

Associate Professor

Dr. NAJAM A. SIDDIQI, MBBS, Ph.D (Japan)

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Date of Birth: 18.9.1959

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Qualifications:

| Qualification | Name of Institution | Dates |
|---|--|-------|
| MBBS | Bolan Medical College, Pakistan | 1983 |
| Diploma Hand Surgery | Section of Hand Surgery, Yamanashi Medical University, Japan | 1987 |
| PhD (Musculo-skeletal morphology) | Yamanashi Medial University, Japan | 1992 |

Awards:

PhD Supervisor (Anatomy) by Higher Education Commission, Pakistan

Gold medal for standing 1st in FSc at Cadet College Petaro (dist. Dadu), 1975

Japanese Government Scholarship (MEXT) award for PhD in Japan

Ministry of Science and Technology, Pakistan, scholarship award for PhD at Manchester University, UK

Gold Medal for best poster at 19th ORTHOCON, Islamabad, Pakistan, March, 2005

Positions held:

| Name of Institution | Position Held | Dates | No. of years |
|--|--------------------------------|----------------|------------------|
| Johns Hopkins University, Baltimore, USA | Postdoctorate Fellow | 1992-1995 | 3 years |
| Islamic International Medical College, Islamabad, Pakistan | Assistant Professor of Anatomy | 1996-1998 | 2 years 10 m |
| Margalla College of Dentistry & Margalla Medical College, Margalla Institute of Health | Assistant Professor of Anatomy | 1998-Oct. 2000 | 2 years 4 months |

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|---|---|------------------------------------|------------------|
| Sciences, Islamabad, Pakistan | | | |
| Foundation University Medical College. Rawalpindi, Pakistan | Assistant Professor of Anatomy | Dec. 2000-30 Oct. 2001 | 1 years |
| Foundation University Medical College. Rawalpindi, Pakistan | Associate Professor of Anatomy | 1st Nov. 2001- Feb. 2006 | 4 years 3 months |
| University of Witwatersrand, Johannesburg, South Africa | Lecturer at School of Anatomy | 20 Feb. 2006- 31 Aug 2006 | 6 months |
| Oman Medical College, Sohar Sultanate of Oman | Associate Professor of Anatomy/ Course Director Human Structure and Neurobiology | 3 rd Sep 2006 till date | 10 year 4 months |
| | Total | | 23 years |

Staff development/Training Seminars:

1. **Teacher's Development Course at Wits University, South Africa.**
2. **Learning and Evaluation Course at Wits University, South Africa**
3. **High risk student's seminar at Wits University, South Africa**
4. **Medical education workshop on student assessment, May 6-7, 2009, Oman Medical College**
5. **Workshop on Biostatistics, Oman Medical College, 15 Dec. 2010**
6. **SQU E-learning day "moving forward through Moodle 2.0", 11 May, 2011, SQU**
7. **IT workshop, Oman Medical College, Jan. 2011**
8. **"Best Interactive lecture" Workshop, Chief organizer and speaker, Dec. 28, 2016, Oman Medical College, Oman**

Administrative duties:

1. **Chairman, Student's services committee, Oman Medical College**
2. **Member, Faculty Development committee, Oman Medical College**
3. **Member, College Accreditation Committee**
4. **Member, College's Council**

5. **Member, Institutional Review research Board**
6. **Faculty Coordinator, Faculty Club**
7. **Patron and Incharge, Hiking Club**
8. **Incharge, Students Sports Activities**
9. **At Foundation University Medical College I performed the duties of the Director of Studies. The responsibilities are to organize all the timetables of the lectures, tutorials, practicals of all the classes of MBBS course.**
10. **I was also the Director of Studies at Margalla Institute of Health Sciences. At the same time I was also the Head of Examination cell.**
11. **At one stage I was assigned the duties of the staff Officer of the Dean, Foundation University Medical College.**
12. **I organized the sports week, was the Chief Editor of College magazine at Margalla Institute of Health Sciences, Islamic International Medical College and Foundation University Medical College.**

Research Projects conducted as Supervisor /co-supervisor

1. **Healing of the Tendon in a tendon-trauma model**
2. **Electron microscopic study of the tendon trauma model**

The following research grants were completed at Johns Hopkins University, Baltimore, USA:

3. **Distal tibial allograft size matching and computer stress analysis on the knee joint:**
4. **Interactive biomechanical modeling of musculo-skeletal system**
5. **Computer-aided exercise planning and walking rehabilitation robotic device.**
6. **Long bone dimension study**

Research experience

1988-1992 (Japan)

1. Flexor tendon healing after repair in an animal model
2. Electron microscopic studies on tendon healing
3. Prevention of peritendinous adhesions using different methods
4. Gait training in the disabled using a gait training robotic device
5. Early mobilization of multiple trauma patients using a gait training robot

1992-1995 (USA)

1. Hip and Knee joint kinematics
2. Oxygen consumption during walking at constant speed at different body weight support levels using a computer-aided gait training device (REHABOT)
3. Computer-aided preoperative planning for osteotomies of the lower extremity
4. Parameters for distal femoral and proximal tibial allograft size matching
5. Long bone dimension studies in Caucasians and Oriental populations
6. Effects of loading on fracture healing
7. Diabetic and non-diabetic impotence
8. Semen analysis in Diabetic and non-diabetics
9. Measurement of the gastric emptying rate in Insulin-dependent and Non-Insulin dependent diabetic men with and without neuropathy and the effect of Metoclopramide on gastric stasis

2006 (Wits University)

1. Long bone dimension studies in African Tribes
2. Effects of vascular endothelial growth factors (VGEF) on pancreatic duct stem cell replication into insulin cells; new strategies in cell therapy for type-I diabetes mellitus
3. Medical Education
4. Interactive lecture workshop

2006-2012

Oman Medical College

- 1. Effects of electromagnetic waves on rapidly multiplying stem cells***
- 2. Quality assurance in medical education***
- 3. Internet based Examination delivery system***
- 4. Teaching Human Anatomy in 16 weeks block: pros and cons***
- 5. Using videos as a teaching tool in gross anatomy***
- 6. Medical education***

Scholarly activities:

Member American Association of Anatomists, USA

Member, Johns Hopkins Medical & Surgical Association, Baltimore, USA

Member Editorial board, Pakistan Society of Hand Surgery

Member Editorial board, Journal of Surgery, Pakistan Institute of Medical Sciences

Member, Anatomical Society of Southern Africa

PUBLICATIONS

- 1) Toshihito Yamaguchi, Yoshiki Hamada, **Siddiqi, N.A.** et al.; Effects using the splint therapy for diseases of the wrist joint. *J Jpn Soc Surg Hand*, 6:884-887, 1989
- 2) Yoshiki Hamada, Toshihito Yamaguchi, **Siddiqi, N.A.** et al.; Results of the treatment for the post-traumatic painful syndrome. *Cent Jpn J Orthop Trauma* 2(1): 305-308, 1990
- 3) Toshihito Yamaguchi, Yoshiki Hamada, **Siddiqi, N.A.** et al.; A case of ulnar deep branch paralysis caused in Hamate hook fracture. *Rinsho Seikei Geka*, 25:661-664, 1990.
- 4) Yoshiki Hamada, **Siddiqi, N.A.**, Tadahito Toshima et al.; Therapeutic experience with transcutaneous electrical nerve stimulation for reflex sympathetic dystrophy, *Yamanashi Med. J.* Vol 6(1); 45-53, 1991
- 5) Toshihito Yamaguchi, Noriya Akamatsu, **Siddiqi, N.A.**, et al.; An experimental vascularized whole-joint transplantation with a specific suppression of allo-reactivity. *J Ishoku*, 24(6): 571-576, 1991
- 6) **Siddiqi, N.A.**, Yoshiki Hamada, Toshihito Yamaguchi et al.; An experimental study on the application of a hydroxyapatite artificial tendon sheath to prevent adhesions after tendon repair. *J Jpn Orthop Assoc.* 65: 561-570, 1991(Impact factor: 0.94)
- 7) Tadahito Toshima, **Siddiqi N.A.**, Toshihito Yamaguchi, Yoshiki Hamada et al.; Treatment of severe injuries of lower extremities. *East Jpn J Clin Orthop*, 32:332-334, 1991
- 8) **Siddiqi, N.A.**, Yoshiki Hamada, Noriya Akamatsu; Flexor tendon healing in chickens: An electron microscopic study. *International Orthopaedics (SICOT)*, 16:363-368, 1992 (Impact factor: 1.235)
- 9) Noriya Akamatsu, Yoshiki Hamada, H Khono, **NA Siddiqi**, Osteofibrous dysplasia of the tibia treated by bracing, *International Orthopaedics (SICOT)*, 16(2):180-4, 1992
- 10) **Siddiqi, N.A.**, Yoshiki Hamada, Noriya Akamatsu; The use of hydroxyapatite artificial tendon sheath to protect the tenorrhaphy site from adhesions: a new possibility. *Artif Organ Today*, 2(3): 185-196, 1992.

