Impact of Knowledge, Attitude and Practice on Medication errors and Safety Improvement in Pharmacy Departments of King Saud University Medical City Riyadh Saudi Arabia

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The current study was premeditated to evaluate the attitude, knowledge and practice of the pharmacy employees (including interns and trainees) dealing with medical practice towards medical errors and adverse drug reaction reports. Methods: The study is a quantitative, descriptive, cross-sectional one with the influence of medication-error reporting, focused on pharmacy department of King Saud University Medical City, Riyadh, Saudi Arabia using the Likert-scale survey. The research population was 167 pharmacy employees, (including interns, and trainees) from King Saud University Medical City. The legalized items connected to knowledge, attitude and practices (KAP) survey was given to each member. Results:Majority of the total sample size (n=167) are pharmacists, managers, lead pharmacists, pharmacistin-charge, or staff pharmacist by 74.3 %, where 15.6 % are pharmacy technicians, 7.8 % are pharmacy students interns/externs and 2.4 % other workers. Positive responses were highest in teamwork within the pharmacy employee (87.3% vs. 81.6%), staff training and skills within the pharmacy employee (86.35% vs. 79.25%), physical space and environment in the pharmacy (83.8% vs. 73.6%). Lower responses were found in response to mistakes (79.75% vs. 74.4%) compared to community pharmacy database report (AHRQ, 2019).Conclusion:The findings indicate that ratings on documenting mistakes (reporting)as perceived by pharmacy employee are at par with the community pharmacy elsewhere. The weakest dimension identified was mistakes (reporting) having the lowest positive response with a mean score of 3. This denotes a low level of agreement according to Likert scale confirming that is the dimension needing improvement.

Keywords: Attitude; Improvement; Knowledge; Medication Errors; Practice; Pharmacy; Safety.

Poor patient safety in health systems through medical error reporting is the third most common cause of death globally, behind cardiovascular diseases and cancer, it is a reversible action as being the main responsibility of the health care provider for the patient safety, and can be rectified and avoided. The healthcare organizations need to encourage reporting of the medical related errors and implement clear policies and guidelines which can encourage the healthcare provider to safeguard the interest of the patients. The safety system needs not

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just to be in place, but to be successful.^{1,2,3,4,5} Recently Ahmed⁶ et al., have reported that the common medical errors result from incomplete instructions, incorrect dosage, and incorrect route of administration, diagnosis errors, and labelling errors. The perceived causes of these medical errors include high workload, lack of support systems, stress, medical negligence, inadequate training, miscommunication, poor collaboration, and non-adherence to safety guidelines among the healthcare professionals based on a study conducted in a Kuwait tertiary hospital. A similar work has reported seven perceived reasons for medical errors, namely system reason, nurses' staffing, physician communication, medication packaging, transcription, and pharmacy process. The study recommended the development of active quality assurance systems in all health care environments, concerning medications and drug administration4

Medication errors occur broadly on various steps that includes dispensing, transcribing, prescribing and administration. It has decreased due to use of computerized physician order administration than hand written prescription (HWP). Numerous approaches have been suggested in detection and of the occurrence of medical errors and the way of reducing it. Adverse drug reaction is the common approach used and mostly employed in high risk industries such as hospitals.7,8 Alsulami9 et al., Hammoudi¹⁰ et al., and Alshahrani¹¹ et al., have surveyed information, frames of mind and practices towards the detailing of prescription mistakes among wellbeing professionals at some hospitals of Saudi Arabia to find remedies to ward off such medical errors. The investigations led by Stewart¹² et al., planned to measure and disclose conduct determinants identifying with errors announcing of human services experts in Qatar, as a premise of creating intercessions to upgrade the adequacy and proficiency of mistake revealing. Quantitative results showed that while these were issues for all medicinal services experts, those more youthful and less experienced were generally concerned.

George¹³ *et al.*, created mediations to decrease level of patients with at least one medicine error during release. A drug specialist drove quality improvement (QI) program more than a half year directed in medicinal wards at a tertiary open emergency clinic. With the usage of the QI program, the level of patients with at least one prescription error during release that was remedied by drug specialists fundamentally expanded from 77.6% to 95.9%. Assiri14 et al., utilized electronic wellbeing record information. Many studies have investigated the burden of medical errors in healthcare systems throughout the world¹⁵, which significantly increase treatment costs and hospitalization periods, aside from increasing patient rates of mortality and morbidity in some situations¹⁶. However, there is insufficient data about medical error reporting and actions taken thereof, in Saudi Arabia, and in Middle Eastern countries generally. One report indicates that there were 1,356 cases reported in 2013¹⁷, but the true prevalence is undoubtedly far higher than the number of reported instances.18

