# Surgical Retreival of Displaced Implant from Maxillary Sinus: A Case Report

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#### **ABSTRACT**

Dental implant place-ment is not without its complications. Implant migration into the maxillary sinuses is one of the rare complications. In this case implant had been surgically retrieved from the sinus by Caldwell -luc technique.

Key words: Dental implant, Maxillary sinus, Osseointegration.

#### INTRODUCTION

Replacing missing teeth with osseointegrated dental implants is a common surgical procedure, providing long term relief of tooth loss in most cases. However, dental implant place-ment is not without its complications. Complications related to dental implants include infection, failure to osseointegrate, bleeding, and migration of the dental implant. Implants installed in the posterior maxilla can migrate into the maxillary sinus<sup>1,2</sup>. Implant displacement in the posterior maxilla usually occurs during surgery, but it can also occur months or even years of function of implant-supported prosthe-ses<sup>3,4</sup>.

The resorption of the alveolar ridge and the pro-gressive pneumatization of the maxillary sinus reduce the height of the edentulous posterior maxilla. Inadequate bone height is the primary cause of implant displacement in the posterior maxilla, and serves as a contraindication for implant surgery<sup>3</sup>. The presence of type-IV alveolar bone also

contributes to the displace-ment of maxillary dental implants<sup>3</sup>.

Implant migration into the sinuses may be followed by no relevant signs and symptoms of infection, but it can be associated with oroantral communication and/or infection that may involve the maxillary sinus and the ethmoidal, frontal, and sphenoid sinuses. These displaced foreign body should be removed as soon as possible to prevent such complications<sup>2</sup>. An immediate or early removal of the displaced implants in these cases is indicated. It can be removed either through the implant site, or by creating a window in the anterior/lateral wall of the maxillary sinus)<sup>5,6,7</sup>, or by means of an endoscopic nasal approach<sup>8,9,10</sup>.

In this article, we described a case in which a dental implant, displaced into maxillary sinus, was removed by the posterior Caldwell-Luc approach. The integrity of the maxillary division of the trigeminal nerve was preserved in the patient

and he had no complaints and testing showed no signs of nerve injury. There were no postoperative antrum-related complaints; the wounds healed completely, and there was no residual oroantral fistula.

#### Case report

A 40 year old man reported with missing teeth for which standard implant placement was carried out (Fig 1). After 6 months the patient reported back for review check up for the second stage. It was found that the patient was missing an implant in the posterior region for which an OPG was taken for investigation (Fig 2). The implant was



Fig. 1: OPG after implant placement



Fig. 2: OPG 6 month post operative after implant placement, implant displaced in the maxillary sinus



Fig. 3: OPG after Surgical retreival of the displaced implant from the maxillary sinus by Caldwell –luc technique

found to have dislodged to the maxillary sinus region. Patient was asymptomatic and did not give any history of pain. Standard Caldwell-Luc surgical technique under local anesthesia was used to create a small osteotomy in the lateral antral wall in the region of the dislocated implant. The size of the opening was restricted but sufficient to allow passage of the implant. The implant and the cover screw were easily retrieved with a vascular forceps. A homogenous bone graft from a bone bank was performed after elevation of the Schneiderian membrane from the floor of the maxillary sinus, to a future placement of another dental implant (Fig 3).

#### **DISCUSSION**

The accidental migration of dental implants into the maxillary sinus is clearly an unusual complication. The etiology of this complication remains unclear. Major factors may include a lack of primary stability because of insufficient bone height resulting from pneumatization of the maxillary sinus, poor quality of the remaining bone, and an inadequate surgical technique. Other authors5 attribute it to a combination of low bone density and forces acting on the bone through the prosthesis. Sinus membrane perforation following preparation of the implant bed may facilitate entry in the absence of excessive force caused by change in pressure prompted within the maxillary sinus. However, Adell and colleagues11, in a study of 101 implants at depths of between 2 and 4 mm within the maxillary sinus, found no evidence of either sinusitis or displacement. Many authors indeed recommend perforation of the lower cortex of the maxillary sinus in order to improve primary stability<sup>12,13</sup>.

Insufficient osseointegration may also lead to the mobilization of a dental implant. The resorp-tion of bone around an implant and consequent apical mobilization can be radiographically detected. According to the literature review, implants dis-placed into the maxillary sinus may remain sta-tionary in the sinus, migrate to another antrum<sup>14</sup>, cause airway obstruction<sup>15</sup>, or be spon-taneously expelled from the antrum. The per-sistence of an implant in the maxillary sinus may not manifest pathological symptoms or signs of inflammation. One must think

that if these foreign bodies are left inside the maxillary sinus for a long period of time, the incidence of signs and symptoms should be higher. Therefore, the treatment of choice for displacement is the immediate removal of the implant to prevent the patient from developing physical and chemical irritation of the mucosa. Otherwise, this might lead to complete or partial ciliary dysfunction, the onset of sinusitis, 12,16,17 or even the development of a carcinoma in the maxillary sinus – as has been reported by Birnmeyer and quoted by Pagella and colleagues<sup>15</sup> in a patient with a metal foreign body in the sinus for 48 years.

Three modalities have been proposed for the treatment of ectopic maxillary implants, which include the surgical removal of the dental implant from the sinus, simultaneous implant removal and maxillary sinus elevation, and con-tinued follow-up examinations only to monitor the location of the implant and the potential pathological manifestations<sup>6,15</sup>. Treatment selec-tion is primarily based on the presence of signs of pathology or inflammation associated with the migration, but

most of the authors of pub-lished reports have suggested that implants should be removed from the sinus to avoid complications<sup>2</sup>.

#### CONCLUSION

To decrease the risk for implant displacement into resorbed maxilla, sinus augmentation procedure is recommended. Solution to each case requires customization and often combination of those techniques. As implant displacement in the paranasal sinuses may be followed by infectious complications, an immediate or early removal of the displaced implant is indicated. The first choice of treatment for removing the dental materials displaced into the maxillary sinus should be the technique that the surgeon is accustomed, in order to reduce complications.

The Caldwell-Luc may be an "old-fashioned" technique, but it is a simple approach for those that do not have the endoscopic equipment and the specific training to manage it. But the best technique still is the prevention.

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