# Evaluation of Role of Iron, Copper and Coconut Oil in Treatment of Acute Aluminum Phosphide Poison in Experimental Rats

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http://dx.doi.org/10.13005/bpj/1940

(Received: 12 February 2020; accepted: 28 April 2020)

Aluminum phosphide (ALP) is a cheap highly toxic pesticide. It inhibits cytochrome oxidase, oxidative phosphorylation, and producing an energy crisis in the cells. It is, widely available worldwide, with a lot of reported intoxicated cases and no specific antidotes are available. This study aims to investigate the effect of oral iron, copper and coconut oil as possible oral antidote in treatment of ALP toxicity. 48 Rats were divided into 6 groups with 8 rats each (4 males and 4 females) Group A served as control. (Untreated rats) Group B received ALP. Group C: received ALP + oral copper after half hour of ingestion of ALP. Group D: received ALP +oral iron ferric hydroxide poly maltose after half hour of ingestion of ALP. Group E: received ALP +oral virgin coconut oil after half hour of ingestion of ALP. Group F: received ALP +oral copper + oral Iron (ferric hydroxide poly maltose) + virgin coconut oil daily, after half hour of ingestion of ALP. Investigations were done to all rats including: cardiac enzymes: CK, CK-MB, AST and LDH, liver function tests: Bilirubin total and direct, AST and ALT, kidney function tests: urea and creatinine. Also, pathological assessment of lung, liver, and kidney were done. Copper has amelioration effect on ALP toxicity (important for function of cytochrome oxidase). However, iron showed an ineffective role in treatment of ALP toxicity. In addition, coconut oil can be added to the treatment of ALP toxicity. Pathological assessment also confirmed the results of lung, liver, and kidney in rats. We recommend to use copperas oral antidote in treatment of Aluminum phosphide poison. And oral coconut oil to be added in treatment plan.

Keywords: Aluminum Phosphide; Copper; Iron; Coconut Oil; Cytochrome Oxidase.

Aluminum phosphide (ALP) is a cheap, widely available worldwide, especially in developing countries, highly toxic pesticide, with a lot of reported cases especially suicidal in many countries including Egypt.

ALP is readily available as a fumigant for stored cereal grains is highly toxic, especially when consumed from a freshly opened container<sup>1</sup> The causes of death are from profound shocks, myocarditis and multi-organ failures<sup>2</sup>

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Human toxicity occur due to the ingestion of ALP or the injury from phosphine inhalation (uncommon) or even after absorption through skin (rare)<sup>3</sup>

Many reports have demonstrated deaths occurred in a dose of 150-500 mg, in spite of the lethal dose which is 1-1.5 gm<sup>4</sup> ALP, when ingested, liberates a lot of phosphine gas which lead to inhibition of the cytochrome oxidase of mitochondria, resulting in blocking the electron transfer chain, oxidative phosphorylation, and producing an energy crisis in the cells<sup>5, 6</sup> The severe toxicity of ALP manifests as profound and refractory hypotension, congestive heart failure, ECG abnormalities and myocarditis, pericarditis and sub endocardiac infarction. The hypotension varied from 76% to 100%, which is a cardinal feature in ALP toxicity7 Metabolic acidosis is common due to accumulation of lactic acid caused by blockage of oxidative phosphorylation and poor tissue perfusion<sup>8, 9</sup> This deleterious effect is considered a prognostic indicator in ALP toxicity10

Cytochrome oxidase, also known as complex IV, is the terminal, or final, enzyme of the electron transport system. It is a transmembrane molecule found in the mitochondria of eukaryotes and in the cellular space of aerobic prokaryotes. This molecule is a proton pump that plays a vital role in producing energy, in the form of ATP11 This energy produced from the reaction is used to pump H+ ions from the matrix to the inter-membrane space of the mitochondria<sup>12</sup> Cytochrome oxidase is made up of two identical proteins. The two proteins in cytochrome oxidase mirror one another. The system uses multiple metals to complete its function including the two irons in the two hemes, three coppers, one magnesium, and one zinc, the irons in the two hemes and the three copper molecules are vital to the success of the enzyme in aerobic respiration<sup>12</sup>

Our aim in the current study is to investigate the effect of oral iron, copper and coconut oil as possible oral antidote in treatment of ALP toxicity.

## MATERIALS AND METHODS

In our study all efforts were made to minimize animal suffering and reduce the number of animals used. All experimental procedures were conducted according to the principles of care and use of laboratory animals in the research. They were kept in separate cages at room temperature for one week before starting the study<sup>13</sup>

Forty eight Wister rats with average weight 200-250 gm were used in this study. Rats were divided into 6 groups with 8 rats each (4 males and 4 females)

• Group A served as control received 1 ml corn oil. (Untreated rats)

- Group B received ALP at dose of 15 mg/ kg dissolved in 1 ml corn oil  $^{14}$ 

• GROUP C: received ALP at dose of 15 mg/kg dissolved in 1 ml corn oil + oral copper at dose of 200 mg /kg after half hour of ingestion of ALP<sup>15</sup>

• Group D: received ALP at dose of 15 mg/ kg dissolved in 1 ml corn oil + oral iron ferric hydroxide poly maltose at dose of 10 mg/kg after half hour of ingestion of  $ALP^{16}$ 

• Group E: received ALP at dose of 15 mg/kg dissolved in 1 ml corn oil + oral virgin coconut oil at dose of 1.42 ml/kg daily after half hour of ingestion of ALP<sup>17</sup>

• Group F: received ALP at dose of 15 mg/kg dissolved in 1 ml corn oil + oral copper at dose of 200mg/kg + oral Iron(ferric hydroxide poly maltose) at dose of 10 mg/kg daily + virgin coconut oil at dose of 1.42 ml/kg daily, after half hour of ingestion of ALP.

