

Curricular summary

Assistant Professor of the Faculty of Medicine of University of Coimbra (present time)

Degree in Medicine (1980) - University of Coimbra.

Master in Sports Medicine (1994) - University of Coimbra.

PhD in Internal Medicine (1999) - University of Coimbra.

Invited Lecturer at the Faculty of Medicine of Coimbra (FMUC), 1985-1999.

Coordinator of the 6th Year Degree in Medicine FMUC (2006-2010).

Coordinator of the Geriatric Master of the University of Coimbra.

Coordinator of the course of Geriatrics of the University of Coimbra.

Coordinator of the Course of Nutrition - Faculty of Sport Sciences and Physical Education, University of Coimbra.

Coordinator of the Course of Nutrition in PhD in Health of the University of Coimbra.

Invited Associate Professor at the University of Aveiro (2001-2007).

Coordinator of the Doctoral Course on Aging, the Doctoral Program in Health Sciences of University of Coimbra.

Graduate in Nutrition at the University of Southampton (1991).

Specialist in Internal Medicine (1990).

Specialist in Sports Medicine (1995).

Team leader of the Emergency Service of HUC (1994 to 2007).

Head of ward of Internal Medicine in Hospital of University of Coimbra.

Director of the Sports Medicine Centre of Coimbra (2002-2004).

President of the Quality Committee and Humanization of Hospital of University of Coimbra (2003-2007).

Chairman of the Board of Directors and Clinical Director of Rehabilitation Medicine of the Center Region - Rovisco Pais (2007-2012).

Member of the Scientific Committee of Good Clinical Practice of the Directorate General of Health (2013-2014).

Monitor of the medical prescription of the University Hospital of Coimbra.

Member of the Scientific Board of Faculty of Sport Sciences and Physical Education, University of Coimbra (2007-2011).

Member of the Scientific Board of the School of Health Sciences at the University of Aveiro (2010-2015).

Vice - Portuguese Society of Nutrition and Food.

Elected President of the Portuguese Society of Atherosclerosis.

President of the Portuguese Society of Internal Medicine.

Author and co-author of 25 books / chapters of scientific books.

169 articles published in national and international medical journals .

Over 1,000 presentations and moderations at scientific meetings.

President on 10 and co-organizer of 48 seminars and medical conferences.

Supervisor of 8 PhD theses and 82 masters theses.

Director of the Internal Medicine Journal - Portugal (2014-2016).

Member of the editorial / scientific board in various medical journals.

16 national and international scientific awards.

Honorary Fellow of the European Federation of Internal Medicine.

Honorary Fellowship of American College of Physicians.

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Manuel Teixeira Marques Veríssimo