- 11) **Siddiqi, N.A.**, Yoshiki Hamada, Noriya Akamatsu; The tendon-hydroxyapatite and alumina ceramics interfaces: A comparative experimental study. *Manuscript book of First International Symposium on Apatite, Japan, 1992*
- 12) S.T Ali, R N Shaikh, **Siddiqi NA**, Siddiqi PQR. Semen analysis in Insulin-dependent/non-Insulin dependent diabetic men with/without neuropathy. *Archives of Andrology* Vol. 30: 47-54, 1993 (Impact factor: 0.81)
- 13) S.T Ali, R N Shaikh, **Siddiqi NA**, Siddiqi PQR. Comparative studies of the induction of erectile response to film and fantasy in diabetic men with and without neuropathy. *Archives of Andrology* Vol. 30: 137-145, 1993 (Impact factor: 0.81)
- 14) S.T Ali, R N Shaikh, **Siddiqi NA**, Siddiqi PQR. Conduction velocity of the dorsal nerve of penis and penile brachial index in Insulin dependent/Non-Insulin dependent diabetic men with/without neuropathy. *Archives of STD/HIV research*. Vol. VII, 105-114, 1993 (Impact factor: 1.91)
- 15) S.T Ali, R N Shaikh, **Siddiqi NA**, Siddiqi PQR. Erectile impotence in Insulin dependent and non-Insulin dependent diabetic men with/without neuropathy. *Archives of STD/HIV research* Vol. VII: 98-103, 1993 (Impact factor: 1.91)
- 16) S.T Ali, R N Shaikh, **Siddiqi NA**, Siddiqi PQR. Serum and urinary levels of pituitary-gonadal hormones in Insulin-dependent and non-Insulin dependent diabetic males with and without neuropathy. *Archives of Andrology* Vol. 30: 117-123, 1993 (Impact factor: 0.81)
- 17) S.T Ali, R N Shaikh, **Siddiqi NA**. HIV-1 associated neuropathies in males; impotence and penile electrodiagnosis. *Acta Neurol Belg*. Vol. 94: 194-199, 1994 (Impact factor: 0.61)
- 18) **Siddiqi, N.A.**, Takatoshi Ide, Noriya Akamatsu; A computer-aided walking rehabilitation robot. *Am J Phys Med Rehab*. 73:212-216, 1994 (Impact factor: 01.93)
- 19) **Siddiqi, N.A.**, Yoshiki Hamada, Noriya Akamatsu; Effects of hydroxyapatite and alumina sheaths on postoperative peritendinous adhesions in chickens. *J Applied Biomaterial*, 6, 43-53, 1995 (Impact factor: 1.93)
- 20) **Siddiqi, N.A.**, Rukhsana N, Syed T. Ali; Assessment of a neuropathic factor in HIV-1 associated impotence penile electrodiagnosis. *Acta Physiologica Hungarica* Vol. 84, 73-80, 1996 (Impact factor: 0.491)
- 21) Siddiqi NA. Artificial Tendon Sheath. *Annals of Bolan Medical College*. Vol.1, 17-22, 1996

