Pharmacovigilance Study of Anticancer Drugs in a Tertiary Care Rural Hospital in Central India

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The present study has been undertaken to evaluate the pattern of adverse drug reactions (ADRs) of intravenous anticancer (i.v.) drugs with their causality and severity in a tertiary health care set up. The study was an observational cross-sectional survey over a period of 18 months. The indoor patients who were diagnosed to have cancer and receiving i.v. anticancer drugs were included in the study. The details of the patients and ADRs were recorded at the time of visit or within one-month of occurrence of ADRs using case record form and ADR reporting form. A total of 374 patients on cancer chemotherapy were included in the study and ADR was seen in 293(78.34%) patients. Out of total 812 number of ADRs, most ADRs (51.60%) were G.I. system related, followed by skin and appendages related ADRs (23.88%). The association of females in developing haematological ADRs is statistically significant (p<0.05). Most common (19.80%) cause of ADRs was the use of combination of Cisplatin, Paclitaxel and 5 Fluorouracil. Most (90.02%) of the ADRs were categorized as 'possible' and the remaining (9.98%) as 'probable/likely'. The maximum number of the ADRs were classified as 'mild'(87.68%) followed by moderate (11.45%) and severe (0.86%). The mild reactions were more common as compare to moderate & severe category in G.I & haematology related ADRs (p<0.05).

Keywords: Adverse Drug Reactions; ADRs; Anticancer Drugs; Causality; Pharmacovigilance; Severity.

"Cured yesterday of my disease, I died last night of my physician." -Matthew Prior, from "The Remedy Worse than the Disease" (1714).

The main aim of pharmacovigilance is to reduce the risk of drug related problems to the patient. The information generated by pharmacovigilance is useful in educating doctors about adverse drug reactions (ADRs) and in the official regulation of drug use¹. A study conducted in USA showed that adverse drug events extended the hospital stay, increased hospitalization cost and increased the risk of death nearly two-fold.² In India too, ADRs are increasing and is a great concerned of health, increased hospitalization and cost.³ One study conducted among patients of Medicine Dept. showed incidence of ADRs 1.8%⁴ while another study showed that Incidence of ADRs is 4.75%.⁵

Chemotherapy is a part of the multimodal treatment of cancer, thus allowing for more limited surgery and even cure of formerly incurable cases.⁶

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Chemotherapy regimens are immensely complex and susceptible to errors.7 Due to the narrow therapeutic index of anticancer drugs, multiple combinations of drug and the dosage required to achieve a therapeutic response frequently proves toxic to the body's rapidly proliferating cells.8 A pharmacovigilance study conducted by Couffignal Al et. al. in a French oncology institute showed that there is a high incidence and economic burden of ADR related to cancer chemotherapy.9 One study from South India shows that ADRs reported in Oncology Department is the second highest percentage after general medicine.10

It is well accepted that anticancer agents are associated with severe adverse effects, decreased the quality of life, and causes an economic burden on patients. No extensive published data is available in Indian population regarding the ADRs of cancer chemotherapy. So, the present study has been undertaken to

1) Estimate the pattern of ADRs of intravenous(i.v.) anticancer drugs.

2) Assess the causality of ADRs.

3) Assess the severity of ADRs.

This study will create a safety profile of anticancer drugs representing central India.

MATERIAL AND METHODS

Study design

The study was planned as a single-centric prospective observational cross-sectional survey. Setting

This study was conducted in the Department of Pharmacology and Radiotherapy of Mahatma Gandhi Institute of Medical Sciences, Sewagram, Wardha, Maharashtra over a period of 18 months from 1st January 2015 to 30th June 2016. **Study population**

The indoor patients who were diagnosed to have cancer and receiving i.v anticancer drugs during the study period.

The following recruitment criteria were used:

Inclusion criteria

1) Patients diagnosed to have cancer.

2) Patients receiving i.v. anti-cancer drugs.

3) Patients of either gender above 18 years of age. **Exclusion criteria**

1) Patients not willing to give written informed consent.

2) Patients on concurrent Radiotherapy.

3) Patients with altered hepatic or renal parameters prior to chemotherapy.

4) Patients who are taking the alternative system of medicines like Ayurveda, Homeopathy, Unani etc. 5) Mentally retarded patients.

6) Drug addicts.