It is essential to understand the difficulties associated with disclosing medical error mishaps in Saudi Arabia in order to avoid other potential errors and near misses that could adversely affect patients. This study helps filling this gap in knowledge and contributes towards professional discourse and policy decision making to improve medication safety in King Saud University Medical City (KSUMC) based in the Capital of Saudi Arabia, Riyadh. It is one of the largest university medical cities around the Kingdom. The objective of the present research was to assess the current status of the medication error reporting program and evaluate the cultural impact of patient safety initiatives and interventions. It also addresses to identify the strengths and weakness areas for patient safety culture improvement in a bid to raise the staff awareness about the patient and medication safety.

MATERIAL AND METHODS

Study Design and Setting: The observational cross-sectional study was conducted to assess the knowledge, attitude and practices about medication errors and patient safety among the pharmacy professionals in King Saud University Medical City, (KSUMC), Riyadh, Saudi Arabia. Necessary Ethical approval was obtained from the Institutional review board (IRB) Ref. No. 19/0143/14RB. The data were collected between December 2019 and March 2020. The inclusion

criteria included those who were available and willing to participate were approached and asked to fill out questionnaires whereas the exclusion criteria included those individuals who couldn't complete the questionnaire for any reason The community pharmacy survey questionnaire, adapted from AHRQ, USA was distributed to the participating pharmacists and clinical pharmacists and were requested to complete the 5 point Likertscale survey, ranging from 'strongly disagree' to 'strongly agree'. The questionnaire consisted of 2 sections namely demographic characteristics whereas the second section included 4 parts with a total of 38 questions with a total of working in pharmacy department, ccommunication and work pace, patient safety and response to mistakes as well as documenting mistakes. Before executing the actual study, necessary piloting was done on 60 community pharmacists with Reliability statistics (Cronbach's alpha = 0.86) suggesting a good internal consistency. A total of 496 staff using convenient sampling was used for the selection of participants. The actual sample size estimated was 150 using the Thompson equation with an error margin of 5%, 95% confidence interval and a response distribution of 50%(19). The actual cohort which participated in the study was 167.

We assured the respondents that anonymity and confidentiality will be upheld during the entire process.

Statistical analysis: SPSS version 22 was used to evaluate the results (IBM Corp., Armonk, NY, USA). A statistically relevant value of p < 0.05 was calculated. The categorical variables were evaluated with the Chi-square test.

RESULTS AND DISCUSSION

A total of 167 pharmacists from the King Saud University Medical City in Riyadh participated in the study with a response rate of 99%. The demographic data was represented in Table 1, showing working characteristics of the respondents in terms of years of work in pharmacy department, number of working hours/week and their work position/designation. The data showed that 15 % of the respondents worked for less than 6 months, whereas 5.4 % worked for more than 6 months and less than 1 year. Similarly, 17.4 % worked from 1-3 years, 32.3 % worked between 3-6 years, 16.2 % between 6-12 years, finally 13.8 % worked for 12 and more years. In terms of working hours, 6 % out of the total sample size (n=167) worked at most 16 hours per week, 3 %

Years of Work	Frequency	Per cent
Less than 6 months	25	15
6 months to less than 1 year	9	5.4
1 year to less than 3 years	29	17.4
3 years to less than 6 years	54	32.3
6 years to less than 12 years	27	16.2
Working Hours	Frequency	Percent
1 to 16 hours per week	10	6
17 to 31 hours per week	5	3
32 to 40 hours per week	131	78.4
More than 40 hours per week	21	12.6
Work position	Frequency	Per cent
Pharmacist, manager, lead pharmacist, pharmacist-in-charge, staff pharmacist	124	74.3
Pharmacy technician	26	15.6
Pharmacy student intern/extern	13	7.8
Others	4	2.4
Total	167	100

 Table 1. Showing the working characteristics along with frequency distribution of the respondents'