- 22) **Siddiqi, N.A.**, Fabio Gazzani, John Des Jardins, Edmund Y.S. Chao; The use of a robotic device for gait training and rehabilitation. in book "Medicine meets virtual reality" by K.S. Morgan et al. , IOS Press 1997, pp. 440-449.
- 23) **Siddiqi, N.A.**, Frassica, J.F., Chao, E.Y.S.; A new methodology for the size matching of the distal femoral osteochondral allografts. J Pak Orthopedic Association Vol. 9 (suppl.) 10-16, 1997
- 24) Mansoor Ilyas, **Najam Siddiqi**. Multiple cases of neglected DDH in a single family treated by single stage operative method. . J Pak Orthopedic Association Vol. 10, 1998
- 25) **Najam Siddiqi**. Artificial tendon sheath. Pakistan J Hand Surg. Vol. 1: 29-36, 1999
- 26) S.T Ali, M. Saleh Waheed, R N Shaikh, , **Siddiqi NA**, Siddiqi PQR. Measurement of the gastric emptying rate in Insulin-dependent and Non-Insulin dependent diabetic men with and without neuropathy and the effect of Metoclopramide on gastric stasis. Pakistan Journal of Pharmacology. Vol. 16; 41-47, 1999
- 27) M. Shaffi, **Najam Siddiqi** and Ijaz Ahmed. Quadriplegia due to aspergillosis of cervicodorsal spine. J CPSP. Vol. 10(8): 308-311, 2000
- 28) **Najam Siddiqi**. Telemedicine and Tele surgery. Editorial. J Surgery, Pakistan Institute of Medical Sciences (PIMS). 2002
- 29) **Najam Siddiqi**, Takatoshi Ide, Yamamoto M, Acetabular labrum tears treated by arthroscopic resection. Journal of Pakistan Orthopaedic Association, 14: 114-121, 2002
- 30) **Najam Siddiqi**. Hydroxyapatite coated implants: the new trends. Editorial. J Surgery, PIMS. Vol. 26, 5-8, 2003
- 31) **Siddiqi, NA**, Hajime Sugiyama, Tadahiho Horiuchi, Prof. Yoshiki Hamada. Hydroxyapatite-coated cementless Total Knee Prosthesis, J Surgery, PIMS, Vol. 27. 44-49, 2004
- 32) **Siddiqi, NA**, Hajime Sugiyama, Prof. Yoshiki Hamada. Hydroxyapatite-coated Total Knee arthroplasty: a short-term follow-up study. JCPSP, Vol. 15 (6), 333-337, June 2005
- 33) **Najam Siddiqi**, Comparison of osteometric femoral bone dimensions among the South Africans of different ethnic groups and South Africans whites. Egyptian Journal of Forensic Sciences, 2013; 3:8-14
- 34) Firdous Jahan, Naeem shaikh, Mark Norrish, **Najam Siddiqi**, Rizwan Qasim. Comparison of student's self-assessment to examiners assessment in a formative

observed structured clinical examination: A pilot study. J Postgrad Med Inst, 2013; 27:94-9

35) Firdous Jahan, Huda Al Shibli, **Najam Siddiqi**. Teaching communication skills in undergraduate medical students: Is role play going to help? Middle East Journal of Family medicine, 2013;11: 28-35

36) **Najam Siddiqi**, Muthusami John, Mark Norrish, Geener John. Four month intensive teaching of anatomy: An acceptable foundation for the clinical years. J Ayub med Coll, 2014;24(4) 501-505

37) **Najam Siddiqi**, Muthusami John C, Syed M Saud, Ayesha Shafaq, and Marwan Zaki. Effects of mobile phone 1800 Hz electromagnetic field on the development of chick embryo—A pilot study. International conference on Chemical, Environmental and Biological Sciences (CEBS-2-15) March 18-19, 2015, Dubai (UAE)

38) Najam Siddiqi, Muthusami John C, Mark Norrish, Thomas Heming. Growth retardation of chick embryo exposed to a low dose of electromagnetic waves. J Ayub Med Coll 2016; 28(2): 224-228

Presentations at International and National Conferences:

1) Akamatsu N, Hamada Y, Kohno H, Horiuchi T, **Siddiqi NA**, 5th International Symposium on Limb Salvage. **Saint-Malo, France, Sept. 6-9, 1988**

2) **Siddiqi NA**, Hamada Y, Yamaguchi T, Toshima T, Koyama , *An experimental study of hydroxyapatite tunnel to prevent adhesion after tendon suture*. 8th Japanese Orthopaedic Ceramic Implant Research Conference. **Osaka, Japan, Oct. 12, 1988**.