All these groups are kept under observation for 6 hours starting from 8 am till 3 pm with observation of vital signs and manifestation of toxicity. After 2 hours we noticed that all the rats in Group B that received ALP have developed progressive severe hypotension and became drowsy. Blood samples were collected then the rats were sacrificed within 15 minutes to collect liver, kidneys, and lungs for pathological examinations.

After 3 hours we noticed that all rats except one male from Group D received ALP and oral iron. Moreover, all the rats from Group E that received ALP and coconut oil have developed severe hypotension and became drowsy. Blood samples were collected then the rats were sacrificed within 20 minutes to collect liver, kidneys, and lungs for pathological examinations which were kept in formalin 10%.

Only one male rat from Group D tolerated for 3 hours and 30 minutes then developed progressive severe hypotension and became drowsy. Blood samples were collected then the rats were sacrificed within 15 minutes to collect liver, kidneys, and lungs for pathological examinations which were kept in formalin 10%.

Group C rats received ALP and Copper and Group F received ALP + Copper + Iron + coconut oil were all alive for 6 hours without significant hypotension except one female rat from group C died after 5 hours and developed mild hypotension. Blood samples were collected then the rats were sacrificed within 15 minutes to collect liver, kidneys, and lungs for pathological examinations which were kept in formalin 10%.

Blood samples were collected from the retro-orbital plexus of all groups in capillary glass tubes and were incubated at 37°C until blood clotted and then were centrifuged to separate serum.

Serum samples were analyzed for measurement of bilirubin, ALT, AST, urea, Creatinine, ALK, LDH, CK, CK MMB according to the manufacture.

All rats were investigated by the following laboratory assessment (was done in kaser Al Ani central laboratory) and histopathological examinations

 Cardiac enzyme: CK, CK-MB, AST and LDH.
Liver function tests: Bilirubin total and direct, AST and ALT.

3. Kidney function tests: urea and creatinine.

4. Pathological assessment of:

Lung-liver-kidney and heart.

## **Statistical Analysis**

Recorded data were analyzed using the statistical package for social sciences, version 20.0 (SPSS Inc., Chicago, Illinois, USA). Quantitative data were expressed as mean± standard deviation (SD). Qualitative data were expressed as frequency and percentage. A one-way analysis of variance (ANOVA) followed by Post Hoc test: Least Significant Difference (LSD) for multiple comparisons between different variables and Chi-square (x2) test of significance to compare proportions between qualitative parameters.

• The confidence interval was set to 95% and the margin of error accepted was set to 5%. So, the p-value was considered significant as the following:

• Probability (P-value)

- P-value < 0.05 was considered significant.

- P-value < 0.001 was considered as highly significant.

- P-value >0.05 was considered insignificant.

#### RESULTS

The results of the present study are demonstrated in the following tables and figures

## In Our Study

According to the sex, there is no statistical significant difference between different groups as shown in table 1. Regarding biochemical results by comparison between group regarding bilirubin there is high significant statistical difference between groups with result high normal in Group B receive Aluminum phosphide poison Alone, Group D receive Aluminum phosphide poison+ Iron orally and Group E receive Aluminum phosphide poison+ pure coconut oil by comparison with control group, group C receive Aluminum phosphide poison+ copper orally and Group F receive Aluminum phosphide poison+ copper+ Iron+ coconuts shown in table 2 ,as shown in figures 1,2.

Regarding liver enzyme ALT,AST is high in all group by comparison with control group but highly significant statistical difference between groups with result high in Group B receive Aluminum phosphide poison Alone and Group D receive Aluminum phosphide poison+ Iron orally by comparison with control group, group C receive Aluminum phosphide poison+ copper orally ,Group F receive Aluminum phosphide poison+ copper+ Iron+ coconut and Group E receive Aluminum phosphide poison+ pure coconut oil as shown in table 2 ,as shown in figures 3,4.

This table shows highly statistically significant difference between groups according to laboratory data.

Regarding Alkaline Phosphatase there is high significant statistical difference between groups with result high in Group B receive Aluminum phosphide poison Alone, Group D receive Aluminum phosphide poison+ Iron orally and Group E receive Aluminum phosphide poison+ pure coconut oil by comparison with control group, group C receive Aluminum phosphide poison+ copper orally and Group F receive Aluminum phosphide poison+ copper+ Iron+ coconut as shown in table 2, as shown in figure 5.