7) Unconscious and patients unable to respond to verbal questions.

Sampling procedure

Convenience sampling was used to select the study sample.

Sample size

The sample size was calculated by using following formula for cross-sectional study. Formula:

Sample size=
$$Z^2pq / d^2$$

Where Z=Z value that is 1.96 at 95% confidence interval, p= proportion, q= (1-p), d= α error

Using previous studies knowledge^[11], proportion of ADR due to anticancer drug is 41.67%, 95% Confidence Interval with 5% absolute error or precision In this study,

Sample size = $(1.96)^2 \{0.42(1-0.42)\} / (0.05)^2$ ≈ 374

Data Collection

Data were recorded in the Case Record Form. Patient details, chemotherapy details and pattern of ADRs were collected and the data were documented as per study proforma. Haematological and biochemical tests that were performed during chemotherapy as a part of treatment protocol were noted. The details of ADRs which were present at the time of visit or occurred within one-month (to avoid recall bias) were noted in the ADR Reporting Form.

The ADRs encountered in the study population were classified depending on the various body systems involved. Causality was evaluated as per World Health Organization -Uppsala Monitoring Centre causality assessment scale12. The severity of the ADRs was evaluated by Modified Hartwig and Siegel scale^{13,14}

Statistical Analysis

Patient's details (gender & age), site of malignancy wise distribution, different groups of anticancer drugs prescribed, age-wise & system wise distribution of ADRs, causality & severity of ADRs are represented as percentage. Odds ratio was calculated to assess the relationship between the profile of patient and the system wise ADRs. Statistical significance was determined at 95% level of confidence.

Human subject protection

Approval of the Institutional Ethics Committee was taken before commencing the study. Patients were included in the study after a written, informed consent. Confidentiality of the patient's identity was maintained.

RESULTS

Characteristics of study population are shown in table-1. A total of 374 patients on cancer chemotherapy were included in the study. Out of 374 cases 210 (56.15%) were females, 164 (43.85%) were males. Large no. of cases i.e. 121(32.35%) were from 41 to 50 yrs age group followed by 92(24.60%) from 51 to 60 yrs age group. Oral carcinoma was the commonest type found in 124 (33.16%) cases, followed by breast carcinoma (20.32%) and cervical carcinoma

Characteristics	Categories	No. of patients/ drugs (%)	ADR cases (%)
Gender	Male	164(43.85)	125(42.66)
	Female	210 (56.15)	168(57.34)
Age (years)	18 to 30	22(5.88)	20(6.83)
	31 to 40	64(17.11)	50(17.06)
	41 to 50	121(32.35)	92(31.40)
	51 to 60	92(24.60)	71(24.23)
	> 60	75(20.05)	60(20.48)
Site of malignancy	Oral	124 (33.16)	
	Breast	76(20.32)	
	Cervix	40(10.70)	
	Lungs	21(5.61)	
	Rectum	18(4.81)	
	Larynx	14(3.74)	
	Oesophagus	13(3.48)	
	Colon	11(2.94)	
	Ovary	9(2.41)	
	Testis	9(2.41)	
	NH Lymphoma	9(2.41)	
	Sarcoma	7(1.87)	
	H. Lymphoma	4(1.07)	
	M. Myeloma	4(1.07)	
	Gall Bladder	4(1.07)	
	Occult Primary	4(1.07)	
	Ear	3(0.80)	
	Stomach	2(0.53)	
	Bladder	2(0.53)	
Groups of anticancer	Alkylating Agents	311(39.87)	
drugs prescribed	Natural Products	266(34.10)	
	Antimetabolites	152(19.49)	
	Immunostimulant & Biological Response Modifiers	36 (4.62)	
	Miscellaneous Agents	8(1.03)	
	Hormones and Hormones antagonist	7(0.90)	