3) Yamaguchi T, Hamada Y, Toshima T, **Siddiqi NA** et al. 3rd Annual Meeting of Eastern Japan Society for Surgery of Hand, **Tokyo, Japan Feb. 18, 1989**

4) **Siddiqi NA**, Hmada Y, Yamaguchi T, Toshima T, *An experimental study of hydroxyapatite tunnel to prevent adhesion after tendon suture (Part II)*. 4th Annual meeting of the Japanese Orthopaedic Research Association. **Tokyo, Japan, Sept. 1, 1989**

5) Toshima T, Yamaguchi T, Akamatsu N, Hmada Y, **Siddiqi NA**, 4th Annual meeting of the Japanese Orthopaedic Research Association. **Tokyo, Japan, Sept. 1, 1989**

6) **Siddiqi NA**, Hmada Y, Akamatsu N, *The effects of a hydroxyapatite artificial tendon sheath on tendon repair: An electron microscopic study*. 11th Japanese Biomaterial conference, **Kyoto, Japan, Oct. 27, 1989**

7) Yamaguchi T, Akamatsu N, Hmada Y, Toshima T, **Siddiqi NA** et al. 15th Annual Meeting of Japanese Society of Reconstructive Microscopy, **Tokyo, Japan, Dec. 2, 1989**

8) **Siddiqi NA**, Hamada Y, Akamatsu N. *Application of a hydroxyapatite and alumina ceramics to prevent adhesions after tendon repair: a comparative study with tendon sheath repair (Part II)*. 12 th Japanese Biomaterial Conference, **Tsukuba, Japan, Oct 11, 1990**

9) **Siddiqi NA**, Akamatsu N, Hmada Y, Yamaguchi T, Toshima T et al., *Prevention of flexor tendon adhesions by using hydroxyapatite and alumina ceramics: a comparative study*. 5th Annual meeting of Japanese Orthopaedic Research Association. **Kobe, Japan, Oct. 24, 1990**

10) **Siddiqi NA**, Akamatsu N, Hamada Y, Yamaguchi T, Toshima T, Hagino, *The effects of hydroxyapatite artificial tendon sheath on tendon healing and postoperative adhesions*. 5th General Meeting of SIROT (International Research Society for Orthopaedics and Traumatology, **Montreal, Canada, Sept. 7-10, 1990**

11) **Siddiqi NA**, T. Ide, Akamatsu N. *Clinical application of medical and healthcare robotics*. 64th Annual meeting of Japanese Orthopaedic Association, **Kyoto, Japan, April 20, 1991**

12) **Siddiqi NA**, Akamatsu N, Hamada Y, Yamaguchi T, Toshima T. *The effects of hydroxyapatite artificial tendon sheath on tendon healing and postoperative adhesions*. The 5 annual meeting of Apatite Symposium, **Tokyo, Japan, Dec. 5-6, 1990**

13) **Siddiqi NA**, Gazzani F, Chen M, Campbell B, Ide T, Chao EYS. *Application of rehabilitation robot for mobility and exercise training in severely disabled patients*. 13 Southern biomedical Engineering Conference, university of District of Columbia, **Washington DC, April 16-17, 1994**

14) **Siddiqi NA**, Hamada Y, Ide T, Akamatsu N. *Effects of hydroxyapatite and alumina barriers in reducing tendon adhesions after severe trauma*. 13 Southern biomedical Engineering Conference, university of District of Columbia, **Washington DC, April 16-17, 1994**

15) **Siddiqi NA**, Gazzani F, Ide T, Campbell K, Chao EYS. *Effects of partial weight bearing on gait relearning*. 2nd World Congress of Biomechanics, **Amsterdam, The Netherlands, July 10-15, 1994**

16) **Siddiqi NA**, *Biomechanics and physiology of robotic-assisted gait exercise*. Advances in Orthopaedic Biomechanics and their clinical application. Workshop III: Robotic-assisted exercise and rehabilitation. Johns Hopkins University, **Baltimore, Oct. 27-30, 1994**

