anti-inflammatory mechanism of BDK need to be validated along with their biological process and molecular function by a more comprehensive wet-lab experiment.

CONCLUSION

This study for the first time elucidated the

therapeutic mechanism of BDK against rheumatoid arthritis using network pharmacology approach employing multiple bioinformatic tools. We identified 57 active ingredients of BDK effective against RA and MAPK1, MAPK14, FYN and CXCL8 were identified as crucial proteins that are involved in the main signal transduction pathway of the disease like MAPK signaling cascade, CXCL8-CXCR1/CXCR2 axis and TNF signaling pathway which were targeted by BDK to employ its anti-inflammatory and anti-apoptotic effect on RA. Our study offers theoretical support for the pharmacological basis and clinical application for future research, wherein the results of which would support and validate our study-derived conclusion.

ACKNOWLEDGEMENT

The authors are grateful to the management of VIT for providing the facilities to carry out this research work.

Funding support

The authors received no specific funding for this work.

Authors' contributions

Mohamed Thoufic Ali A M: performed experiments and wrote the manuscript. Vino S: conceptualized and designed the work, formal analysis, writing – review & editing.

Conflict of interest

The authors declare that there is NO conflict of interest.

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