Regarding creatinine by comparison between groups, there is high significant statistical difference between groups with result high normal in Group B receive Aluminum phosphide poison Alone, Group D receive Aluminum phosphide poison+ Iron orally and Group E receive Aluminum phosphide poison+ pure coconut oil by comparison with control group, group C receive Aluminum phosphide poison+ copper orally and Group F receive Aluminum phosphide poison+

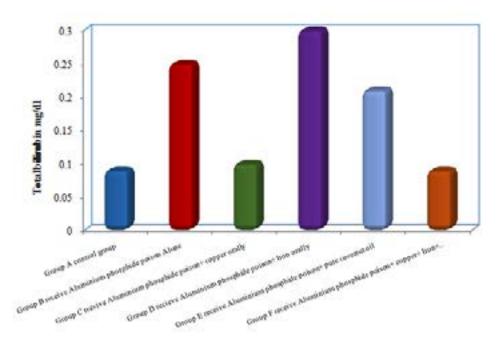


Fig. 1. Bar chart between groups according to total bilirubin

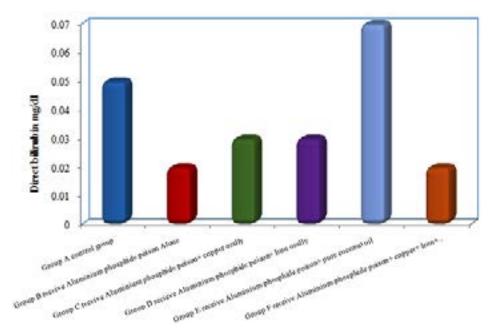


Fig. 2. Bar chart between groups according to direct bilirubin

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3		
ison between groups according to sex, this table shows no statistically	tween groups according to sex.	
S a	cord	
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Comparison	difference bet	
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P- valu ¢		1.00	0	
я		0000	0.000	
Total	24	50.0	24	50.0
Croup F receive Aluminum phosphide poison+ coppar+ Lron+ coconut oll (n=8)	4	50.0%	4	50.0%
Croup E receive Aluminu m phosphid e poison+ pure coconut oil (n=8)	4	50.0%	4	50.0%
Croup D receive Aluminu m phosphide poison+ Iron orally (n=8)	4	50.0%	4	50.0%
Croup C receive Aluminu m phosphid e poison+ copper orally (n=8)	4	50.0%	4	50.0%
Croup B receive Aluminu m phosphid e poison Alone (n-8)	4	50.0%	4	50.0%
Group A contro 1 (n=8)	4	0.00	4	50.0
5	No .	9/6	No	%
Demographic data	Femal	æ		Male
jþemogr		Gende	н	

copper+ Iron+ coconut, but all groups creatinine is normal as mostly creatinine need hours to raise after renal impairment.as shown in table 2 ,as shown in figure 6.

Regarding urea, CK,CK MB and LDH, result by comparison between groups, there is high statistical significant difference between groups with result high in Group B receive Aluminum phosphide poison Alone, Group D receive Aluminum phosphide poison+ Iron orally and Group E receive Aluminum phosphide poison+ pure coconut oil by comparison with control group, group C receive Aluminum phosphide poison+ copper orally and Group F receive Aluminum phosphide poison+ copper+ Iron+ coconuts as shown in table 2 ,as shown in figure 7,8,9,10.

## Histopathological Assessment Lung

Regarding Bronchitis there was highly significant statistical difference between groups as group B showed 4 rats with marked bronchitis, 2 rat with marked bronchitis with abscess and 2 rat with moderate bronchitis. Group C and F showed 4 rats with mild bronchitis and Groups D and E showed 2 rat with mild bronchitis and 6 rats with moderate bronchitis as shown in table 3.

Laboratory	ana.	Group A control group (s=d)	Group B receive Alaminam phosphide poison Alame (%=3)	Croup C receive Aliamianae phosphide poison* copper orally (v=8)	Group D receive Aluminum phosphide poton+ tron orally (n=8)	Group E receive Alumatouro phosphide poison+ oure ceconet oil (e=d)	Group F receive Aluminum phosphicla patonek consert foortr coconst ell (e=6)	ANOV	p.vsl.o	
Toral	Mean15 D	0.0910.01	0.2510.19	0,1010.05	0.5010 18	0.3110 13	0.010.04	5.405	<0.005*	
mc/dl	Panga 0.05 20.1 0.1 20.5 0.06 20.12 0.1 20.5		0.1 ±0.4	0.04 s0.24	1000					
Direct	Meants	0.05+0.02	0.07+0.01	0 0340 03	0.0340.05	0.0710.03	0.02+0.01	7.230 <0.090		
mg/di	an .		0.01-00.03	0.02-20.04	0.01-20.04	0.04-00.1	0.01-00.05		100	
ALT U/L	Meant5 D	35.7523.30	162.00158.53	67.2513.60	140.50122.00	92.50112.69	60 50150 30	56.03	<0.000*	
10103820	Ranga	87.541	147-3181	\$5.379	120.4177	80-2110	54.376	2	1000	
ASTUIL	Meant5 D	40.2526.02	328.90243.31	150.75±17.3	305.00±36.97	236.25259.35	143.25523.5 7	87.17	17.17 ×0.000	
	Range 32-s46		22-046 270 c270		132 e166 270 e360		100 e320 113 e173			
Alkaline phosphets	Maant's D	71 0019 59	395 00151 00	186 35730.6 6	400 50129 91	335.00152.60	215.75 <b>165.8</b> 6	20.00	<0.005*	
## (U/L)	Kanga	0-460	295-0489	176-1200	370-2430	260-2400	145-4505	- 12		
Creatinine mg/dl	Meant5 D	0.3050.04	0.68±0.20	0.3910.11	0.5910.09	0.5950.09	0.47±0.15	7.562	<0.000*	
meran	Rango	0.75-20.35	0.5-40.9	0.27-20.53	0.5-20.7	0.47-20.7	0.32-40.64			
tires me/di	Weant5 D	38.0023.65	71.5026.61	45.4525.49	64.5017.72	63.50111.45	44.7525.74	12.87	<0.005*	
ang/an	Range	34 - 42	64.080	39-057.8	56 - 72	51 +78	37-e50	- C		
CK total	Meants II	166 SD+11. 70	975 50154 37	348.75 <del>954</del> .6 1	816 75+71.90	763-00±57.28	444 00%102. 04	90.00	+0.000*	
ove	Range	154-0180	864-0995	290-0422	740-2900	690-6820	372-6691	•		
CK MMB	Moant's D	0.2910.09	3.30±0.57	0.7510.17	1.0010 31	0.9110.17	0.4210.19	31 85	+0.001*	
- Q	Kange	0.2-00.4	1.7-85	0.1-20.4	0.8-91.5	0.741.1	9.3-30.7			
LOH U/L	Meanl A D	326 50120. 21	1057-001202. 51	555.501270. 55	1017.501178 13	1045.001150 62	197 DOLIDA. 79	14.45	<0.001	
10000300 20	Range	303-6351	790-a1250	370-4976	700-61200	922-a1200	211-0082		1.1	