Table 1. Characteristics of study population

System	No. of ADRs	Percentage	
Gastrointestinal System			
Anorexia	125	15.39%	
Nausea	112	13.79%	
Vomiting	69	8.50%	
Diarrhoea	40	4.93%	
Constipation	36	4.43%	
Mouth ulcer	12	1.48%	
Pain abdomen	10	1.23%	
Dysphagia	5	0.62%	
Heart burn	4	0.49%	
Hematemesis	3	0.37%	
Halitosis	2	0.25%	
Hiccup	1	0.12%	
Total	419	51.60%	
	419	51.00%	
Skin and Appendages	146	17.000/	
Alopecia	146	17.98%	
Hyperpigmentation	36	4.43%	
Skin rash	4	0.49%	
Blackish tongue	3	0.37%	
Blackish nail	3	0.37%	
Lips swelling	1	0.12%	
Thrombophlebitis	1	0.12%	
Total	194	23.88%	
Haematology			
Anaemia	57	7.02%	
Leucopenia	22	2.71%	
	17	2.09%	
Thrombocytopenia			
Total	96	11.82%	
General		1	
Weakness	14	1.72%	
Body ache	9	1.11%	
Fever	7	0.86%	
Vertigo	5	0.62%	
Burning sensation whole body	4	0.49%	
Generalized oedema	3	0.37%	
Dryness of mouth	2	0.25%	
Swelling of legs	2	0.25%	
Rhinorrhoea	1	0.12%	
Total	47	5.79%	
Musculoskeletal System	• /	0.1770	
Leg cramps	24	2.96%	
	24		
Joint pain		0.25%	
Total	26	3.21%	
Central Nervous System	10	1.220/	
Headache	10	1.23%	
Sleeplessness	7	0.86%	
Paraesthesia	6	0.74%	
Drowsiness	2	0.25%	
Total	25	3.08%	
Ocular			
Pain in eyes	2	0.25%	
Blurring of vision	1	0.12%	
Total	3	0.37%	
Cardiovascular System	5	0.3770	
	2	0.25%	
Palpitation		0.25%	
Total Total No. of ADRs	2	0.25%	
	812		

Table 2. System wise distribution of ADRs

(10.70%). A total of 780 no. of anticancer drugs were received by the patients out of which 311 (39.87%) were alkylating agents followed by natural products 266(34.10%). ADR was seen in 293(78.34%) patients, whereas 81(21.66%) cases were without any ADR. Out of 293 patients with ADRs, 168 cases were female and 125 cases were male. Highest number i.e. 92(31.40%) cases with ADR were between 41 to 50 yrs and least number i.e. 20(6.83%) ADR cases were between 18 to 30 yrs of age.

Out of 812 no. of ADRs, most ADRs i.e. 419(51.60%) were G.I. system related, followed by skin and appendages related ADRs [194(23.88%)] and least no. of ADRs i.e. 2(0.25%) were related with cardiovascular system (shown in table-2). The association of female in developing haematological ADRs are statistically significant (p<0.05) (shown in table-4).

Out of 293 patients with ADR, the combination of cisplatin, paclitaxel and 5-fluorouracil caused ADRs in 58(19.80%) patients followed by 51(17.41%) ADR cases caused by cisplatin alone depicted in Fig.1. The association between skin & appendages disorders and combination therapy is very highly significant (p<0.0001). The musculoskeletal ADRs are also significantly (p<0.05) more common with combination therapy.

Causality & severity Categories of ADRs are shown in table-3. 731(90.02%) ADRs had been categorized as 'possible' whereas the remaining 81(9.98%) ADRs had been categorized as 'probable/likely'. The association of G.I & haematology related ADRs with the causality (probable & possible) was highly significant (p<0.01). Out of 812 ADRs, most ADRs i.e.

712(87.68%) were found in mild category followed by 93(11.45%) ADRs were in moderate category and 7(0.86%) were in severe category. The mild reactions were more common in G.I & haematology related ADRs as compare to moderate & severe category (p<0.05).

DISCUSSION

ADRs are negative effects of drug therapy which will lead to increased health care costs, increased physician visits, diminished quality of life, hospitalizations, and even death.¹⁴ Jose *et al.*¹⁰ showed that among all classes of drugs anticancer drugs cause most of ADRs.¹⁰ Over the past few decades, newer anticancer agents have added to the treatment of cancer but simultaneously increased the incidence of ADRs. So, the documentation and reporting of ADRs become an essential element in exploring the side effect profile of a drug. It is possible only by an extensive drug safety monitoring program¹⁵.