	ongly I agree	Disagree	Neither	Agree	Strongly Agree	Mean	S.D
This pharmacy is well organized	9	9	13	131	6	3.79	0.753
	3.6	3.6	7.9	79.4	5.5		
Staff treat each other with respect	9	4	10	135	12	3.86	0.73
ς. Ω	3.6	2.4	9	80.8	7.2		
Technicians in this pharmacy receive	5	10	11	133	9	3.76	0.75
the training they need to do their jobs	3	6.1	6.7	80.6	3.6		
Staff in this pharmacy clearly understand their	5	9	11	135	6	3.83	0.713
roles and responsibilities	3	3.6	6.6	81.3	5.4		
This pharmacy is free of clutter	9	11	12	133	ŝ	3.7	0.775
	3.6	6.7	7.3	80.6	1.8		
Staff in this pharmacy have the skills	5	4	10	137	10	3.86	0.687
they need to do their jobs well	3	2.4	9	82.5	9		
The physical layout of this pharmacy	7	5	11	133	11	3.81	0.773
supports 3 workflow 4	4.2	ŝ	6.6	79.6	6.6		
Staff who are new to this pharmacy	3	6	7	136	6	3.85	0.679
receive adequate orientation	1.8	5.5	4.3	82.9	5.5		
Staff work together as an	4	5	12	134	11	3.86	0.678
effective team 2	2.4	ŝ	7.2	80.7	6.6		
Staff get enough training from	5	7	14	132	8	3.79	0.729
this pharmacy	3	4.2	8.4	79.5	4.8		

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S.D	0.639		0.713		0.748		0.609			0.724		0.758			0.726			0.678		0.697		0.766			0.746		0.855		0.708		0.651		0.673		0.805			
Mean	3.16		3.29		3.37		3.26			3.37		3.29			3.28			3.26		3.28		3.37			3.33		3.04		3.27		3.2		3.29		3.36			
Always	9	3.7	12	7.5	18	10.8	7		4.4	16	9.6	13		7.9	13		8	11	6.6	12	7.3	19		11.4	16	9.8	8	4.8	13	7.8	7	4.3	13	8	20	12.1		
Most of the time	29	17.7	32	19.9	33	19.8	34		21.2	35	21.1	34		20.7	32		19.8	31	18.6	31	18.8	32		19.3	31	19	26	15.7	30	18.1	31	19.1	28	17.2	30	18.2		
Sometimes	117	71.3	111	68.9	111	66.5	114		71.2	111	6.99	108		65.9	106		65.4	118	70.7	117	70.9	109		65.7	109	6.99	111	6.99	113	68.1	114	70.4	115	70.6	109	66.1		
Rarely	10	6.1	m	1.9	m	1.8	4		2.5	2	1.2	S		m	10		6.2	S	ę	7	1.2	4		2.4	S	3.1	7	4.2	6	5.4	8	4.9	7	4.3	7	1.2	0.543591	
Never	2	1.2	m	1.9	7	1.2	1		0.6	7	1.2	4		2.4	1		0.6	7	1.2	ŝ	1.8	7		1.2	7	1.2	14	8.4		0.6	7	1.2	0	0	4	2.4	3.28	
Communication and Work Pace	Staff ideas and suggestions are	valued in this pharmacy	We encourage patients to talk to pharmacists	about their medications	Staff take adequate breaks during	their shifts	We have clear expectations about	exchanging important prescription	information across shifts	Staff feel comfortable asking questions	when they are unsure about something	We have standard procedures for	communicating prescription information	across shifts	Our pharmacists spend enough time	talking to patients about how to use	their medications	Staff in this pharmacy discuss mistakes	•	We feel rushed when processing	prescriptions	It is easy for staff to speak up to	their supervisor/ manager about patient	safety concerns in this pharmacy]	Our pharmacists tell patients important	information about their new prescriptions]	We have enough staff to	handle the workload]	When patient safety issues occur	in this pharmacy, staff discuss them]	The status of problematic prescriptions	is well communicated across shifts]	In this pharmacy, we talk about ways	to prevent mistakes from happening again]	Interruptions/distractions in this	pharmacy (from phone calls, faxes,	customers, etc.) make it difficult	for staff to work accurately]

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Table 4. Patient Safety and Resp	onse to Mistal	tes Factor by	Mean and St	andard devia	tion for each S	Statement	
Patient Safety and Response to Mistakes	Strongly Disagree	Disagree	Neither	Agree	Strongly Agree	Mean	S.D
Staff are treated 2ly when they make mistakes]	ŝ	10	32	115	1	3.63	0.697
	1.9	6.2	19.9	71.4	0.6		
When a mistake happens, we try to	1	6	27	120	9	3.74	0.644
figure out what problems in the work							
process led to the mistake	0.6	5.5	16.6	73.6	3.7		
This pharmacy helps staff learn from	2	9	30	122	ę	3.72	0.622
their mistakes rather than punishing them]	1.2	3.7	18.4	74.8	1.8		
When the same mistake keeps happening,	4	8	30	117	9	3.68	0.731
we change the way we do things]	2.4	4.8	18.2	70.9	3.6		
This pharmacy is 3 at preventing	4	7	30	120	4	3.68	0.705
mistakes]	2.4	4.2	18.2	72.7	2.4		
We look at staff actions and the way	1	12	28	117	7	3.71	0.69
we do things to understand why	0.6	7.3	17	70.9	4.2		
mistakes happen in this pharmacy]							
Staff feel like their mistakes are	ω	7	31	117	4	3.69	0.681
held against them]	1.9	4.3	19.1	72.2	2.5		
The way we do things in this	2	5	30	120	9	3.75	0.629
pharmacy reflects a strong	1.2	3.1	18.4	73.6	3.7		
focus on patient safety]							
Mistakes have led to positive	С	4	30	120	7	3.76	0.656
changes in this pharmacy]	1.8	2.4	18.3	73.2	4.3		
Patient Safety and Response	3.7108	0.56925					
to Mistakes							