## Table 2: Comparison between groups according to laboratory data

This table shows statistically highly significant difference between groups according to pathology of lungs.

In alveoli inflammation and sloughing there was high significant statistical difference the between groups: group B had 8 rats with marked inflammation and sloughing. Groups C and F had 2 rat with focal sloughing and Group D had 2 rat with focal inflammation and sloughing and 6 rats with moderate inflammation and sloughing. Finally, Group E had 6 rats with mild inflammation and sloughing and 2 rat with moderate inflammation and sloughing as shown in table 3, as shown in figures 17,18,19,20.

Furthermore, the vascular congestion had high statistical significance between the groups: Group B showed 8 rats with vascular congestion, Group C showed 4 rats with vascular congestion,

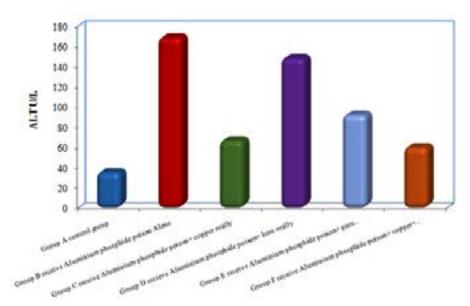


Fig. 3. Bar chart between groups according to ALT

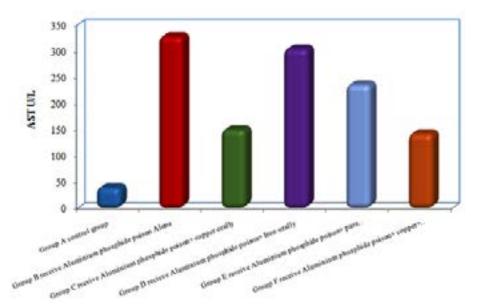


Fig. 4. Bar chart between groups according to AST

Group D and E showed 8 rats with vascular congestion. Also, Group F showed 2 rat with vascular congestion as shown in table 3.

Liver

There was high significant difference in portal inflammation between the groups: Group B showed 4 rats with mild inflammation and 4 rats with moderate portal inflammation, group C and F showed 2 rat with mild portal inflammation, group D showed 8 mild portal inflammation and group E showed 4 rats with mild portal inflammation as shown in table 4, as shown in figure 23, 25.

In addition, in vessels congestion there was high significant difference between groups as: group B showed 2 rat with marked congestion and 6 rats with moderate vessels congestion, group C showed 2 rat with mild vessels congestion, group D showed 8 with mild vessels congestion and group E showed 4 rats with mild vessels congestion, as shown in table 4, as shown in figures 21, 22.

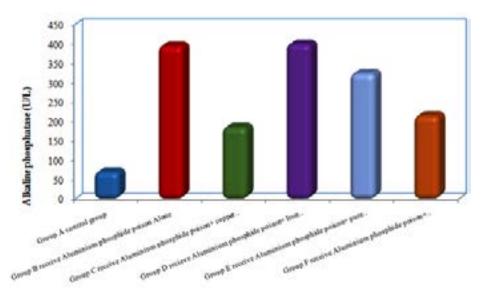


Fig. 5. Bar chart between groups according to alkaline phosphatase

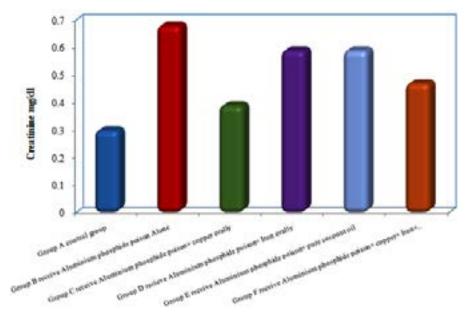


Fig. 6. Bar chart between groups according to creatinine

This table shows highly statistically significant difference between groups according to pathology of livers at portal inflammation, vessels and interface.

This table shows statistically significant difference between groups according to lobular inflammation.

Regarding interface there was significant difference between groups as: Group B 6 rats with interface and group D 2 rat with interface.as shown in table 4, as shown in figures 23, 25.