- 17) **Siddiqi NA**, *Robotic assisted gait training*. ASEAN travelling fellows scientific session. **Johns Hopkins University**, Department of Orthopaedic Surgery, **Baltimore** May 23, 1994
- 18) **Siddiqi NA**, Gazzani F, Ide T, Chao EYS. *Effects of partial weight bearing on gait relearning*. American Society of Mechanical Engineers (ASME), **Chicago**, Nov. 9-11, 1994
- 19) **Siddiqi NA**, Genda E, Chao EYS. *Dimensional parameters for osteochondral allograft size matching*. 8th International symposium on limb salvage. Combined meeting of European musculo-skeletal oncology society and American musculo-skeletal tumour society, **Florence, Italy**, May 8-9, 1995
- 20) **Siddiqi NA**, Delaney C, Frassica FJ, Chao EYS. *Shape and Dimensional parameters for osteochondral allograft size matching*. Combined Orthopaedic Research Societies Meeting (America, Europe, Canada and Japan) **San Diego, California**, Nov. 6-8, 1995
- 21) **Siddiqi NA**, Chen M, Gazzani F, Chao EYS. *Biomechanics and physiology of gait under partial weight support*. Combined Orthopaedic Research Societies Meeting (America, Europe, Canada and Japan) **San Diego, California**, Nov. 6-8, 1995
- 22) **Siddiqi NA**, et al. Biomechanics of Kienbock's disease: A computer simulation. 4th Annual Congress of Pakistan Society for Surgery of the Hand. Dec. 27-28, 1996, King Edward Medical College, **Lahore**.
- 23) M. Shaffi, **Najam Siddiqi** and Ijaz Ahmed. Quadriplegia due to aspergillosis of cervicodorsal spine. 15th Pakistan Orthopedic Association Annual Meeting. **Lahore**, Oct. 2000
- 24) **Siddiqi, NA**, Hajime Sugiyama, Prof. Yoshiki Hamada. HA-coated TKA: a short-term follow-up study. 77th Annual Congress of Japanese Orthopaedic Association, May 20-23, 2004, **Kobe, Japan**
- 25) **Siddiqi NA**, Takatoshi Ide: Exercise and gait training in severe disabled patients using a gait training robot. 19th ORTHOCON, 25-28 March, 2005, Islamabad, Pakistan
- 26) **Siddiqi N**, Yoshiki Hamada, Hydroxyapatite-coated Total Knee Arthroplasty: a short-term follow up study. 19th ORTHOCON, 25-28 March, 2005, Islamabad, Pakistan
- 27) **Siddiqi N**, Yoshiki Hamada, Hydroxyapatite-coated Total Knee Arthroplasty: a short-term follow up study. Surgical research Society of Southern Africa 34th Annual meeting, 7-8 July, 2006, Durban
- 28) **Siddiqi N**, Takatoshi Ide, EYS Chao. Direct Human Contact Robot for gait training and exercise therapy in severely disabled patients. 2006 Health Sciences research Day, 23th Aug. 2006, University of Witwatersrand, Johannesburg, South Africa Johannesburg

29) **Siddiqi N**, Comparison of femoral dimensional parameters in African tribes. 37th Annual Conference of the Anatomical Society of Southern Africa, 22-25th April, 2007, North West Province, **South Africa**

30) **Siddiqi N**, Yoshiki Hamada*, Takatoshi Ide Anatomy and biomechanics of the total Hip system: an experimental study 37th Annual Conference of the Anatomical Society of Southern Africa, 22-25th April, 2007, North West Province, **South Africa**

31) **Siddiqi N**, Femoral dimensional parameters in African tribes. Poster at the American Association of Anatomists Annual Congress, San Diego, USA, 8-10 April, 2008

32) **N Siddiqi**, T Ide, EYS Chao A direct human contact robot for gait training in severely disabled patients., 1st International medical student conference, Sohar, Oman, March 26-28, 2008

33) **Siddiqi N**, Total knee replacement in severe cases of rheumatoid arthritis. Update in Rheumatology Symposium/CME; 1st International medical student conference, Sohar, Oman, March 26-28, 2008

34) **Siddiqi N**, ML Ajmani, PA Kumar, Klink P, Teaching human anatomy in 16 weeks: a challenge. International Congress on Medical Education, Dec.4-7, 2010, Abu Dhabi

Book Chapters

1) **Siddiqi NA**, Fabio Gazzani, John Des Jardins, EYS Chao. The use of a robotic device for gait training and rehabilitation. in book named "**Medicine Meets Virtual Reality**" **K.S. Morgan et al. (Eds.) ISO Press, USA, 1997**

2) **Siddiqi NA**, et al. Medical Robotics: the future. In "**Text Book of Community Medicine**" edited by Prof. H.A. Siddiqi, National Book Foundation, Pakistan, 1997