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from 17 to 31 hours, 78.4 % from 32 to 40 hour per week, and finally 12.6 % for more than 40 hours. In terms of working position, majority of the total sample (n=124), 74.3% were Pharmacist, managers, lead pharmacists, pharmacist-in-charge, or staff pharmacists where 15.6 % are Pharmacy technician, 7.8 % are Pharmacy student intern/ extern, and finally 2.4 % other workers. The Pharmacists perception on the different dimensions that influence patient safety culture used to describe





Note: Percentages indicate average percent response for each item response category across the pharmacy employee in the study. Overall Rating : Thus with response to overall rating it could be observed that while all the factors reported medium value to be high except Factor B i.e Communication and work pace which was found to be of medium value.

the basic features of the collected data in each dimension, such as frequencies, percentages, mean, standard and deviation (Table 2,3,4 and 5). This 5-point Likert scale measure were used to answer the items in each dimension, that ranged from [1] strongly disagree or [Never] up to [5] strongly agree or [Always]. The mean Likert scale was calculated to determine the overall score of the dimension that gauges the respondents' level of agreement to the dimension.

A positive response rate of 86.05%, 26.78%, 75.5% and 45.56% respectively were recorded for the four variables under study.

Working in Pharmacy: The total factor mean was 3.81 ± 0.597 with the highest mean been reported as 3.86 for the four statements whereas the lowest mean was 3.7 ± 0.775 for the fifth statement. Similarly, a positive response rate of (86.05%) with a mean score of 3.81 ± 0.597 was reported indicating that the factor is above medium values (Table 2).

Communication and Work Pace: The total factor mean is 3.28 ± 0.543 with the highest

and lowest mean for factor statements reported to be 3.37 and 3.04 respectively. The mean for the whole factor was again observed close to 3 which indicating that the factor has a medium value for itself and statements as well (Table 3).

Patient Safety and Response to Mistakes in Pharmacy: The mean total factor reported was is 3.71 ± 0.569 with highest and lowest mean been mean 3.76 ± 0.656 and 3.63 ± 0.697 respectively indicating that the factor had medium to high values for itself and statements as well (Table 4).

Documenting Mistakes: The total factor mean was 3.35 ± 0.68 with highest and lowest mean for factor statements been 3.44 ± 0.708 and $3.36 \pm$ 0.707 respectively again indicating that factor has a medium to high values for itself and statements as well (Table 5). The overall comparison between the 4 parameters was made in Table No. 6.

On further evaluation, it was observed that only 1 factor i.e working in the pharmacy did not have a significant difference between means for the Years of Work groups (Table 7). However, the other

Table 6. Summary of mean scores of Patient Safety Culture of Pharmacies in KSUMC dimension

Mean	SD	Level
3.81	0.597	Above medium values to be high
3.28	0.543	A medium value
3.71	0.569	A medium value to be high
3.35	0.680	A medium value to be high
	Mean 3.81 3.28 3.71 3.35	Mean SD 3.81 0.597 3.28 0.543 3.71 0.569 3.35 0.680

 Table 7. Mean, Standard Deviation, and F Test for the Three Factors of Safety

 Improvement by Work Position

		Ν	Mean	Std. Deviation	F	Sig.
Working in the Pharmacy	Pharmacist	124	3.875	.487	2.512	.060
	technician	26	3.676	.690		
	student	13	3.458	1.058		
	Others	4	3.758	.845		
*Communication and	Pharmacist	124	3.112	.309	25.289	.000**
Work Pace How	technician	26	3.704	.697		
	student	13	4.031	.803		
	Others	4	3.432	.777		
Patient Safety and	Pharmacist	124	3.819	.483	12.708	.000
Response to Mistakes	technician	26	3.136	.634		
1	student	11	3.798	.461		
	Others	4	3.826	.819		

two factors namely, communication and work pace as well as patient safety and responses to mistake had been found to be statistically significant with notable differences between reported with respect of groups of years working variable (Table 7).