However, hepatocytes pathology showed no statistical significance between groups and lobular inflammation show statistically significant difference between groups as group B with 6 rats with focal lobular inflammation, group D and group E 2 rats with focal lobular inflammation as shown in table 4, as shown in figures 23, 25. **Kidney** 

Regarding mesangial proliferation in glomeruli: there was significant difference between groups as group B showed 8 rats with mesangial proliferation, groups C and F showed 2 rats with mesangial proliferation, group D with 6 rats with mesangial proliferation and group E 4 rats with mesangial proliferation.as shown in table 5,as shown in figures11,12,13,14.

Regarding renal tubules there was statistical significance difference between groups with slough with or without hydropic changes in all rats of B group as shown in table 5.

Path	ology lang		Grou p A scate al group (u=5)	Group B receive Aluminu m phosphist e poison Aluue (s=5)	Group C receive Aluminu phospine e peinent coppes orally (x=4)	Croup D receive Alumian m phosphal e poison† fron orally(x= 2)	Croup E reache Alamina phasphol e poison† gwar ca const oil (e=d)	Croup F receive Alumineum phorphide parana- couper+ lives+ eaco met ail (s=4)	Total	a2	p-valus
	Marban beepchill	No	9	+	0	0	0	0	+		
		. 24	0.0%	\$0.0%	0.0%	0.0%	0.0%	0.0%	4.3%		
Marked Speechist worth abreves Droachist is Medena S Ste Ste Sta	No	0	2	٥	0	٥	0	2			
	56	0.0%	25,0%	0.0%	0.0%	0.0%	0.0%	4.2%			
	Nu	0	0	4	2	2	4	12	47.00	+0.001= #	
	16	0.0%	0.0%	50.0%	25.0%	25.0%	50.0%	25.0%	2		
	No	0	2	0	6	6	0	14			
	5	0.0%	25.0%	0.0%	75.0%	75.0%	0.0%	29.2%			
	No	1	0	4	0	0	4	16			
	Sla	-95	100.0	0.0%	50.0%	0.0%	0.0%	50.0%	33.3%		
	Feesl Sloughus E	No	0	0	2	2	6	2	12		
		- 55	0.0%	0.0%	25.0%	25.0%	75.0%	25.0%	25.6%		
Maked Sleughin # Meducat	No		8	0	٥	0	0	8	1		
		-95	0.0%	100.0%	0.0%	0.0%	0.0%	0.0%	16.7%	63333	100000
	No	0	0	0	0	2	0	8	38 54	40.001	
	3h ughtu	5	0.0%	0.0%	0.9%	75.9%	25.0%	0.015	16.7%		
Narrad		No	8	0	6	0	0	6	20		
	16	100.0	0.0%	75.0%	0.0%	0.0%	75.0%	+1.7%			
	Congeste	No	0	1	- 4	8	8	2	30		
	é	- 14	20.0%	100.0%	50.0%	101.0%	100.055	25.04	67.5%	10.11	40.001
Vanale	22.30	Na	8	0	4	0	0	6	18	28 25 6	
	Nettaal	4	100.0	0.0%	50.0%	0.0%	0.0%	75.0%	\$7.5%		

# Table 3: Comparison between groups according to pathology of lungs

This table shows statistically significant difference between groups according to pathology of kidneys at glomeruli, tubules, vessels and interstitium.

Also, in renal vessels congestion: there was significant difference between groups as group B 4 rats with moderate congestion and 4 rats with sever congestion, groups C and F showed 2 rat with mild congestion, group D with 2 rat with mild congestion, 4 rats with moderate congestion and 2 rats with sever congestion group E showed 4 rats with mild congestion. As shown in table 5 as shown in figure 16.

Finally, interstitial inflammation: there was a significant difference between groups as group B depicted 6 rats with mild interstitial inflammation and 2 rat with moderate interstitial inflammation groups C and F showed no interstitial inflammation, group D depicted 6 rats with mild interstitial inflammation and group E showed 4 rats with mild interstitial inflammation as shown in table 5 as shown in figure 14, 16.Discussion

Pathology B			Grou p.A contr ol group (x=J)	Group B receive Aluminu m phosphal e potoen Aluma (e-ii)	Comp C receive Alumian B phosphal e pointer- copper omily (v=0)	Group D receive Alumina B phoup hat e polyar- lren erally /w=2)	Comup E receive Alumina B phosphal e pathon* pure coccasor ed (x=2)	Group F receive Aluminu m phosphile poson + copp ar- leas- cocon at col (x=2)	Total	e	p value
	billd ports.	210	0	4	2	8	4	2	20		
	05	35	0.0%	50.0%	25.0%	100.0%	50.0%	25.0%	41.7%		
	Modesate	210	0	4	6	0	6	0	4		
Portal	infananiti m	54	0.0%	50.0%	0.0%	0.0%	0.0%	0.0%	8.3%	54.25	<0.001
CALCUMPATION OF	No -	No	8	٥	0	6	۵	0	8	1	**
		- 56	100.0	0.0%	0.0%	0.0%	0.0%	0.0%	16.7%		
		Mo	0	o		e	4	e	20		
		56	0.0%	0.0%	75.0%	0.0%	50.0%	15.0%	13 3%		
Vacada Vacada Moderate congestion 300		110	0	2	0	0	0	0	3	47.68	40,000
	congarison	. 95	0.0%	25.0%	0.0%	0.0%	0.0%	0.0%	4.2%		
		No	0	0	2	8	4	0	34		
	congestion.	79	0.0%	9.9%	20.0%	100.979	20.078	9.978	29.2%		
		310	0	6	0	0	0	0	6		
	contension	.96	0.0%	75.0%	0.0%	0.0%	0.0%	0.0%	12.5%		
	100	210	0	٥	6	٥	4	0	26		
	ungertion	14	100.0	0.0%	75.0%	0.0%	50.0%	100.0%	54.2%		
		No	8	8	8	8	8	8	-15		
Reparocyte Normal	Northal	14	100.0	100.0%	100.0%	100.0%	100.0%	100.0%	100.0%	0.000	1.000
Food		No	0	6	.0	2	3	0	30		
Lobular	dis en arrenge	56	0.0%	75.0%	0.0%	25.0%	25.0%	0.0%	20.8%	13.74	0.647*
isferenti un 3to	120	No	8	-	8	e		ð	35	0	
	305	14	100.0	25.0%	100.0%	75.0%	75.0%	100.0%	10.256		
	MRA	Ma	U	0	ę	2	ę	U	i.		1
	0,015	54	0.0%	75.0%	6.0%	25.0%	0.0%	0.0%	16.7%	18.37	<0.001
Carentace	10 1	No	8	2	1	6	1	8	40	6	**
	No	74	100.0	25.0%	100.0%	75,0%	100.0%	100.0%	83.3%	1	