Our study shows that oral carcinoma is the commonest(33.16%) type of cancer in central India which correlates with the study findings of Bellare *et al.*¹⁶ and Rao *et al.*¹⁷ conducted in South India. As far as prescription of drugs is concerned, alkylating agents were most frequently(39.87%) used anticancer drugs followed by natural products (34.10%). Sharma *et al.*¹⁸ also found that alkylating agents were mostly used.

In this study, ADRs were found in 78.34% cases which is similar to the finding (70%) of Goyal *et al.*¹⁹ In contrast to our study, Khandelwal *et al.*²⁰ found that only 37.70% cases were suffering from ADRs. We found that out of all ADR cases, females(57.34%) suffered more in comparison

	Categories	No. of cases (%)
Causality	Certain	0(0.00)
-	Probable/Likely	81(9.98)
	Possible	731(90.02)
	Unlikely	0(0.00)
	Conditional/Unclassified	0(0.00)
	Unassessable/Unclassifiable	0(0.00)
Severity	Mild	712(87.68)
5	Moderate	93(11.45)
	Severe	7(0.86)

Table 3. Causality and severity Categories of ADRs

				Table 4. De	terminants c	Table 4. Determinants of various types of ADRs among study subjects	s of ADRs ar	mong study	subjects				
Characteristic	Total	GI disorder	OR (p value)	Skin and Appendages	OR F (p value)	OR Haematological (p value) Disorder	O b va	Types of ADRs(N=812) R General C Ilue) (p v	=812) OR (p value)	Musculo Skeletal	OR (p value)	Others	OR (p value)
Age (yrs) 18-60	233	170	1 156	133	1 422	09	1 545	34	0 761	18	0 544	19	0 503
>60	60	4	(0.6476)	29	(0.2254)	11	(0.2343)	=	(0.4745)	08	(0.1784)	6	(0.1131)
Gender			~		~		<. /		~		~		~
Male	125	84	0.640	62	0.669	23	0.564	18	0.879	07	0.465	17	2.247
Female	168	128	(0.0898)	100	(0.0917)	48	(0.0459)	27	(0.6948)	19	(0.0955)	11	(0.0465)
Medication													
Monotherapy	74	52	0.872	24	0.282	19	1.109	15	1.602	02	0.226	05	0.618
Combination therapy Causality	219	160	(0.6429)	138	(<0.0001)	52	(0.7375)	30	(0.1779)	24	(0.0468)	23	(0.3473)
Probable	81	29	0.4876	24	1.3895	18	2.3919	5	1.0793	7	0.7458	ю	1.0028
Possible	731	390	(0.0032)	170	(0.2034)	78	(0.0029)	42	(0.8759)	24	(0.6940)	27	(0.9963)
Severity Mild	C17	277	1 5541	175	1 3803	73	0 3875	40	0 7908	23	1 0793	24	0 5465
Moderate & severe	100	40	(0.0413)	19	(0.2222)	, c c	(0 0003)	2 ٢	0.5803)) a	(0.9025)	- - -	(1981)
		!	(211 212)	2		ì	(2000.0)		(200.20)	3		,	

with males(42.66%) which is almost similar to the findings (55.9% female) of Sharma *et al.*¹⁸ In our study, more no. of ADRs (31.40%) were found in between 41 to 50 yrs of age which is comparable (27.4%) to the findings of Chopra *et al.*²¹ In contrast to our study Mallik *et al*¹¹ found that highest no. of ADR cases (40%) occurred in 61 to 70 yrs group. We found least no. of ADR cases i.e. 6.83% in 18 to 30 yrs group which is similar to the result of Poddar *et al*²² The most commonly affected system by anticancer drugs was G.I. system(51.60%)

followed by skin and appendages (23.88%). Similarly Chopra *et al*²¹ found that highest no. of ADRs were G.I.T. related(43.7%) followed by skin and appendages related (24.9%). On the contrary, Mallik *et al*¹¹ found hematological system to be the most frequently involved followed by G.I.T. In the present study, we have found that haematological ADRs are more common in female. Alopecia was the most common (17.98%) ADR followed by anorexia (15.39%), nausea (13.79%) and vomiting (8.50%). In a similar study by Wahlang *et al.*²³ also

