Assessment of Dose Dependent Toxicity of Meloxicam in *Gallus Domesticus*

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The main objective of the study was to investigate long term use of meloxicam on avian species especially on Gallus domesticus. Animals were divided into 4 groups each having 5 animals. Group I was control and was fed normal diet (maize, grains and millet). Group II was treated with low dose of meloxicam for 15 days. Group III was treated with low dose of meloxicam for 30 days. Group IV was treated with low dose of meloxicam for 60 days. The effect was studied specially on hepatic and renal functions. Meloxicam was given at low dose (0.1 mg/kg body weight) to treatment groups for 15, 30 and 60 days. For biochemical estimation blood and serum were collected by sacrificing animals. Tissues of vital organs were fixed for histological examination. Long term administration of meloxicam cause variation in liver and kidney functioning. No significant change was observed in organ weight of treated groups as compared with control. No significant changes were observed in treated groups as compared to control in hematological parameters, biochemical parameters and lipid profile except SGOT, SGPT and alkaline phosphate in these parameters significant increase was observed. Significant changes were also observed in antioxidant analysis of treated groups as significant increase was observed in LPO and significant decrease in FRAP concentration was observed which signifies the results of histological changes especially in kidney and liver. Changes in histology of treated groups showed effect on kidney and liver as reduction (shrinkage) in glomerulus size and changes in histoarchitecture of central vein in liver of treated group was observed as compared to control group other histological examinations were normal. From results this can be concluded that long term low dose treatment of meloxicam has altered the histoarchitecture of liver and kidney of Gallus domesticus.

Keywords: Gallus domesticus; Meloxicam; NSAIDs (Non steroidal anti-inflammatory drugs).

Anti-inflammatory, analgesic, and antipyretic properties are beneficial properties of NSAIDs (Non steroidal anti-inflammatory drugs). Besides these important benefits these are associated with various adverse effects such as increased complications in gastrointestinal functions, high renal failure incidences i.e. renal adverse drug reactions (ADRs), Interstitial nephritis, acute renal failure, Nephritic syndrome, tubular necrosis, inflammatory bowel disease, heart failure risks. In totality the NSAIDs are associated with major effects on kidney and liver. Therapeutic activities of majorly used Nonsteroidal anti-inflammatory drugs (NSAIDs) are associated with the inhibition of cyclooxygenase (COX) enzyme, which is involved in the production of prostaglandin¹. The inflammatory drugs are following their mechanism of action through inhibition of COX-1(cyclooxygenase-1), COX-2 and linked pathways².

Anti-inflammatory properties of NSAIDs by which they derive their mechanisms of action

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such as - reduction of superoxide radicals, induction of apoptosis, inhibition of cell adhesion molecule expression, reduction in pro-inflammatory cytokine levels, decrease of nitric oxide synthase, (tumor necrosis factor-á, interleukin-1), alteration of cellular membrane functions and modification of lymphocyte activity³. Recently, reported in several studies and claims that a major threat to avian fauna is the toxicity caused by inflammatory drugs and one such drug which is responsible for the declining population of vultures is diclofenac ^{4, 5}. Several evidences support that the veterinary drug diclofenac is major reason behind the collapsing population of Gyps vulture species which is endemic to south Asia⁶⁻⁸. For managing inflammation in injury, diseased livestock and managing pain in India, Pakistan and Nepal a non-steroidal anti-inflammatory drug (NSAID) is routinely used i.e. Diclofenac7. Livestock carcasses which are shortly before death treatment with drug when such carcasses are consumed by vultures than they are exposed to diclofenac and consumption of such contaminated tissues with diclofenac cause the death of vulture within few days of their exposure to the drug. Extensive visceral gout is the clinical sign which is observed in the dead bodies of vultures. In experimentally dosed and wild vulture population high proportion of diclofenac residues and clinical signs have been found⁷⁻⁹. A safer candidate to replace diclofenac is meloxicam¹⁰. Nowadays most commonly used NSAIDs are certainly meloxicam because of its lesser side effects and greater COX-2 selective activity for example-gastrointestinal ulceration, renal function impairment and inhibition of platelet function¹¹.