Table 4: Comparison between groups according to pathology of livers.

ALP was the major cause of death in developing countries especially Egypt, because it is cheap, available, and highly toxic<sup>18</sup> It is better absorbed by the gastrointestinal tract after oral intake. Mechanism of action of Phosphine gas and cyanide are similar. Both inhibit cytochrome oxidase enzyme in the mitochondria resulting in cellular oxygen utilization, inhibit oxidative respiration by 70% and ultimately results in a marked decrease in mitochondrial membrane potential<sup>19-20</sup>

There is no specific therapy for ALP poisoning and no oral antidote. The management

of ALP intoxication is mainly supportive and dependent on the administration of H 2 receptor antagonists or proton pump inhibitors to reduce the gastric acidity and release phosphine gas. Magnesium plays a key role in the formation of several antioxidants therefore, administration of intravenous magnesium has been recommended in several cases of ALP poisoning. Hence, Hypomagnesaemia is a deleterious result of phosphine gas<sup>21</sup>

In our study coconut oil has a mild role in treatment of aluminum phosphide toxicity in both laboratory and pathological assessment Shadnia

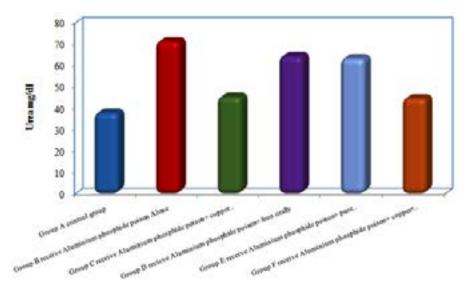


Fig. 7. Bar chart between groups according to urea

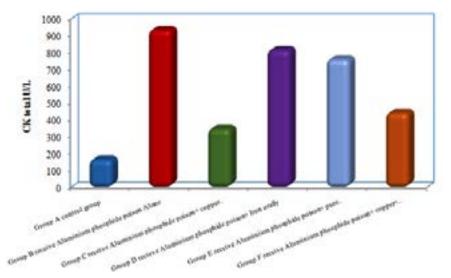


Fig. 8. Bar chart between groups according to CK total

*et al*,.(2005) concluded that coconut oil has a positive clinical significance and can be added to the treatment protocol of acute ALP poisoning in humans<sup>22</sup>

The results collaborated with Bajwa *et al*; (2010) who stated that coconut oil reduces the catalytic reaction of phosphide with HCL and inhibits the release of phosphine<sup>23</sup>

Moreover, in our study copper has a significant role in treatment of aluminum phosphide toxicity in both laboratory and pathological examinations which in agreement with Velid; (2018) who reported that copper exhibits biological impacts, including anti-oxidative stress, antiaging, anti-toxicity and anticancer. Accumulating evidences also found that the phototherapeutic agents play a crucial role in the removal of mercury from the tissue and in reducing oxidative stress<sup>24</sup>

The nutrient antioxidants, vitamins A, C and E, and the minerals copper, zinc and selenium are found in certain foods and may prevent some of the damage caused by free radicals by neutralizing them<sup>25</sup>

Copper is a component of several enzymes necessary for normal metabolic functions in humans especially cytochrome oxidase. Food sources rich in copper include shellfish, organ meats, nuts, beans and cocoa<sup>26</sup>

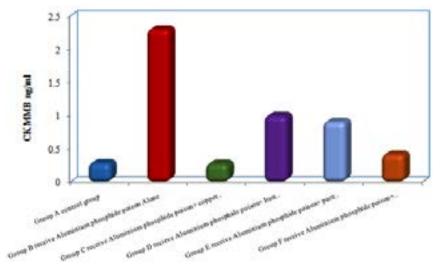


Fig. 9. Bar chart between groups according to CK MMB

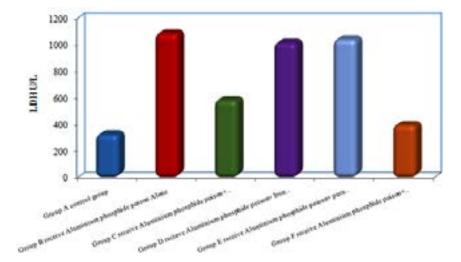
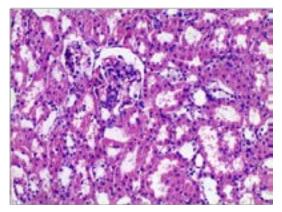