The areas of strength that were identified or with a high level of agreement according to Likert scale were teamwork in pharmacy, communications and work pace, response to mistakes, and documenting the mistakes. Positive responses were highest in teamwork within the pharmacy employees, (87.3% vs. 81.6%), staff training and skills within the pharmacy employees (86.35% vs. 79.25%), physical space and environment in the pharmacy (83.8% vs. 73.6%) compared to AHRQ's 2019 community pharmacy database report²¹. Lower responses were found in response to mistakes (79.75% vs. 74.4%) as compared to AHRQ's 2019 community pharmacy database report²¹.

The present findings indicated that ratings on documenting mistakes (reporting) as perceived by pharmacy employees were almost equivalent to another study conducted by AHRQ with regard to the community pharmacy in the United States²¹. Among the various factors, the weakest dimension identified was mistakes (reporting) having the lowest positive response with a mean score of 3. This denoted that a low level of agreement according to Likert scale thereby confirming that the dimension needed urgent improvements. It has been time and again reported that health care professionals play a very significant role in reducing the medication errors. The methods used in improving the process includes; the introduction of computerized physician order entry(CPOE) and the adversative drug reaction(ADR) reporting which has led to advancement in detection and prevention of the medical errors.22

Thus, from the above findings, it can be observed that the pharmacy employees had little knowledge, attitude and practice to the existing medication errors and therefore were not aware of ways to significant reduce them. Patient safety overview in error detection and reporting require ethics, empathetic human approach, safety tools and vigilant system based on the interactive clerkships. Some of the findings from earlier studies described that pharmacy employees exhibited consciousness of the responsibility of adverse drug reaction reports and appropriate attitude towards it.24

Health care professionals had meagre knowledge and attitude towards pharmacovigilance. It could be supplemented by the fact that among the participants not only a single ADR has been reported to the medical Centre. The study therefore guides and provides information regarding the fact that education and exercise are most acknowledged means of advancing ADR reporting as pointed out by Anderson²⁵ et al. Thus, proper training and appropriate curriculum development and implementation is appropriate alternative way of improving the knowledge and attitude towards ADR reporting on medical errors. This will not only result in proper identification of causes of medication errors but will also minimize sentinel events within the hospital. As per our observation in the present analysis, there are 5 stages involved in the ordering and delivery in the pharmacy department namely, monitoring, administration, dispensing, transcription and prescription. Each phase represents a susceptible link in the chain along a diversity of medical errors. The most common stage/s associated with medical error are inadequate knowledge on drug prescription and knowledge concerning the patient whom drug is prescribed for.26

Data strongly advocates that the appropriate way of eliminating the medical error that may arise in each of the stage is by ensuring the standardization of medication process. Medication transcript error refers to communication failure between the prescribing clinician and supply staff. In the pharmacy department, it is mostly initiated by the oral medication instruction being misheard. To avoid such medical errors, it is vital to contrivance a protocol on use of verbal drug orders and take steps of including some retrospective, verification and documentation signing. Correction of medication error for the patient discharged from the pharmacy makes use of critical redundancies. The clinicians must ensure that they have confirmed the patient's status of allergy, proved weight and implemented double checking on administering high risk medicine and medication errors prone to the population as advised by Vessal.27

Administration medical errors occur when a right drug is administered through a wrong route or a wrong drug is administered to the patient. Safety checklist helps to eliminate such type of errors and the staff is always encouraged to prescribe and offer dugs on the right dosage.²⁸ A possible solution to reduce medication errors is to employ full-time pharmacists, based on results of some studies like that of Plutínská and Plevová,²⁹ it is recommended that electronic health records together with clinical decision support systems, zero tolerance to handwritten orders, with the exception of situations requiring immediate help and a policy of not interrupting the professionals on work.

Limitations of the study: The present study was cross sectional in nature and included only the pharmacists. These limitations may include recall bias as well as communication barriers between investigators and participants. Similarly, the study was conducted only at one centre KSU University Hospital and henceforth the results cannot be generalized to the entire population.

CONCLUSION

The current study was premeditated to evaluate the attitude, knowledge and practice of the pharmacy employees about medication errors and patient safety in King Saud University Medical City, (KSUMC), Riyadh. Among the various factors, the weakest dimension identified was mistakes (reporting) having the lowest positive response with a mean score of 3 thereby indicating that the dimension needed improvement. It is therefore suggested that future researches can be carried out using more centers and more participants to evaluate the barriers of underreporting of medication errors. Further studies could be also conducted to measure the compliance to ADR reporting with respect to different healthcare professionals and its correlation with patient safety.

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Disclosure

The authors declare no conflict of interest

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