The current study was assigned to evaluate comparative sub-chronic toxicity of different days of treatment of meloxicam against a specific dose in *Gallus domesticus* animal model for vulture. The current experimentations were designed to evaluate comparative toxicity or adverse effects of meloxicam drug which is routinely used for pain relaxation or post-operative activities. The assessments were made based on body-weight alteration, serum biochemical changes, lipid profile, hematological parameters, antioxidant tests and histopathology. The main adverse effects were reported that NSAIDS primarily target the renal and hepatic tissues through degenerative changes and apoptic activities. Therefore, the serum biochemical parameters were also emphasized to assess alteration of renal and hepatic function assessment parameters along with enzymatic antioxidant status.

MATERIALS AND METHOD

Experimental animals and Dose regime

The six-week broilers (*Gallus domesticus*), weighing approximately 1.5 ± 0.2 kg were used as an experimental animal model, were purchased from Sagar poultry farm Jodhpur, Rajasthan and were acclimatized for a week in spacious cages under controlled conditions of an environment (i.e. 12 hours light/dark cycle with 23°C temperature). Animals were supplemented with grain food and water. All the experimental work was confirmed by the Institutional Animal Ethical Committee (IAEC NO. 1646/GO/ERe/S/19/CPCSEA).

Meloxicam was administered intramuscular for the different duration and the dose of meloxicam was estimated by the $LD_{50}30$ test i.e. 0.1mg/kg body weight.

Experimental Design

Healthy and adult broilers were randomly divided into four groups each having five broilers. Group 1: Vehicle control treated with distilled water.

Group 2: Meloxicam intra-muscular treatment at the dose of 0.1 mg/kg body weight for 15 days. Group 3: Meloxicam intra-muscular treatment at the dose of 0.1 mg/kg body weight for 30 days. Group 4: Meloxicam intra-muscular treatment at the dose of 0.1 mg/kg body weight for 60 days.

Criteria of Observation

After the completion of the experimental period, 24 hours fasted experimental broilers were autopsied under prolonged ether anesthesia. Through direct heart puncture blood sample was collected, some amount of blood sample was stored in EDTA vials for the estimation of hematological parameters and the rest of the blood sample was used for serum separation. Serum was separated by using a centrifuge and for biochemical assessments; serum sample was stored at -20°C. For histological study organs like the heart, kidney, liver, and small intestine were removed, rinsed, weighed, and fixed in 10% formalin.

Estimation of Hematological Parameters

Hematological parameters such as HB, TRBC, HCT, MCV, MCH, MCHC, RDW, TLC, PLT, MPV, and PDW were determined by the standard protocols^{12, 13}.

Estimation of Serum Biochemistry

The assessment of biochemical parameters like SGOT, SGPT, ALP, and lipid profile was done by using the standard commercial kit method.

Antioxidant Analysis

For the determination of LPO (serum lipid peroxidation) TBARS (thiobarbituric acid reactive substances) was measured that is expressed in the content of MDA (malondialdehyde) by using Ohkawa method¹⁴. The activity of catalase was determined by using the method of Aebi¹⁵. The method of Marklund and Marklund¹⁶ was used for the estimation of SOD (superoxide dismutase) activity and the assay of FRAP (ferric reducing antioxidant power assay) was performed by using the method of Benzie and Strain¹⁷. The level of GSH (reduced glutathione) was estimated by using Beutler's method¹⁸.

Histopathology

The tissues of liver and kidney were obtained from autopsied experimental broilers and were fixed in 10% formalin and then dehydrated gradually by using a series of ethanol and embedded in paraffin wax. Sections of embedded tissues of liver and kidney were cut at the 5-im thickness and then using hematoxylin and eosinstained slides were prepared which was observed under the microscope.

Statistical Analysis

The results obtained from the body and organ weight and biochemical analysis were mentioned in mean \pm standard error of the mean (SEM) and for the evaluation of statistical variances one-way analysis of variance (ANOVA) and post hoc mean separation tests were used.