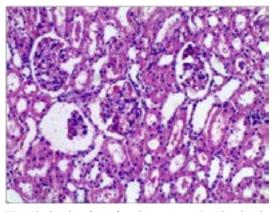
Fig. 10. Bar chart between groups according to LDH

Pathology of kidney	( leidney		Group A control group (n=5)	Group B receive Aluminum phosphide poison Alons (r-3)	Group C receive Alummum phosphide poison+ copper orally (n-0)	Group D receive Aluminum photphide poisout (n-6)	Group E receive Aluminum phosphide poison+ pure coconut oil (n-8)	Group Freceive Animum Animum phonphile pointert copportert (n=0)	Total	a	P- value
	Mananaial	No	0	8	2	9	4	2	22		
	Proliferation	96	0.0%	100.09%	25.0%	75.096	50.0%	25.0%	45.896		
Giomenuli	Never of	No.	6	0	9	2	4	9	26	13.418	-10.0
	Normal	96	100.0%	0.0%	75.0%	960.02	50.0%	75.0%6	54.296		
	1	No.	60	0	9	-	4	9	26		
	Normal	90	100.046	0.0%	75.046	25.0%	50.0%	75.0%	54.296		
	Slough+	No.	0	2	0	0	0	0	2		
	Hydropic	96	960.0	35 0%	0.0%	960.0	0.096	960/0	4 296		No. Con
Tubults		140	0	4	•	9	4	2	16	22.960	0.044
	Slough	96	0.0%	50.0%	25.0%	75.0%	50.076	25.0%	37.596		
	Slough+	No.	0	2	0	0	0	0	-		
	Hydropic	96	0.094	25.0%	0.096	0.0%6	0.096	0.096	4,294		
	NGM	No	0	0	2	2	4	1	10		
	congestion	96	0.0%	0.096	25.0%	25.0%	50.0%	25.0%	20.896		
	Moderate	No	0	4	0	4	0	0	8		
Unnals	congestion	96	0.0%	50.0%	0.096	50.096	0.096	0.096	16.7%	CL 4 CL	0.013+
	No	No	8	0	6	2	4	6	26		
	congestion	90	100.0%	0.0%	75.0%	25.0%	50.096	75.0%	54.296		
	Saver	No.	0	4	0	0	0	0	4		
	congestion	96	0.096	50.0%	0.0%	0.0%	0.0%	0.0%	8.396		
	MEId	No.	0	6	0	6	4	0	16		
	inflammation	36	0.0%	260.27	960'0	960'51	960.036	960.0	960.00		
Tetacetitium	Moderate	No.	0	2	0	0	0	0	2	34.0 20	0.0074
	information	%	9:00	25.0%	0.096	0.0%	0.096	0.096	4,296		
	Monnel	No.	8	0	8	2	2	69	30		
	The second se	96	100.0%	0.0%	100.0%	25.096	50.0%	100.0%	02.296		

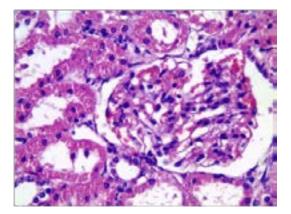
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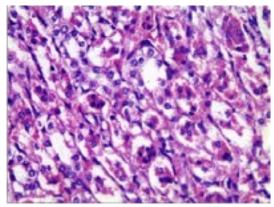
**Fig. 11.** Section from male rat group C: Section in corticomedullary renal tissue showing a glomerulus with mild mesangial proliferation and average sized tubules. (H&E, 200x)



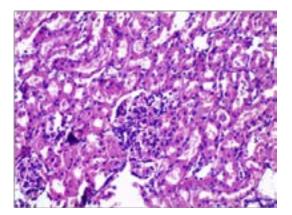
**Fig. 12.** Section from female rat group D: Section in corticomedullary renal tissue showing a glomeruli with mild mesangial proliferation and average sized tubules. (H&E, 200x)



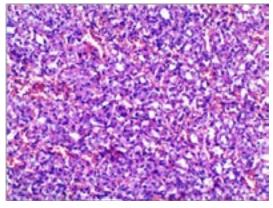
**Fig. 13.** Section from male rat group F: Section in corticomedullary renal tissue showing a glomerulus with mild mesangial proliferation and average sized tubules. (H&E, 400x)



**Fig. 14.** Section from female rat group B: Section in cortical renal tissue showing scattered desquamated epithelial cells and intraluminal red blood cells. (H&E, 400x)



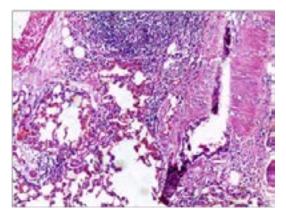
**Fig. 15.** Section from female rat group E: Section in renal corticomedullary tissue showing mesangial proliferation. (H&E, 200x)



**Fig. 16.** Section from female rat group B: Section in renal medullary tissue showing desquamated epithelial lining and areas of interstitial hemorrhage. (H&E, 200x)