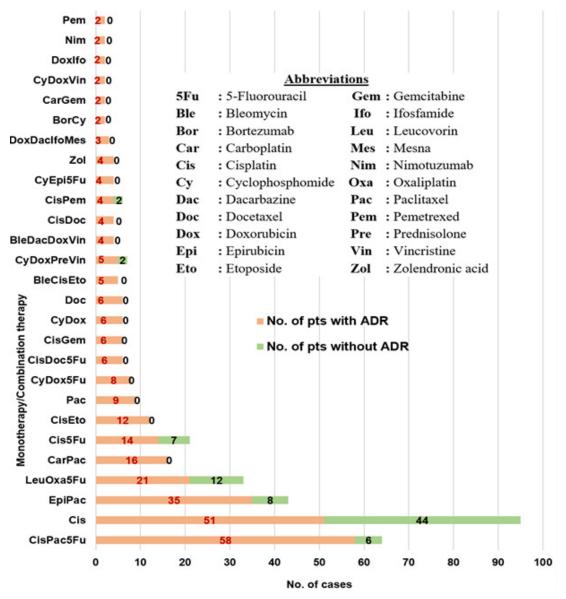


Fig. 1. Distribution of ADR cases according to Monotherapy/Combination therapy

found highest no. of alopecia patients, followed by vomiting, constipation, anorexia. Prasad et al.22 found nausea and vomiting as most common ADRs, whereas Gunaseelan et al.²⁴ reported the same as less common²⁴ Patients on monotherapy had 74 ADR cases out of which 68.92% cases of ADRs were caused by cisplatin followed by paclitaxel (12.16%). Anorexia, constipation, anemia, leukaemia & weakness were frequently seen in cisplatin treated patients. In a similar study Goyal et al.¹⁹ showed that the most common individual drug responsible for ADR was cisplatin (45%). The combination of cisplatin, paclitaxel and 5-fluorouracil caused maximum number (26.48%) of ADRs followed by the combination of epirubicin and paclitaxel (15.99%). The skin and appendages related ADRs & musculoskeletal ADRs were significantly (p<0.05) associated with combination therapy. Gunaseelan et al²⁴ reported that cisplatin was the most common individual drug causing ADRs either alone or in combination. Colon carcinoma was treated by the combination of leucovorin, oxaliplatin and 5 fluorouracil (FOLFOX regimen). The FOLFOX regimen produced lower rates of severe anorexia, anemia, rash and diarrhoea which is comparable with the finding of Goldberg RM et al25

As per WHO-UMC causality assessment, our study revealed that most of the ADRs were under 'possible' category (90.02%). The remaining ADRs (9.98%) were under 'probable' category. The G.I.T. & haematology related ADRs were significantly (p<0.01) more common under 'possible' category. In consistent with our finding Chopra *et al*²¹ and Bellare *et al*¹⁶ revealed that most of the ADRs were "possible" followed by "probable" category. On contrary to our study Amartya De³ reported 85.28% were probable, 12.88% were possible and about 1.84% were certain ADRs. Most of the chemotherapy in our study was comprised of more than a single drug. Thus, multiple drugs developed a causal link for a ADR. So, most of the causality assessment in our study has been classified as "possible". Previous studies showed that causality assessment of ADR is a subjective, imprecise and low level of agreement exists between two observers^{26,27} This may be the cause for the difference among various studies. In this study, severity assessment was evaluated by using modified Hartwig and Siegel scale which showed most of the cases were under 'mild' (87.68%) category followed by 'moderate' (11.45%) and 'severe' (0.86%) category which were comparable with the result of Chopra *et al*²¹ This shows that ADRs are due to cancer chemotherapy are rarely life threatening with early detection and appropriate pre-medications. The mild reactions were significantly (p<0.05) more common in G.I.T. & haematology related ADRs.

CONCLUSION

Gastrointestinal system ADRs are the most commonly observed ADRs in cancer chemotherapy. The patients receiving anticancer drugs should be closely monitored for development of any ADR. Pharmacovigilance is an essential tool which can identify the ADRs of cancer chemotherapy by regular monitoring of clinical and laboratory findings. Prompt detection of ADR is important to reduce morbidity and mortality. All ADRs cannot be prevented but their incidence can be decreased by timely use of various medications. There is a high necessity for patient counselling about the therapy and possible ADRs during treatment and also encouraging the treating physicians to report all ADRs irrespective of their severity which can definitely be able to safeguard the health of our population.

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Conflict of interest

There is no conflict of interest in this study.

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