RESULTS AND DISCUSSION

Non steroidal anti-inflammatory drugs (NSAIDs) have been used to reduce inflammation and pain for many years. In mid of 1990s most commonly used anti-inflammatory drug diclofenac, which is banned nowadays is responsible for drastic decline in the population of vultures because they consumed the carcass of diclofenac-treated animals¹⁹. Many other NSAIDs like meloxicam, flunixin, ibuprofen, carprofen, ketoprofen, aceclofenac, and phenylbutazone are currently used in veterinary practices²⁰. Meloxicam chemically known as 4-hydroxy-2-methyl N-(5-methyl-2thiazolyl)-2H-1,2-benzothiazine-3- carboxamide-1,1-dioxide is a member of NSAIDs that has an enolic acid group. The present study was carried

 Table 1. Body and organ weight of different duration dependent dose of Meloxicam treated Gallus domesticus

Treatment groups		Body weight (kg) Initial Final-		Liver Kidney (gm/kg body weight			ney veight) –	Heart
Group I(Intact Control) Group II(0.1 mg-15 days) Group-III(0.1 mg-30 days) Group-IV(0.1 mg-60 days)		1.07±0.31 1.35±0.14 1.62±0.21 1.45±0.27	1.27±0.3 1.39±0.2 1.64±0.0 1.81±0.2	35 24.82± 24 23.33± 28 21.11± 26 26.06±	24.82±0.67 6 23.33±0.89 d 6 21.11±1.38 a 6 26.06±0.41 a 7		:0.17 0.57 ^d 0.21 ^d 0.33 ^b	5.87±0.38 5.78±0.35 ^d 4.94±1.43 ^d 5.36±0.21 ^d
Table 2. Lipid profile of different duration dependent dose of Meloxicam treated Gallus domesticus								
Treatment groups	Total- C (mg/dL)	HDL-C (mg/dL)	LDL-C (mg/dL)	VLDL-C (mg/dL)	Triglyc (mg/c	glyceride TC/HD mg/dL)		L LDL/HDL
Group I (Intact Control)	145.4 ±7.66	36.8 ±1.30	66.2 ±1.66	21.05 ±1.36	71.8 ±	1.31	3.94 ±0.2	23 1.79 ±0.40
Group II (0.1 mg-15 days)	152.58 ±5.60 ^d	39.2 ± 1.58 ^d	92.98 ±1.93 °	20.4 ± 1.09 ^d	70.57 ±	1.15 ^d	3.80 ± 0.4	5 ^d 1.64 ±0.44 ^d
Group-III	154.9 ±2.44 ^d	34.22 ± 1.54 ^d	97.42 ±1.13 °	24.26 ±1.06 ª	75.2 ±1	.46 ª	4.52 ±0.4	3^{d} 2.84 ±0.43 ^a
Group-IV (0.1 mg-60 days)	177.17±7.98 ^b	39.23±2.55 d	102.08 ±3.78 °	35.86 ±1.14 °	78.52 ±	1.16 ^b	4.51 ±1.1	2^{d} 3.49 ±0.34 b



Fig. 1. Effect of 0.1 mg/kg body weight meloxicam treated *Gallus domesticus* on SGOT (U/L). Data was expressed in terms of Mean ± SEM. Column Bars are with error bars representing SEM of Mean



Fig. 2. Effect of 0.1 mg/kg body weight meloxicam treated *Gallus domesticus* on SGPT (U/L). Data was expressed in terms of Mean \pm SEM. Column Bars are with error bars representing SEM of Mean



Fig. 3. Effect of 0.1 mg/kg body weight meloxicam treated *Gallus domesticus* on ALP (U/L). Data was expressed in terms of Mean ± SEM. Column Bars are with error bars representing SEM of Mean



Fig. 4. Effect of 0.1 mg/kg body weight meloxicam treated *Gallus domesticus* on LPO (nM MDA/ mg protein). Data was expressed in terms of Mean ± SEM. Column Bars are with error bars representing SEM of Mean



Fig. 5. Effect of 0.1 mg/kg body weight meloxicam treated *Gallus domesticus* on SOD (U/mg protein). Data was expressed in terms of Mean ± SEM. Column Bars are with error bars representing SEM of Mean



GSH (µM GSH/mg protein)

Fig. 6. Effect of 0.1 mg/kg body weight meloxicam treated *Gallus domesticus* on GSH (μ M GSH/mg protein). Data was expressed in terms of Mean \pm SEM. Column Bars are with error bars representing SEM of Mean