Also, Pena *et al* ;( 1999) approved that aerobic life depends on cellular copper homeostasis and distribution. Copper ions serve as important catalytic cofactors in redox chemistry for proteins that carry out fundamental biological functions. A copper-containing metalloenzyme, mitochondrial cytochrome c oxidase (COX), is the final electron acceptor in the mitochondrial electron transport chain and is required for aerobic ATP production<sup>27</sup>

Moreover, Varotsis *et al*, (1993) showed the importance of copper and iron in structure and activation of cytochrome oxidase as Two electrons are passed from two cytochrome c's, through the Cu A and cytochrome a sites to the cytochrome a3-Cub binuclear center, reducing the metals to the Fe2+

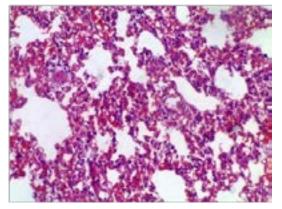


**Fig. 17.** Section from male rat group B: Section in lung tissue showing disrupted alveolar spaces with areas of extravasated red blood cells and desquamated alveolar cell lining as well as moderate lymphoplasmacytic cellular infiltrate. (H&E, 100x)

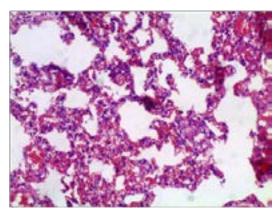
form and Cu+. The hydroxide ligand is protonated and lost as water, creating a void between the metals that is filled by  $O2^{28}$  In contrast to our results in Iron, JuanDu *et al* ;( 2015) who hypothesized that increasing intracellular iron would enhance ascorbate-induced cytotoxicity .Treatment of cells with the iron-chelators decreased the flux of H2O2 generated by pharmacological ascorbate and reversed ascorbate-induced toxicity<sup>29</sup>

## CONCLUSION

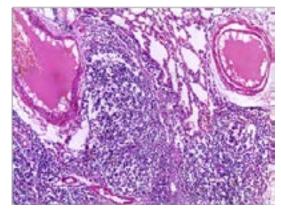
ALP is highly toxic, cheap and available poison till now no antidote or treatment are available. Therefore, we tried copper, iron and



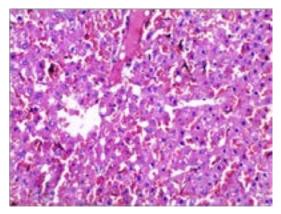
**Fig. 18.** Section from male rat group E: Section in lung tissue showing disrupted alveolar spaces with wide areas of extravasated red blood cells and desquamated alveolar cell lining. (H&E, 200x)



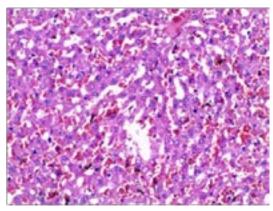
**Fig. 19.** Section from male rat group D: Section in lung tissue showing disrupted alveolar spaces with wide areas of extravasated red blood cells and desquamated alveolar cell lining. (H&E, 200x)



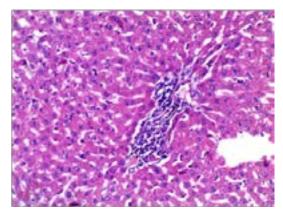
**Fig. 20.** Section from female rat group F: Section in lung tissue showing moderate interstitial inflammatory cellular infiltrate (H&E, 100x)



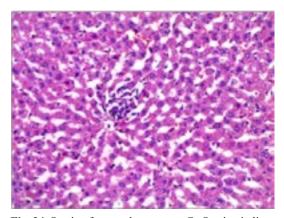
**Fig. 21.** Section from female rat group D: Section in liver tissue showing dilated sinusoids plugged with extravasated red blood cells. (H&E, 200x)



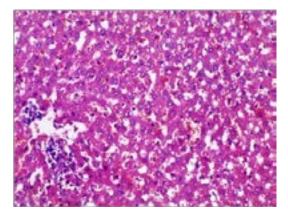
**Fig. 22.** Section from female rat group E: Section in liver tissue showing dilated sinusoids plugged with extravasated red blood cells. (H&E, 200x)



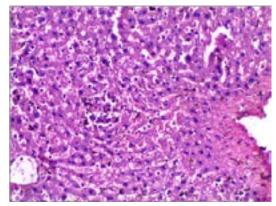
**Fig. 23.** Section from male rat group D: Section in liver tissue showing mild portal tract inflammatory cellular infiltrate with focal interface hepatitis. (H&E, 200x)



**Fig. 24.** Section from male rat group C: Section in liver tissue showing focal lobular inflammation. (H&E, 200x)



**Fig. 25.** Section from female rat group B: Section in liver tissue showing mild portal tract inflammatory cellular infiltrate with focal interface hepatitis as well as congested sinusoids. (H&E, 200x)



**Fig. 26.** Section from male rat group F: Section in liver tissue showing focal lobular inflammation. (H&E, 200x)

coconut oil as a possible oral antidote for ALP toxicity. Copper showed amelioration effect on ALP toxicity (important for function of cytochrome oxidase) however, iron showed an ineffective role in treatment of ALP toxicity. In addition, coconut oil can be added to the treatment of ALP toxicity. Pathological assessment also confirmed our results of lung, liver, and kidney tissues in rats.

## ACKNOWLEDGMENT

Thanks for Animal house team in Cairo University, Faculty of medicine for their hard working in care of animals and research

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