Fig. 7. Effect of 0.1 mg/kg body weight meloxicam treated *Gallus domesticus* on FRAP (μ M/L AA equivalent). Data was expressed in terms of Mean \pm SEM. Column Bars are with error bars representing SEM of Mean



Fig. 8. Effects of meloxicam (0.1mg/kg/day) treatment for 15, 30, and 60 days on the kidney of *Gallus domesticus*: (a) Vehicle control kidney, (b) 15 days meloxicam treated kidney, (c) 30 days meloxicam treated kidney and (d) 60 days meloxicam treated kidney. Arrows representing shrinkage of glomerulus (200x HE). Vacuolization in between cells and shrinkage in glomerulus is clearly visible in 60 days treatment



Fig. 9. Effects of meloxicam (0.1mg/kg/day) treatment for 15, 30, and 60 days on the liver of *Gallus domesticus*:
(a) Vehicle control liver, (b) 15 days meloxicam treated liver, (c) 30 days meloxicam treated liver and (d) 60 days meloxicam treated liver (200x HE). Arrow 1 representing congested central vein and arrow 2 representing degeneration of hepatic cells. Vacuolization in between cells and shrinkage of central vein is clearly visible in 60 days treatment

out to elucidate the toxicity effect of meloxicam on *Gallus domesticus*.

Non-significant changes were observed in the body and organ weight of all treated groups except 30 and 60 days meloxicam treated groups which show a slight increase (Pd"0.05) in the weight of liver of *Gallus domesticus* as compared to the control group (Table1). Similar results were also obtained earlier that showed no notable changes in the weight of body and organs in broiler chicks treated with meloxicam²¹.

Hematological parameters such as HB, TRBC, HCT, MCV, MCH, MCHC, RDW, TLC, PLT, MPV, and PDW mainly show a relationship with the status of health and play important role in clinical evaluation of health state so that the hematological parameters considered as important indicators of pathophysiological and nutritional status of the animals²². Administration of NSAID meloxicam to Japanese quail showed nonsignificant changes in hematological parameters²³. Our results also confirmed that meloxicam did not show any alteration in the parameters of hematology when treated to *Gallus domesticus*.

The non-significant change was observed in the level of total cholesterol in 15 and 30 days meloxicam-treated groups while 60 days treatment group shows significant increase (Pd"0.01) in the level of total cholesterol as compared to the control group. The level of HDL-cholesterol was non-significantly changed in all treatment groups. The concentration of LDL-C was significantly increased (Pd"0.001) in all meloxicam treated groups as compared to vehicle treated control group. The level of serum triglycerides and VLDL-C were increased significantly (Pd"0.001) in 60 days meloxicam treated group and very slight increase in the level triglyceride and VLDLcholesterol was observed in 30 days treatment of meloxicam as compared to the control group (Table 2). In male albino rats after administration of meloxicam elevation in total cholesterol and LDL-C was observed²⁴.

Serum Glutamic Pyruvic Transaminase (SGPT) and Serum Glutamic-Oxaloacetic Transaminase (SGOT) are the major enzymes specifically present in the cells of the liver. The elevated level of SGPT and SGOT enzyme in the bloodstream is an indicator of liver cell damage. In the present study administration of meloxicam at the dose of 0.1mg/kg body weight for 15 and 30 days showed a slight increase (Pd"0.01) in the level of serum SGPT and SGOT. Whereas a significant increase (Pd"0.001) was observed in 60 days treatment of meloxicam in Gallus domesticus as compared to vehicle treated control group (Fig.1&2). Similarly, Zollinger et al also reported that intramuscular treatment of carprofen drug to Columba livia for 7 days showed a significant increase in the level of SGPT and SGOT²⁵. Alkaline phosphatase (ALP) is isozymes, that is present in the liver thus any alteration in the concentration of ALP in the blood showed dysfunction of the liver. In the present investigation meloxicam treatment showed significant (Pd"0.001) elevation in the concentration of serum ALP level in Gallus domesticus (Fig.3). Intramuscular administration of 0.1 mg/kg diclofenac and meloxicam treatment for 30 days showed significant increase in the concentration of serum alkaline phosphatase in broilers²⁶. Yousef et al. also reported similar increase in the level of ALT and AST²⁷.

The histology of liver in control and 15 days treatment of meloxicam (0.1mg/kg body weight) groups revealed a normal structure of liver tissue with normal hepatic cords, hepatic sinusoids and central vein (Fig.9a & 9b). However, the histology of the liver in groups III and IV (meloxicam treatment 30 and 60 days) showed degeneration of hepatic cells, congested central vein and slight vacuolization observed in hepatic cells (Fig.9c & 9d). Our findings revealed that a short duration meloxicam not affected the structure of the liver but the use of meloxicam for a long duration causes some histoarchitectural changes in the liver. Administration of intramuscular carprofen for days in pigeon causes lesions in the hepatic cells25.

It was previously reported that NSAIDs inhibited the activities of COX-1 and COX-2 (cyclo-oxygenase-1 and 2). COX-1 and COX-2 are playing important roles in the regulation of kidney function. COX-2 shows a protective effect via producing prostaglandins and COX-1 maintain blood flow in the renal arteries by suppressing vasoconstriction of the afferent arteriole. Long term uses of NSAIDs cause long term inhibition of COX-1 that leads to glomerular infiltration and ischemic renal injury^{28, 29}. In the present study the histological observations of the kidney of control, 15 and 30 days meloxicam treatment groups showed normal structures of renal epithelium, glomerulus and renal tubules that show meloxicam not affected the structure of kidney at short duration (Fig.8a, 8b & 8c). The structure of kidney of 60 days meloxicam treatment at the dose of 0.1mg/ kg body weight showed shrinkage in glomeruli, vacuolization in renal epithelium lining, and renal necrosis was observed that showing the long term harmful effects of meloxicam on renal tissues, it may be due to long term uses of meloxicam inhibited COX-2 that leads to dysfunctioning of renal cells (Fig. 8d). Degeneration of glomeruli and dilation of renal tubules was observed in budgerigars treated with meloxicam³⁰.

Antioxidant tests like SOD, LPO, CAT, GSH, and FRAP are associated with a prevention of cardiovascular, oxidative stress, and neurological illness like degenerative diseases³¹. Mainly antioxidants provide front-line defense against reactive oxygen species. In rabbits elevated SOD, Catalase, GSH and LPO were reported in day's dependent manner after treatment with enrofloxacin, levofloxacin and meloxicam³². In the present investigation the content of LPO was significantly increased (P d" 0.001) and FRAP was significantly decreased (P d" 0.001) in 15, 30 and 60 days meloxicam treated Gallus domesticus (Fig. 4 & 7) and it was previously demonstrated that increased level of LPO and decrease the level of FRAP are an indicator of reduction in the status of antioxidant. Slight increase that is negligible was observed in SOD and GSH content in the meloxicam treated group (Fig. 5 & 6) denoted that meloxicam may increase oxidative stress in the body via increasing reactive oxygen species and reducing thereby meloxicam the status of antioxidant.

CONCLUSION

It can be concluded that the serum levels of SGOT, SGPT, and ALP as well as the

histoarchitecture of the liver and kidneys were found to have changed negatively as a result of long-term use of meloxicam. The serum antioxidant assays LPO and SOD were significantly increased and FRAP readings were significantly decreased after 60 days of meloxicam treatment in current study. These changes, which are inconsistent with the biochemical parameters and histology of the treated groups in comparison to the control group, were seen in the treated groups but not in the control group. Degenerative alterations in the histology of the liver, kidney, and biochemical parameters are justified by higher levels of LPO and SOD, as is evident from increased LPO, SOD, and lower FRAP values. The capability of the antioxidant system is diminished when FRAP levels are low. Meloxicam belongs to the class of NSAIDs that inhibit COX-2, a regulator of kidney function. Chronic inhibition of COX-2 results in renal failure. Long-term meloxicam use also damages hepatic cells and raises oxidative stress by lowering antioxidant status. The aforementioned study's findings suggest that meloxicam use over an extended period of time reduces the body's antioxidant potential, which in turn causes the liver and kidney to malfunction.

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Conflict of Interest

The authors declare that there is no conflict of interest regarding the publication of this paper.

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